

Bethany Lutheran School

Long Beach, CA

BEAR FACTS

Issue 34: May 22, 2024

FROM THE PRINCIPAL

This week I have a book recommendation for our Bethany parents. I recently started reading "The Anxious Generation" by Jonathan Haidt. It's turning out to be one of those books where I had stop highlighting because the book is turning yellow on every page.:)

The book has quite a bit to say about what children need to do during their childhood as part of healthy development, and how the rise in childhood anxiety and other mental health challenges are linked to the phone-based childhood we see in society today.

I appreciate that Mr. Haidt doesn't just point fingers and wring his hands...he gives practical advice for government, tech companies, schools and parents.

I encourage you to read (or listen!) to <u>the book</u>. I'd love to hear what you think!

The Anxious Generation How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness Jonathan Haidt Country of the Country o

We're in this together, Bethany Parents!

Dr. Fink

COMING UP

- May 24-Spring Holiday-no school
- May 27-Memorial Day-No school
- May 28-PTL Meeting
- May 31-Middle School Movie Night
- June 2-8th Grade Graduation 4:00
- June 3-PTL FUN DAY!!
- June 4-Field Day
- June 5-Park and Pool Day
- **June 6-**Kinder graduation and last day of school-Min. Day
- **June 7-**Choirs to Knott's
- Aug. 21/25-Family Classroom Visits
- Aug. 27-School Year Begins!

Leading chapel this week:

Mr. Fink

Parents, you are always welcome to join us at 9:00 AM.





More new brands!

Tilly's / 8% / eCards only \$15 - \$500 / Shop cool and casual looks from iconic brands for young men, women and kids. From graphic tees to skate shoes and more, find fresh new fits for an active lifestyle.

Dickey's Barbeque Pit / 9% / eCards only \$15 - \$500 / Dig into pit-smoked Texas barbeque. From brisket to wings to ribs and more. There's something for everyone to crave.

Hibbett Sport / 7% / eCards only from \$25 - \$500 / Express yourself from head to toe with the best in sneakers and sportswear. Whether you're playing the game or cheering from the sidelines, you'll look the part.

Peet's Coffee / 7% / eCards only from \$10 - \$200 / Craft your perfect cup with selectively sourced, hand-roasted coffee. Handcrafted for the best flavor and highest quality since 1966.

Ruth Lopez, Scrip Coordinator rlopez@bethanylutheran.org 562-420-7783 ext. 58





This month's offering is going to **Charity on Wheels**, a mission to help the homeless in Orange County by getting families off the street, safe and healed.

Middle School Corner

This week, the middle school students spent their Advisory class time discussing a Middle School Student Practical Knowledge Checklist. The students checked off the skills they complete on a regular basis and were encouraged to choose one as a new goal to work on adding to their repertoire of life skills.

Middle School Practical Knowledge

- You get up and dressed on your own, no parent assistance
- You make your own breakfast
- You make your own lunch
- You do some cooking and some cleaning
- You do some of your own laundry
- You do some assigned chores besides the ones listed above
- You choose to participate in at least one activity outside of academics
- You get ready for school on your own, including packing all materials you will need for the day
- You do homework on your own without multiple reminders
- You talk to teachers to get clarification on assignments, to ask for help, to ask questions about comments and grades received
- You are able to handle money
- You are able to get around, navigate by yourself (tell someone how to get
- to your house if needed)

What would YOU add to the list?



Next month we will be holding elections for the following PTL Board positions:

- **President**: Organizes the monthly agenda, runs monthly meeting, signs expenditure forms/checks and keeps the PTL focused.
- **VP**: Attends monthly meetings, takes over for the president to run meetings if needed.
- **Secretary**: Takes notes at each meeting and submits them to the president following the meeting.

If you would like to run for any of these positions, please submit your name using this form: https://forms.gle/zEpwECz9M7Qse1ZX8

If you have questions, about any of these positions, please contact Dr. Fink: mfink@bethanylutheran.org.

We are hiring!

Middle School History/8th Grade Homeroom:

Mr. Ruiz really IS going to retire, and we are seeking candidates for the middle school history/8th grade homeroom position here at Bethany.

We are seeking a candidate who wishes to teach in a departmentalized middle school and provide a classroom environment that is Christ-centered, engaging and academically excellent. This person will also lead the annual 8th Grade trip to Washington DC. Candidates must possess excellent communication and collaboration skills, the desire to work cooperatively with team-mates and a whole-parish understanding of ministry. Teaching credential a must. A rostered Lutheran teacher is preferred.

Interested candidates should submit resumes to Dr. Fink: mfink@bethanylutheran.org

Physical Education

Mrs. Brege, our current PE teacher, will be working full time on the church side of Bethany's ministry, so we are seeking a part-time PE teacher for next year. This person would teach PE two days per week, Grades K-8. A credentialed PE teacher is preferred.

Interested candidates whould submit resumes to Dr. Fink: mfink@bethanylutheran.org

Celebrate Dad with a Root Beer Float!



Join us on Father's Day – June 16, 2024 After both the 8:00 & 9:30 Worship Services at Bethany Lutheran in Friendship Square! There will also be a photo opportunity available.



Bethany Lutheran School 2024-2025 School Calendar

August 21 and 25	Family Classroom Visits
August 27 (Tuesday)	Opening Day, Minimum Day
September 2	
September 16-20	
September 27 (Friday)	
September 23-October 4	
September 25-27	5th Grade to Astrocamp
October 11	Minimum Day; Faculty In-service
October 16-18	
October 25 (Friday)	End of 1st Quarter (43 days)
Nov. 7-8 (Thursday and Friday)	Minimum Days/PT Conferences (EDC available)
November 11 (Monday)	
November 25-29	Thanksgiving Vacation (No School, No EDC)
December 6 (Friday)	2nd Quarter Progress Reports
December 20 (Friday)	Final Day of 2024-Minimum Day
December 23-Jan. 3	Christmas Break (No school, No EDC)
January 6 (Monday)	1st school day in 2025
January 20 (Monday)	MLK Jr. Day (No School, No EDC)
January 17 (Friday)	End of 2nd Quarter (44 days)
January 24 (Friday)	2 nd Quarter Report Cards go home
February 3-14	MAP Testing
February 14 (Friday)	Minimum Day; Teacher In-service
February 17 (Monday)	Presidents' Day (No School, No EDC)
February 21 (Friday)	3rd Quarter Progress Reports
March 21	
March 24-28	Spring Break (No School, EDC available)
April 3-4 (Thursday-Friday)	
April 18	
April 21	Easter Monday (No School, No EDC)
TBD	8 th Grade DC Trip
May 2 (Friday)	4 th Quarter Progress Reports
May 2 (Friday)	Minimum Day, Faculty Inservice
TBD	4 th Grade Sacramento Trip
May 5-16	
May 26 Monday)	
June 1 (Sunday)	8th Grade Graduation, 4:00 p.m.
June 5 (Thursday)	0 ,
June 5 (Thursday)	End of 4th Quarter (46 days)

Note:

- This is a change from Bethany's normal spring schedule, due to Easter's late date this year.
- School is dismissed at noon on minimum days and EDC is available.

176 school days