#### **Bethany Lutheran School**

Long Beach, CA



# **BEAR FACTS**

Issue 7: October 8, 2024

# From the Principal

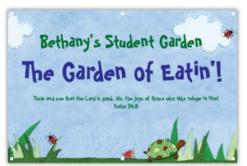
Have visited the Garden of Eatin' on our playground? This special spot on our campus was an Eagle Scout project that has brought so much joy to our students. Each grade level has it's own box to plant and maintain with assistance from "Farmer Brege," our STEM teacher. It warms my heart to see students hanging out in the garden at recess, checking on progress, watering plants, pulling weeds...it's a beautiful thing!

Why a garden? Gardening makes learning accessible to all students, regardless of background or talents. When students plan, plant, care for and analyze their gardens, learning takes on new meaning. And, of course, there is the added benefit of eating what you've grown, making connections about where food comes from (not the grocery store!) and healthy eating habits.

Finally, gardens connect kids (and adults!) with the Creator and His creation, as the "Johnny Appleseed" song reminds us:

Oh, the Lord is good to me, And so I thank the Lord, For giving me the things I need, The sun and the rain and the appleseed, The Lord is good to me!

> Taste and see, the Lord is good! Dr. Fink



### **Coming Up**

- Oct. 10-Private High School Fair
- Oct. 11-Jog-a-thon/Minimum Day-Noon Dismissal
- Oct. 15-Staff vs. Varsity Volleyball game. 3:30
- Oct. 16-18-6th Grade Camp
- Oct. 22-PTL Meeting 6:30 (in person or Zoom)
- Oct. 25-End Quarter 1
- Oct. 25-Middle School Dance
- Oct. 26-Lutheran Schools Spelling Bee
- Oct. 27- Oktobearfest and Trunk or Treat
- **Nov. 3-**Daylight Savings ends
- **Nov. 7-8-**Parent Teacher Conferences-Minimum Days
- Nov. 11-Veteran's Day-No School
- Nov. 12-Parent Education Event

Leading Chapel this week:

Mrs. Brege

Chapel begins at 9:00 AM. Parents, you are always welcome to join us for chapel!



#### Top Earners for September (amounts reflect 60% rebate actually earned):

Lopez \$131.97 Long \$98.80 Mangram/Copplin \$76.12

The Lopez and Mangram families are good examples of multiple earners making a difference in creating a larger rebate. The more people you actively have earning for you, the larger your rebate will be. Another way to maximize your rebate is to check the RaiseRight app for ALL your shopping needs - not just groceries or gas. There are gift cards for everything - travel, streaming services, home decor, home improvement, tech/electronics, and so much more! You can use gift cards to pay for almost anything!

Don't forget! Second weekend of Bonus Fest coming up this Friday. Featured brand is REI.



Bethany Lutheran School looks forward to thanking veterans for their service and appreciates your help in advance! We hope to thank as many veterans as possible for their service by sending a package of thank you cards to them by mail. The goal is for the package of student-created thank you cards to arrive just before the Veterans Day holiday.

\*Important Note\* In order to keep the list as accurate as possible, we are collecting names/addresses yearly. If you submitted a veteran in previous years, please submit them again. We will only be mailing to those on the 2024 list.

#### Please complete this form for one veteran at a time.

Please complete this form no later than Friday, October 25th, 2024. Please reach out to Mrs. Carrie Evans at cevans@bethanylutheran.org with any questions.

Last year, over 80 envelopes full of thank you notes were mailed around the U.S.A. We hope to do that again! Thank you for your help!

# Jog-a-thon

The Jog-a-thon is THIS FRIDAY!! Here are the running times:

6th-8th Grade: 8:20-8:50K-2nd Grade: 9:00-9:303rd-5th Grade: 9:40-10:10

The Jog-a-thon supports student camp fees, transportation, PTL events, campus safety improvements, teacher discretionary funds, and SO MUCH MORE!

WE NEED PARENT VOLUNTEERS for this event! It's such a fun day, and a great way to earn those FISH hours!

Sign up **HERE** or use the QR code:







#### Who will win??



Staff vs. Varsity Volleyball Match Tuesday, October 15 3:30 PM-Bethany Gym

Come and cheer us on!

### **Middle School Corner**

#### It's time for the annual Middle School Costume Cornhole Tournament!

**Who**: Every team must include at least one Bethany middle school student or teacher

**What**: An elimination Cornhole tournament **When**: Sunday, October 27th, 4:00 - 5:00 pm

**Where**: Bethany's Parking Lot **Why**: Because it's FUN!

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Costumes strongly encouraged! (not required) Get creative!

· Prizes for the winning team and the best costumes!

Students and families are encouraged to enjoy the Trunk-or-Treat Event, also in the parking lot from 4:00-5:00 pm and OktoBEARfest on the field.

Tickets sold separately for OktoBEARfest.

#### Sign up HERE!



Shoebox Season is HERE, which means we once again have the opportunity to touch the lives of children all over the world with a shoebox gift prayerfully packed full of fun gifts.

Samaritan's Purse collects Operation Christmas Child shoebox gifts and delivers them to children around the world through churches and other ministry partners in over 100 countries. These local believers tell boys and girls about Jesus Christ - God's Greatest Gift.

Our Bethany students will be packing shoeboxes on Wednesday, November 13. We could use pens, small calculators, fun adhesive bandages, and quality toys like hot-wheels, magnatiles, dolls, and yo-yos. Items can be placed in the OCC boxes in the narthex and school office. If you prefer, you can donate funds to cover the \$10 cost of shipping each box.

Please drop off cash or checks (payable to Bethany Lutheran Church with OCC written on the memo line) to Mrs. Maraley Shaeffer, Financial Administrator. If you have questions or would like to volunteer to help with the packing event, please contact Kahana Smith (310-387-0728), Ruth Lopez, or Aleina Aiello.

OCC SHOEBOXES: GOOD NEWS!! GREAT JOY!!

# PRIVATE HIGH SCHOOL ADMISSIONS FAIR

Thursday, October 10 - 6:30pm

A community event to connect middle school families with Admissions representatives from LA and OC private high schools























\*Raffle tickets are available for pledges made through PledgeStar. For instructions on how to set up a PledgeStar account, please see your Jog-a-thon envelope.

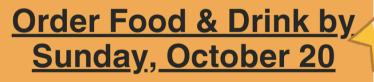


#### **Event Timeline**

- 3:30-4pm Preschool Open House
- 4-5pm "Trunk or Treat" in Parking Lot
- 4-7pm Okto-BEAR-fest on the Field
- 4:30-6:30pm Food is Served



Admission to Trunk or Treat
One bag of candy per family
and one canned good







FREE Kid's Meal with the purchase of an Adult Meal

<u>Adult Meal Includes:</u> Bratwurst w/bun, Sauerkraut, German Potato Salad, Cheese Spaetzle, Pretzel, Water or Lemonade

Kid's Meal Includes: Hot dog w/bun, Chips, Applesauce, Water or Lemonade

# Costume Cornhole Tournament

2/OCTOBER

4:00-5;00 PM Participants arrive at 3:45 PM

include one
Bethany
Lutheran Middle
School student
or teacher.



# Prizes for best costumes and winning team

Bethany Lutheran Parking Lot



# Connect Learn Thrive

#### Bethany Parents,

If you have a child or family member with ADHD, we encourage you to take advantage of a wonderful learning opportunity coming this Fall. November 14-16, CHADD is hosting its annual conference in Anaheim, which will provide parents, teachers, therapists, doctors with best practices and research - based information on ADHD, as well as discuss treatment options and practical strategies for managing ADHD at home and in the classroom.

#### Session topics will include:

- ADHD and Faith: How our Spiritual Practice Plays into Managing ADHD
- Screen Time Parenting
- Tired but Wired: Solutions for the Sleep Challenges of ADHD
- ADHD and Video Games: What Families Need to Know
- Behavior Management: Keeping Your Child's Relationship
- The Overwhelmed Child: Parenting Children with Big Emotions
- Guiding Families to Thrive: Insights from Behavioral Parenting Training Groups
- Managing Homework: Parent and Teacher Edition
- Helping Youth Build Better Emotional Regulation
- Fostering Executive Functioning Skills at School and Home
- The Importance of Nutrition and ADHD

#### And many more!

Below is a QR code to scan and learn more about how you can register. There are options to attend portions of the conference if you are interested, but unable to attend the entire thing. We hope you can take advantage of this wonderful opportunity to embrace and learn more about ADHD!

Sincerely, Bethany Lutheran Student Success Program



