



# SAINT ANTHONY of PADUA

*Catholic Community*

### SUNDAY MASS

12:30pm

5649 Mount Gilead Road  
Centreville, VA

*Also streamed live on Facebook*

### YOUTH FAITH FORMATION

1st Sunday of Each Month

*class is held during the 12:30pm mass and supplemental materials are made available on the parish website.*

### FELLOWSHIP SUNDAY

Last Sunday of Each Month

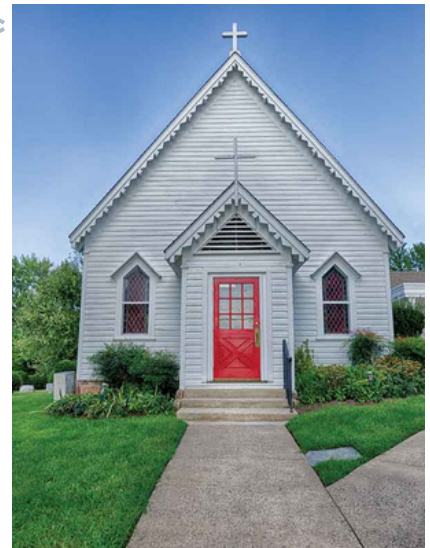
*contact a member of the hospitality team if you'd like to bring a treat to share!*

### Confiteor

**NEAR THE** beginning of Mass, the community acknowledges its sinfulness and dependence on God's mercy. One option is for all to recite the Confiteor, the prayer that begins, "I confess to almighty God." As people admit their sin, they strike their breast.

The Confiteor is an old prayer, but its current placement in the Mass is an innovation. Prior to the Second Vatican Council, the priest recited the Confiteor by himself, one of several prayers at the foot of the altar that introduced the Mass, and the servers repeated it after him. The people prayed the Confiteor later, just before receiving Communion. This was because for many years, people did not receive Communion at Mass frequently. When they received Communion outside of Mass—for example, when they were sick—they said the Confiteor first. As Communion at Mass became more common, the Confiteor came with it. So essentially, a Communion service had been inserted into the priest's Mass, as if the people's Communion had nothing to do with the priest's Communion or the sacrifice preceding it. The priest even distributed Communion from the tabernacle rather than the newly consecrated bread and wine on the altar.

In the revisions of the Mass following the Council, the Confiteor became one of three options for the Penitential Act near the beginning of Mass. The Confiteor was removed from the Communion Rite, where it interrupted the natural flow of events. It remained at the beginning, but as one option rather than an obligatory prayer. It was offered to the entire assembly to recite rather than to the priest alone. This enabled everyone to participate in the Mass from the very start as the priestly people. One way people participate consciously is to acknowledge to one another and to God that they have sinned, to say aloud, "I confess."



### YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David are honored to walk with you on your journey of faith and to support your spiritual needs.

## MOST NEEDED ITEMS FOR WFCM

### Food & Beverages

- Flour
- Sugar (1 or 2 lb. bags)
- Vegetable Oil
- Pasta Sauce
- Pasta
- Cereal (low sugar preferred)
- Pancake Mix
- Family Sized Snacks (pretzels, crackers, etc.)
- Canned Chicken

## MONTHLY FOOD COLLECTION

Above you can find the most needed items in the parish bulletin. Donations will be collected the last Sunday of each month. In January we collected and donated **118 pounds** of food!

## SACRAMENTAL PREPARATION

Here are some important dates to mark on your calendar:

**Adult Sacraments: Easter Sunday, April 20th**

**First Holy Communion: May 4, 2025**

**Confirmation: June 8, 2025**

If you have a child preparing for First Communion or Confirmation, you will receive an email with additional steps and a project connected to the specific sacrament you are exploring. These activities are meant to deepen a child's understanding of their faith while recognizing that faith formation is a lifelong process.

## ASH WEDNESDAY

This year Ash Wednesday will be observed on March 5, 2025, with an evening liturgy in conjunction with St. John's. More details will be provided in the coming weeks as we prepare for the start of our Lenten journey.

## THE TRUE ORDER OF LOVE

Recently there's been a very public misconception that we must love ourselves first before loving others, known as the "ordo amoris." This mindset can lead to selfishness, focusing only on our own desires. However, Jesus teaches us a different way. In Matthew 22:37-39, He commands us to love God with all our heart, soul, and mind, and to love our neighbor as ourselves. Our love for others reflects how we truly understand and live out God's love for us. In the parable of the Good Shepherd, Jesus demonstrates sacrificial love. The Shepherd lays down His life for His sheep, showing that true love is not self-centered but others-focused. As followers of Christ, we are called to mirror this love—putting others' needs before our own. Let us not fall into the trap of selfish love but follow Christ's example by loving our neighbors as ourselves.

## SIGN OF PEACE

The Sign of Peace tradition is returning at our parish, with the priests sharing it through the congregation. After a pause since 2019, this cherished practice will resume. Casual greetings like a wave, bow, or fist bump are also perfectly acceptable.



**Talk To Us...**

703-665-9730 - Parish Cell

**Fr. Jason Lody, FCM**  
jlody@mysaintanthonys.org

**Fr. Julian Garcia**  
jgarcia@mysaintanthonys.org

**Facebook & Instagram**  
@MySaintAnthonys