

SUNDAY MASS

12:30pm 5649 Mount Gilead Road Centreville, VA

Also streamed live on Facebook

🔆 Lent

LENT IS the season that prepares us to celebrate Easter. The main reason Lent is important is that Easter is more important. On Easter we celebrate the Resurrection of Jesus Christ, the Son of God, whose passage beyond death into life offers redemption to believers. The Resurrection is the cornerstone of Christian faith. The mystery of Christ's rising from the dead is so deep that the Church invites us to six weeks of preparation before we fully celebrate it. We call that period Lent.

For the faithful, Lent is a time of penitential practices and spiritual discipline. During this time, we acknowledge our sins and seek God's help to overcome them. Traditionally, we engage in acts of prayer, fasting, and almsgiving. Together these actions show our dependence on God, our renunciation of the fascinations of this world, and our desire to better the lives of others.

For the elect, those preparing for Baptism, Lent is a time of intense spiritual preparation. They will celebrate Baptism at Easter because in this sacrament they enter the mystery of Christ's dying and rising. They die to their former way of life and open their hearts fully to discipleship in Jesus. For the elect, this is a season of purification and enlightenment. The prayers of this season help scrutinize and purify their intentions, removing whatever might block their commitment, and strengthening their resolve. They will become fully illumined with the light of Christ when they celebrate initiation at the Easter Vigil.

Lent begins on Ash Wednesday and ends before the Mass of the Lord's Supper on Holy Thursday. Ash Wednesday is a day of fast and abstinence. All the Fridays of Lent are days of abstinence.

YOUTH FAITH FORMATION

1st Sunday of Each Month

class is held during the 12:30pm mass and supplemental materials are made available on the parish website.





FELLOWSHIP SUNDAY

Last Sunday of Each Month

contact a member of the hospitality team if you'd like to bring a treat to share!





YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David are honored to walk with you on your journey of faith and to support your spiritual needs.

MOST NEEDED ITEMS FOR WFCM

Food & Beverages

- Flour
- Sugar (1 or 2 lb. bags)
- Vegetable Oil
- Pasta Sauce
- Pasta
- Cereal (low sugar preferred)
- Pancake Mix
- Family Sized Snacks (pretzels, crackers, etc.)
- Canned Chicken

PARISH OUTREACH MINISTRY

Above you can find the most needed items in the parish bulletin. <u>Donations will be collected</u> <u>the last Sunday of each month</u>. In January we collected and donated **118 pounds** of food!

SACRAMENTAL PREPARATION

Here are some important dates to mark on your calendar:

Adult Sacraments: Easter Sunday, April 20th First Holy Communion: May 4, 2025 Confirmation: June 8, 2025

If you have a child preparing for First Communion or Confirmation, you will receive an email with additional steps and a project connected to the specific sacrament you are exploring. These activities are meant to deepen a child's understanding of their faith while recognizing that faith formation is a lifelong process.

ASH WEDNESDAY

This year Ash Wednesday will be observed on March 5, 2025, with an evening liturgy in conjunction with St. John's. More details will be provided in the coming weeks as we prepare for the start of our Lenten journey.

FELLOWSHIP SUNDAY

Join us this weekend for a Mardi Gras themed fellowship gathering after the 12:30pm mass. We take time out of our busy lives one Sunday each month to chew and chat with one another which helps us strengthen our parish community and make important connections in faith and in life. Mark your calendar!

FOOD COLLECTION - THIS WEEKEND!

Our monthly collection of food items for WFCM is this weekend. You can place your donated items in the baskets in the back of the church and they will be brought to WFCM on behalf of the parish community.

CALLED TO MINISTRY

Do you feel a call to serve as a reader, server, musician/singer, or in hospitality at our parish? Let one of our priests know you are interested and we will welcome you to our team with open arms. No experience necessary.

SIGN OF PEACE

The Sign of Peace tradition is returning at our parish, with the priests sharing it through the congregation. After a pause since 2019, this cherished practice will resume. Casual greetings like a wave, bow, or fist bump are also perfectly acceptable.



All are invited to participate fully in the sacramental life of the Church!