



# SAINT ANTHONY of PADUA

## *Catholic Community*

### SUNDAY MASS

12:30pm

5649 Mount Gilead Road  
Centreville, VA

*Also streamed live on Facebook*

### YOUTH FAITH FORMATION

1st Sunday of Each Month

*class is held during the 12:30pm  
mass and supplemental materials  
are made available on the parish  
website.*

### FELLOWSHIP SUNDAY

Last Sunday of Each Month

*contact a member of the hospitality  
team if you'd like to bring a treat to  
share!*

### CALLED TO MINISTRY

Do you feel a call to serve as a reader, server, musician/singer, or in hospitality at our parish? Let one of our priests know you are interested and we will welcome you to our team with open arms. No experience necessary and folks of all ages are called to accept the invitation to ministry. You can also send us an email at: [info@mysaintanthony.org](mailto:info@mysaintanthony.org).

### HOLY WEEK AND EASTER

Although we have just begun our Lenten Journey, it is important to look ahead and plan for upcoming parish celebrations.

**Palm Sunday: April 13th.** Weather permitting, we will begin outdoors with the blessing of palms and reading of the first gospel, followed by a procession into the church. This Sunday is also when the Passion is read, and we are looking for volunteers to help with this dramatic reading. Fr. Julian, presiding.

**Holy Thursday & Good Friday: April 17th and 18th.** Daily reflection videos will be posted on the parish Facebook page at 9am.

**Easter Sunday: April 19th.** Easter Egg hunt at 12pm, followed by a Solemn Mass of the Resurrection at 12:30pm with all the "smells and bells." Early arrival is recommended.



### YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David are honored to walk with you on your journey of faith and to support your spiritual needs.

## Do Re Mi and St. John the Baptist

**JOHN THE** Baptist is ultimately responsible for the names of the notes in the musical scale. In the eighth century, an unknown poet and composer wrote a hymn in Latin to observe the celebration of the birth of John the Baptist (June 24). Here are the words of the first verse:

*Ut queant laxis / resonare fibris / Mira gestorum / famuli tuorum, / Solve polluti / labii reatum, / Sancte Ioannes.*

This verse asks St. John the Baptist to loosen our voices to praise God, just as the voice of his father Zechariah was loosened. Zechariah had been mute throughout Elizabeth's pregnancy, and got his voice back after John was born.

In the eleventh century, musician Guido of Arezzo noticed something about the melody of that hymn. The first note of each phrase begins one pitch higher than the preceding one, spelling out the first six notes of the scale. As you can see, the Latin syllables associated with them are *ut-re-mi-fa-sol-la*. Guido gave the pitches those names, based on the hymn to John the Baptist.

The first letters of the final two words (*Sancte Ioannes*) eventually gave the name to the seventh pitch, originally called "si". It was later altered to "ti"—just as "ut" was changed to "do"—probably because it was more pleasing to the ear.

The hymn is still part of the official Evening Prayer of the Roman Catholic Church. Near the longest day of the year, when the sun starts its descent, the notes mark their ascent. John the Baptist said of Jesus, "He must increase; but I must decrease" (John 3:30). As the decreasing light of day recalls the birth of John the Baptist, the ascending notes of the scale, point the way toward Jesus Christ.



## FELLOWSHIP SUNDAY

Our next gathering after mass for Fellowship will be on **Sunday, March 30th**. Remember that this month there are 5 Sundays and our parish tradition is to celebrate the last Sunday of each month. If you are interested in contributing to our smorgasbord of treats and drinks, please contact a member of our Hospitality Ministry:

**Tina:** tinamarie2044@gmail.com

**Polly:** pdredge@gmail.com

**Anne:** agawalt@mac.com

## PARISH OUTREACH MINISTRY

Every month, on the last Sunday, we gather food items for Western Fairfax Christian Ministries. In February, we collected and donated a total of 66 pounds of food, bringing our total donations to over 200 pounds since the beginning of the year.

## SACRAMENTAL PREPARATION

Here are some important dates to mark on your calendar:

**Adult Sacraments: Easter Sunday, April 20th**

**First Holy Communion: May 4, 2025**

**Confirmation: June 8, 2025**

