



# SAINT ANTHONY of PADUA

## Catholic Community

### SUNDAY MASS

12:30pm

5649 Mount Gilead Road  
Centreville, VA

Also streamed live on Facebook

### YOUTH FAITH FORMATION

1st Sunday of Each Month

class is held during the 12:30pm  
mass and supplemental materials  
are made available on the parish  
website.

### FELLOWSHIP SUNDAY

Last Sunday of Each Month

contact a member of the hospitality  
team if you'd like to bring a treat to  
share!

### Participation

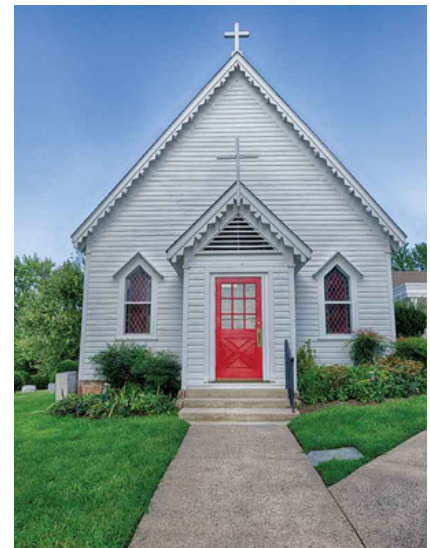
You come to Mass not as a spectator, but as a participant. Vatican II's *Constitution on the Sacred Liturgy* says in paragraph 14 that the full, conscious, and active participation of the people is their right and obligation as the priestly people of God (1 Peter 2:9).

The phrase "full, conscious, and active participation" expands a sentiment expressed by Pope Pius X in *On Sacred Music*, where he urged the assembled faithful to acquire the true Christian spirit from its source: "active participation" in the mysteries and solemn prayer of the Church. When he wrote this in 1903, most people prayed devoutly at a typical Mass, but not yet fully engaged with the liturgical action exercised by the ministers in the sanctuary.

When the Second Vatican Council promoted this idea in the 1960s, it called for a participation that was not only "active," but "full" and "conscious" as well; it gave these examples for its execution: acclamations, responses, psalms, antiphons, hymns, actions, gestures, and bodily attitudes (*Constitution on the Sacred Liturgy*, 30). In 1967, the Sacred Congregation of Rites issued an instruction on sacred music, citing these passages from the Council, and calling for both an internal and an external participation of the people.

As a result, when you come to Mass you have words to say, songs to sing, gestures to make, and postures to assume. But all these external actions should be supported by an internal sense that gives them deliberate meaning.

This is why the famous Catholic "Sunday obligation" appears in the *Code of Canon Law* not as an obligation to "go" to Mass on Sundays and holydays of obligation—but to "participate" at Mass on those days. The obligation is more than just being there. It is to sing and respond from the heart.



### YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David  
are honored to walk with you on  
your journey of faith and to  
support your spiritual needs.

**YOUTH FAITH FORMATION 2025-2026**

We are approaching that time of year! Youth Faith Formation is open to children up to age 12 and registration will begin in August and classes begin on October 5<sup>th</sup>. You can register on the parish website or follow the link that will be shared on social media. If you have a child that will be receiving a sacrament this year (Baptism, First Communion, Confirmation) then participation is required. Classes are held during the 12:30pm mass on the first Sunday of each month. This year there will be no fee to participate.

**BACK TO SCHOOL BLESSINGS**

We are excited to offer a special Back to School blessing during mass on **August 17th**. All students, teachers, caregivers, administrators, support staff, and anyone embarking on another year of teaching and learning will receive a blessing. Join us for this wonderful opportunity to kick off the new school year!

**RERUM NOVARUM ZOOM VIDEOS**

Thank you to all who registered for our Adult Faith Formation summer session on Rerum Novarum. The recordings of each session will be made available through a link sent to the email used to register for the sessions. We had 73 registered participants!

**ADULT FAITH FORMATION 2025-2026**

Given the popularity of the Rerum Novarum registrations, we will be hosting a virtual faith formation study group for the 2025-2026 school year. Look for information on the topic and materials for this opportunity to deepen your understanding of faith through the convenience of online and group conversation. Classes will be held once a month via Zoom from October until May.

**FELLOWSHIP SUNDAY**

Our next gathering for Fellowship will be after mass on **August 31<sup>st</sup>**. This is also the monthly food collection date - so it's an opportunity to support our community's needs by donating a food item to WFCM and celebrate the joys of being part of a parish family. It's a twofold blessing to gather and share. Mark your calendar and join us!

**SUNDAY MASS IN THE SUMMER**

While you are traveling or taking some much needed time to relax, join us online, keep us in prayers, and we will see you soon! Donations can be made online via the parish website or you can schedule recurring donations so you can set it and forget it! While you're gone we are still here and appreciate your support.

**FR. JASON'S VACATION**

Fr. Jason will be out of the office from August 8 until August 18th. If you have any pastoral emergency or need, please contact Fr. Julian. Any emails or calls to Fr. Jason will be returned the week of August 18th.

**Talk To Us...**

703-665-9730 - Parish Cell

**Fr. Jason Lody, FCM**  
jlody@mysaintanthonys.org

**Fr. Julian Garcia**  
jgarcia@mysaintanthonys.org

**Facebook & Instagram**  
@MySaintAnthonys