



# SAINT ANTHONY of PADUA

## *Catholic Community*

### SUNDAY MASS

12:30pm

5649 Mount Gilead Road  
Centreville, VA

*Also streamed live on Facebook*

### YOUTH FAITH FORMATION

1st Sunday of Each Month

*class is held during the 12:30pm  
mass and supplemental materials  
are made available on the parish  
website.*

### FELLOWSHIP SUNDAY

Last Sunday of Each Month

*contact a member of the hospitality  
team if you'd like to bring a treat to  
share!*

## MONTHLY FOOD DRIVE



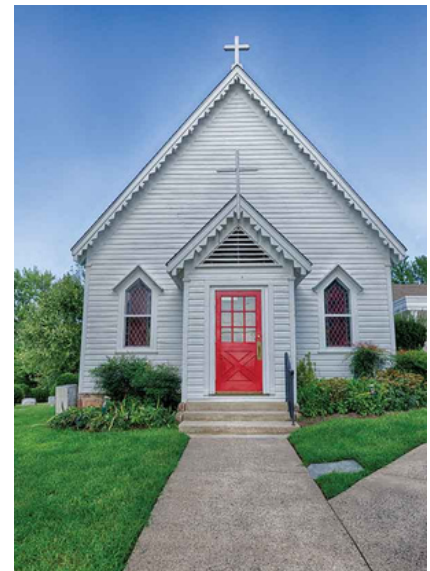
- Canned Meat (chicken, salmon, sardines, Vienna sausages)
- Boxed Pasta (macaroni, ziti, shells, etc.)
- Rice (white or brown)
- Peanut Butter
- Flour (white or Masca)
- Oil (canola, vegetable, olive)
- Sugar
- Chicken/Beef/Bone Broth
- Canned Fruit (peaches, pears, pineapples)
- Boxed Cereal
- Shelf Stable Juice (apple, cranberry, grape, etc.)
- Shelf Stable Almond Milk (family size)
- Similac (blue label)



**WESTERN  
FAIRFAX**  
CHRISTIAN MINISTRIES



SAINT ANTHONY of PADUA  
*Catholic Community*



### YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David  
are honored to walk with you on  
your journey of faith and to  
support your spiritual needs.



## Eucharistic Prayer I

**THE FIRST** Eucharistic Prayer is lengthy and ponderous. Its repetitive structure so differs from the other prayers that it can be hard to follow. Yet throughout our history as a Church, the Roman Rite has used no other Eucharistic Prayer more frequently. Inspired by St. Ambrose in the fourth century, it became the only Eucharistic Prayer permissible in the Roman liturgy until the Second Vatican Council. Having no Preface of its own, it accepted one chosen for the feast, season, or occasion. The rest of the prayer remained unchanged since about the seventh century and assumed the title “canon” because it was the only one. Now because we have so many Eucharistic Prayers, it is less accurate to call any of them a “canon.”

The prayer balances across the account of the Last Supper. We pray for the living in the first half, for the dead in the second. We ask intercession from some saints in the first half and from others in the second. The prayer never included an explicit appeal to the Holy Spirit, which caused some controversy among the Eastern Churches noted for their devotion to the third person of the Trinity. Consequently, every single Eucharistic Prayer approved since Vatican II includes an explicit “epiclesis”—a request for the Holy Spirit to change the bread and wine into the Body and Blood of Christ.

Although fixed in form, Prayer I offers internal options. The Prefaces change. The lists of the saints may be abbreviated. Many subsections conclude with an optional formula: “Through Christ our Lord. Amen.” The first Eucharistic Prayer also permits a special acknowledgment of some feasts such as Christmas, Holy Thursday and Easter.

Before Vatican II, Pope John XXIII authorized one last change to the Roman Canon: he included St. Joseph among the list of saints. A few years after the council, the Memorial Acclamation was added as well. Eucharistic Prayer I is admittedly hard to follow, but its endurance gives testimony to the timelessness of the Catholic faith.

## CONFIRMATION & RCIA

Anyone interested in beginning preparation for Confirmation or any adult interested in receiving sacraments through the process of RCIA, classes will begin in January. Please contact Fr. Jason in person or via email to start the process or express interest.

## MONTHLY FOOD DRIVE

We have updated the list of most needed items for our partners at WFCM. The next collection date will be **January 25th**. Thank you, in advance, for your generosity in support of our brothers and sisters in need.

## YOUTH FAITH FORMATION 2025-2026

This year’s theme is Journey with the Saints and Seasons. Classes are held during the 12:30pm mass on the first Sunday of each month. Our remaining schedule is as follows:

**February 1<sup>st</sup>:** topic: St. Valentine of Rome

**March 1<sup>st</sup>:** topic: St. Patrick

**April 5<sup>th</sup>:** *Easter Sunday, No Class*

**May 3<sup>rd</sup>:** topic: St. Joan of Arc

**June 7<sup>th</sup>:** topic: The Eucharist

## INCLEMENT WEATHER NOTICES

In case of inclement weather, notification will be made on Facebook & Instagram. Be sure to follow, like and subscribe to get updates.

## Talk To Us...

703-665-9730 - Parish Cell

**Fr. Jason Lody, FCM**  
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**Fr. Julian Garcia**  
jgarcia@mysaintanthonys.org

**Facebook & Instagram**  
@MySaintAnthonys

