



# SAINT ANTHONY of PADUA

*Catholic Community*

### SUNDAY MASS

12:30pm

5649 Mount Gilead Road  
Centreville, VA

Also streamed live on Facebook

### YOUTH FAITH FORMATION

1st Sunday of Each Month

class is held during the 12:30pm  
mass and supplemental materials  
are made available on the parish  
website.

### FELLOWSHIP SUNDAY

Last Sunday of Each Month

contact a member of the hospitality  
team if you'd like to bring a treat to  
share!



### YOUR PASTORAL TEAM

Fr. Julian, Fr. Jason, and Fr. David  
are honored to walk with you on  
your journey of faith and to  
support your spiritual needs.



### COOKIE EXCHANGE

The cookie exchange will take place after mass on February 8th  
after our wonderful snow day provided extra time for baking!

## Lent

**LENT IS** the season that prepares us to celebrate Easter. The main reason Lent is important is that Easter is more important. On Easter we celebrate the Resurrection of Jesus Christ, the Son of God, whose passage beyond death into life offers redemption to believers. The Resurrection is the cornerstone of Christian faith. The mystery of Christ's rising from the dead is so deep that the Church invites us to six weeks of preparation before we fully celebrate it. We call that period Lent.

For the faithful, Lent is a time of penitential practices and spiritual discipline. During this time, we acknowledge our sins and seek God's help to overcome them. Traditionally, we engage in acts of prayer, fasting, and almsgiving. Together these actions show our dependence on God, our renunciation of the fascinations of this world, and our desire to better the lives of others.

For the elect, those preparing for Baptism, Lent is a time of intense spiritual preparation. They will celebrate Baptism at Easter because in this sacrament they enter the mystery of Christ's dying and rising. They die to their former way of life and open their hearts fully to discipleship in Jesus. For the elect, this is a season of purification and enlightenment. The prayers of this season help scrutinize and purify their intentions, removing whatever might block their commitment, and strengthening their resolve. They will become fully illumined with the light of Christ when they celebrate initiation at the Easter Vigil.

Lent begins on Ash Wednesday and ends before the Mass of the Lord's Supper on Holy Thursday. Ash Wednesday is a day of fast and abstinence. All the Fridays of Lent are days of abstinence.

### INCLEMENT WEATHER NOTICES

In case of inclement weather, notification will be made on Facebook & Instagram. Be sure to follow, like and subscribe to get updates. As always, we want everyone to be safe so even if mass is being held in-person, you can always join us online if you do not feel comfortable traveling to church. Please consider signing up for our online giving platform.

### CONFIRMATION & RCIA

Anyone interested in beginning preparation for Confirmation or any adult interested in receiving sacraments through the process of RCIA, please contact Fr. Jason in person or via email to start the process or express interest.

### MONTHLY FOOD DRIVE

We have updated the list of most needed items for our partners at WFCM. The next collection date will be **February 22<sup>nd</sup>**. Thank you, in advance, for your generosity in support of our brothers and sisters in need.

### YOUTH FAITH FORMATION 2025-2026

This year's theme is Journey with the Saints and Seasons. Classes are held during the 12:30pm mass on the first Sunday of each month. Our remaining schedule is as follows:

**March 1<sup>st</sup>**: topic: St. Patrick

**April 5<sup>th</sup>**: *Easter Sunday, No Class*

**May 3<sup>rd</sup>**: topic: St. Joan of Arc

**June 7<sup>th</sup>**: topic: The Eucharist

### LENT IS ON THE HORIZON

Lent begins with Ash Wednesday on February 18<sup>th</sup> this year. Are you ready? In preparation for this time of penance and prayer, a special sweet treat will be provided after mass on February 15<sup>th</sup>.

## Talk To Us...

703-665-9730 - Parish Cell

Fr. Jason Lody, FCM  
jlody@mysaintanthonys.org

Fr. Julian Garcia  
jgarcia@mysaintanthonys.org

Facebook & Instagram  
@MySaintAnthonys

