A Wise Parent - Class #3 Boundaries & Discipline

Boundaries

- Definition: A property line, defining what is mine and what is yours.
- Give us:
  - Clarity
  - Freedom
  - Responsibility
  - Protection and growth
- Galatians 6:1-5
  - *Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. 2 Bear one another's* ***burdens****, and so fulfill the law of Christ. 3 For if anyone thinks he is something, when he is nothing, he deceives himself. 4 But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. 5 For each will have to bear his own* ***load****.*

A Boundary	A Rule
Statement: I/We will do...	**Statement:** You will do/You can't do
Focus: Your own choices and reactions	**Focus:** Someone else's behavior
Control: You control what YOU will do.	**Control:** You attempt to control the OTHER person
Purpose: To protect yourself or help instruct someone.	**Purpose:** To enforce a standard or expectation on others
Dessert will be available after people have eaten dinner.	You cannot have dessert until after you've eaten dinner.

Examples of Boundaries

- As a model
  - *I will only participate in conversations that are under self control.*
  - *I will bring a forgotten thing one time.*
- To instruct.
  - *They will work out conflicts on their own.*
  - *They can spend our money how we want after 10% to Jesus and 30% to savings.*

Discipline

- The Greek word for discipline means to instruct, educate, discipline or train.
- **Proverbs 3:11-12** - *[[11] My son, do not despise the LORD's discipline or be weary of his reproof, [12] for the LORD reproves him whom he loves, as a father the son in whom he delights.*
- **Hebrews 12:11** *[11] For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.*

What NOT to do:

- Act on impulse.
- Act out of anger.
- Remove a positive thing from their life (except in rare occasions).

What TO do:

- Approach with compassion.
- Target the heart.
- Be consistent.
- Match the situation.
- Make it realistic.
- Share the Gospel and practice repentance and forgiveness.

Scan for notes & resources.

https://wepcsundayschool.my.canva.site/2025-awiseparent