



JANUARY 7, 2024
THE POWER TO HEAL
MATTHEW 8 & 9

Introduction

1. Jesus is the all-powerful King
2. Therefore, we should follow Him
3. We can ask him for help and healing as well follow Him

Conclusion

*A disciple of Jesus is someone who is **following** Jesus, is being **changed** by Jesus, and is **committed** to the **mission** of Jesus. (Matthew 4:19)*

HARBOR OF HOPE
CHRISTIAN CHURCH



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Reflection Questions for Groups or Individuals:

1. *First, go back and read through Matthew 8 and 9. Which of these miracle stories resonates with you? Why?*
2. *How does it encourage you to read these accounts of how powerful Jesus is?*
3. *As you consider your own life and the lives of those you love, where are you in need of the healing power of Jesus? Who can you pray for to experience the power of the Great Healer?*
4. *We said that when we ask Jesus for help, it is an act of humility. Spend some time confessing how Jesus' power, wisdom, authority, and ability are greater than yours in whatever areas you are struggling with right now.*
5. *We've said that disciple is someone who is **following** Jesus, is being **changed** by Jesus, and is **committed to the mission** of Jesus. Consider how you are doing with each of these areas right now. Have you made a conscious choice to follow Him? Are you daily submitting to His work in your life to change you? As you are changed by Him, how does your life demonstrate your commitment to His mission?*

Discovery Bible Study Method for Groups or Individuals

(for more information on this method of Bible study- see <https://www.dbsguide.org/>)

1. Talk: To begin the study, each person answers these questions:

- What are you thankful for?
- What is causing you stress?
- Who needs our help? How can this group help them?

2. Look Back (session 2+)

- Retell story from the previous meeting.
- What did you do differently because of this story?
- Who did you tell and what was the reaction?

3. Read & Re-tell

- One person reads the Bible passage out loud, and the rest follow along.
- Someone else retells the passage by memory, if possible. Others can fill in what is missing.

4. Look

- Read the passage again.
- Discuss what this passage says about God, Jesus or his plan.

5. Look again

- Read the passage once more
- Discuss what this passage says about humans
- Discuss what this passage says about being a disciple of Jesus

6. Inside me

- According to this study, what am I doing well?
- What do I need to change?

7. Who else?

- Who needs to hear this story?
- How can I tell them?
- Who can I invite to study the Bible?

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