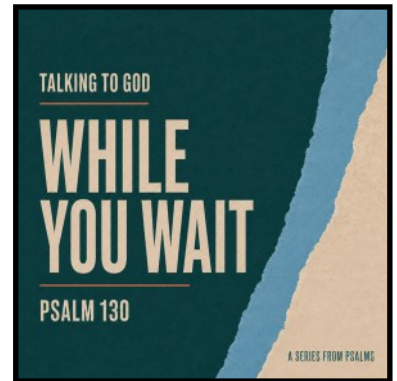


Pastor James Dale

August 9, 2026

Psalm



Talking to God While You Wait

Psalm 130

1. God, You Do Not Owe Me Anything

Psalm 130:3-4

2. I Wait for You, Not Merely an Outcome

Psalm 130:5

3. I Will Watch for the Morning

Psalm 130:5-6

4. With You Is Plentiful Redemption

Psalm 130:7-8; Ephesians 1:7-8

A Prayer to Borrow While You Wait

1. Release What God Does Not Owe You

"If you, O LORD, should mark iniquities, O Lord, who could stand? But with you there is forgiveness, that you may be feared."

Psalm 130:3-4

What disappointment or demand do you need to release?

"God, I have been keeping a record of _____.
Forgive me and help me trust your heart."

2. Wait for God Himself

"I wait for the LORD, my soul waits, and in his word I hope."

Psalm 130:5

What are you waiting for?

"Lord, I am asking you to _____.
But while I wait, teach me _____
and give me more of _____."

3. Watch for the Morning

"My soul waits for the Lord - more than watchmen for the morning, more than watchmen for the morning."

Psalm 130:6

What truth will help you remain faithful in the darkness?

"Lord, I will stop trying to control _____,
but with your help, I will trust that _____."

4. Hope in Plentiful Redemption

"O Israel, hope in the LORD! For with the LORD there is steadfast love, and with him is plentiful redemption."

Psalm 130:7

Write your own statement of hope:

"While I wait, I will hope in you, because with you there is _____."