HELPING KIDS TRANSITION INTO CORPORATE WORSHIP LESSON 1 of 3—HOW TO ACTIVELY LISTEN TO A SERMON

TO THE TEACHER...

Before you get started, you will need:

- 1. Pens and accompanying How to Actively Listen to a Sermon Worksheet for note taking—one pen and one worksheet for each student (coordinate with CMA/CMA will provide)
- 2. Church service bulletins—one for each student (teacher will pick up downstairs)
- **3.** A 2-3 minute audio excerpt of a sermon (teacher will provide audio excerpt)
- **4.** A mechanism for the kids to listen to sermon excerpt (teacher will provide BlueTooth, Phone or whatever needed to listen to sermon)
- **5.** Bibles or printed copies of the sermon text (Bibles are in classroom)
- **6.** Sermon Cards—one for each student (grab a stack in advance from downstairs)

CLASS ACTIVITY—Kids will listen to and take notes on a small segment of a sermon.

LET'S GET STARTED!

Welcome, everyone! I am so glad you are here! Grab a pen and a worksheet as we begin.

The goal of class today is to help YOU be better prepared to transition into corporate worship, the gathering together of God's people.

THINK ABOUT IT: Our bodies have muscles that are really weak when we are babies. A newborn can't roll over or sit up on their own! Actually, brand new babies are kind of floppy. They need to develop, with their parents help, so that one day they can hopefully run, ride a bike, and climb mountains!

Your teachers here at church have been helping you work towards this goal of growing up for a long time. With each age promotion here at church, the content of your classes has gotten more complex and the teaching time has gotten a little longer. By the time you are in elementary school, you get to stay in the first 30-45 minutes of the service! For years we have been trying to help you exercise and grow in your ability to sit though and engage with the different parts of corporate worship.

This congregation is preparing for the glorious day when God's people from all time, lands, and languages will worship the Lord together. Sunday morning is a dress rehearsal for that great day!

Have you noticed that the <u>sermon</u> is the largest block of time in the service? It is the main focus of the congregation's worship time. And the sermon focuses on what is in the <u>Bible</u>.

WHAT IS THE BIBLE?

This is an important question for you—What is the Bible?

Let's all take a few moments to think through your answer before we chat as a group... in fact, please write down your answer on your handout.

Now, let's share thoughts on this important question: What is the Bible?

(Encourage students to share their answers out loud and to adjust the answer on their handout if needed.)

Here is how the Westminster Shorter Catechism answers the question, "What is the Bible?":

"The word of God, which is contained in the scriptures of the Old and New Testaments, is the only rule to direct us how we may glorify and enjoy him."

So kids, what does the mean for us today? It means that God has actually spoken to us through the Bible. He's given us direction for our life. Wow! That is why we spend so much time devoted to reading and investigating and discussing the Bible. We want to see what God has said and is saying to His people!

Raise your hand if you have you every gotten a note in the mail from someone you care about, maybe a pen pal or grandparent? What did you do when you got that piece of mail? When it arrived, I bet you opened it to see what it said. We should approach the Bible with the same interest, excited to see what God has to say. At our church, the sermon is the primary way we get to "listen" to God's Word during our Sunday worship.

HOW CAN YOU LISTEN ACTIVELY?

I'll be really honest with you, usually the target audience of most preachers is slightly older than you, as in adults. But, that doesn't mean that you should just check out during the sermon. You are growing towards adulthood! Instead of zoning out, really challenge yourself to listen and aim to understand the big truths that are there for you to grow into. In most sermons, you should be able to identify the main points and understand them. See if you can identify the main points in the sermon today!

May I have a volunteer to hand out bulletins for today's service? (Wait for kids to receive a bulletin.)

Here's a secret tip to help you during the service, at the top of the Order of Service page in the bulletin, there is a sentence that says, "We gather this morning to _______". Once you have found it, give me a thumbs up. Who is willing to read the full sentence out loud for us?

This sentence is the BIG IDEA of the day. The sermon will focus on this Big Idea with some main points to help explain the BIG IDEA. You can point this secret tip out to your mom, dad, or friend later on.

NOTE TAKING TIPS: (Have a different volunteer read each question.)

I have provided a list of some questions that might help you take notes. Take a look at your Worksheet.

DIG DEEPER: There are years of sermons at <u>capitolhillbaptist.org</u> which are organized by date, preacher, text, or topic. One sermon that is tied specifically to this class is by Mark Dever on June 21, 2020 titles "The Scriptures." Go check it out!

QUESTIONS TO GUIDE YOUR NOTES:

- 1. What was one thing that was new to me today?
- 2. What's one way the passage today challenges the way I think about my behavior?
- 3. What's one way the passage today challenges the way I think about my circumstances?
- God, Man, Christ, Response—can you identify these parts of the gospel in the sermon? It's almost like BINGO, see if you can find these four elements throughout the sermon.
- 5. What is one thing I learned about God, about myself, about Jesus? And how should I respond as a result?

WAYS OF TAKING NOTES: There are lots of ways to take notes during the sermon. Look at your Worksheet and write down some different ways to take notes. Maybe you can even experiment from week to week. How do you take notes?

(Encourage students to share their answers out loud—pictures/graphics, codes, bullet points,)

NOW IT'S YOUR TURN! SERMON EXERPT ACTIVITY:

I'm going to hand out copies of the Bible or copies of the passage from the Bible that will be covered in the sermon except that has been chosen. In a moment, we will read out loud the passage from the Bible that the sermon is referencing. We are going to listen to just a few minutes, so we will only read the verses covered to help us focus. See if you can identify the main idea of the text. Let's read the passage...

As we listen to this sermon, I'd like for everyone to take notes. See if you can identify the main point of the text and take notes on how the main idea is supported. Does everyone have pen and worksheet? OK, let's listen...

(Play sermon excerpt.)

Would anyone be willing to share their notes with us? What do you think the main point of the passage was? How did you take notes? Did anyone use pictures or graphics and are you willing to show us? Did anyone use bullet points and are you willing to share them with us?

(Encourage students to share their answers out loud.)

Alternatively, choose a brief passage from the Bible. Hand out copies of the Bible or copies of the passage to students so they can read along, making sure you are reading from the same version as the one the kids are using. Read the passage out loud. Have kids try to identify the main point of the passage and then discuss their answers. Students can work in groups.

HOW CAN YOU PREPARE FOR A (pretty long!) SERMON IN ADVANCE?

Folks, let's be real, sitting though a whole service can be really hard at times. Sometimes I am hungry or tired; my mind can travel to what I have going on this week. If you feel like it is a struggle to pay attention during a Sunday service, you are not alone!

Could anyone share ideas on ways to help us be better listeners during the sermon?

(Encourage students to share their answers out loud.)

DIG DEEPER: There are years of sermons at <u>capitolhillbaptist.org</u> which are organized by date, preacher, text, or topic. One sermon that is tied specifically to this class is by Mark Dever on June 21, 2020 titles "The Scriptures." Go check it out!

Here are some things that might help you be more alert during a worship service:

READ THE SERMON TEXT—read or listen to the passage the week before the sermon TALK ABOUT IT—ask questions and share thoughts about the passage GET REST—get a good nights rest the night before the service FUEL UP—for some of us, that means eat a hearty breakfast BE COMFORTABLE—use the restroom and get a sip of water before the service

We want to do everything we can to help us focus during worship time together.

Well, we have thought about our important job as someone in the service listening to the sermon. Let's shift our focus to the person who is doing the hard work of preparing the sermon.

DID YOU KNOW?

Our pastors plan the sermon text and sermon schedule ONE YEAR in advance.

Our pastors pick the Sunday evening sermon text to be from the opposite testament as the morning text, but with a connected theme. See if you can make the connection.

We have a Sermon Card that is in 4 month blocks to let you know what is coming up. Grab one and look over it. (Have a volunteer hand out copies of Sermon Card.)

HOW CAN YOU ENCOURAGE A PREACHER?

Find this section on your Worksheet and write down and idea or two.

Pastor Dever loves it when kids your age make a comment to him that shows you were paying attention during the sermon.

Send the preacher a note or email.

Before the sermon, give an example that you thought of from the Bible passage.

After the sermon, tell them something that you appreciated or wondered about from the sermon.

If there is something that will benefit a friend, share it with them, both the friend and the preacher.

Pray for our pastors!

CLOSE IN PRAYER

Take some time to pray for those who preach at your church.

HOW TO ACTIVELY LISTEN TO A SERMON:

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NO	TE TAKING TIPS:			
Qu	Questions to guide your notes			
2. 3. 4.	What was one thing that was new to me today? What's one way the passage today challenges the way I think about my behavior? What's one way the passage today challenges the way I think about my circumstances? God, Man, Christ, Response—can you identify these parts of the gospel in the sermon? It's almost like BINGO, see if you can find these four elements throughout the sermon.			
5.	What is one thing I learned about God, about myself, about Jesus? And how should I respond as a result?			
Dif	ferent ways to take notes			
SERMON NOTES:				
HOW CAN YOU PREPARE FOR A SERMON IN ADVANCE?				
]	Read the Bible passage Talk About It Get Rest Fuel Up Be Comfortable			
НО	W CAN YOU ENCOURAGE A PREACHER?			

HELPING KIDS TO TRANSITION INTO THE SERVICE LESSON 2 of 3—THE ORDER OF SERVICE

TO THE TEACHER...

Before you get started, you will need:

- 1. Pens and accompanying The Order of Service Worksheet for note taking—one pen and one worksheet for each student.
- **2.** Copies of the bulletin which includes the Order of Service—one for each student. (You can use the bulletin for that day or one from a previous worship service.)

CLASS ACTIVITY—Kids will try to find themes, patterns, and/or repeated words in hymns.

OPTIONAL ACTIVITY—Play a game with those ideas that kids listed on their worksheet that should be included in the Order of Service. Game instructions are in lesson plan.

LET'S GET STARTED!

Good morning and welcome back. I hope many of you were able to put some of the things you learned about the sermon last week, into practice! Can anyone share anything they learned last week that they used during the sermon last week?

(Wait for kids to share answers.)

Our goal for class today is the same as last week— to help YOU be better prepared to transition into corporate worship, the gathering together of God's people.

May I have a volunteer to read the front cover of a CHBC church bulletin. I have a copy right here for you. What do the words at the top of our CHBC logo say? "Faith comes by hearing." These words come from Romans 10:17, "So faith comes from hearing, and hearing through the word of Christ." In many ways, the sermon is the focal point of our Sunday worship. God calls us together, He speaks to us though His Word, and we get to respond to Him—engaging with the Bible through the sermon is a big part of that process.

Last week we focused our class time on the sermon. Today we are going to zoom out a bit and focus on the whole worship service.

WHAT SHOULD BE INCLUDED IN A WORSHIP SERVICE?

So kids, what do you think might be included in a worship service? You can work together with a neighbor or two to brainstorm. Look at the top of your Worksheet and each of you write down some ideas of what things you think should take place in a corporate worship service. We are going to play a game in a few minutes, and it is important that each one of you actually writes down your ideas on your own worksheet.

(Give students time to work together and write out ideas.)

Now, let's brainstorm out loud. You can add things to your worksheet if they aren't already on it. Remember, we are playing a game soon and you will want as many items on your worksheet as possible. What would be good things to include in a worship service?

(Encourage students to share their answers out loud.)

You have had some great ideas! Now, we are going to play a game. The first team who can circle THREE items that they have listed on their worksheet and are also listed on the first page of the bulletin will win a prize. These THREE things must be listed in the top section of your worksheet AND are actually in the CHBC Order of Service today. Once your team has circled three items that are both on your worksheet and in the Order of Service, raise your hand high.

I'm going to hand out the bulletin for today but do not open to the front Order of Service page until I say GO. GO! Our winning team is...

(Announce winner and give prizes.)

Ok, let's dig a little deeper into the Order of Service page. Notice, at the top in the middle of the page, there are these words:

"We gather this morning to		,
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Could I have a volunteer to read this sentence? (Wait for volunteer.)

As we talked about last week, this sentence is the BIG IDEA of the day. All of the things that take place in the service will point back to this. See if you can listen for echos of this main idea throughout the service today in the readings, hymns, prayers, and in the sermon.

WEEKLY PARTS OF A CHBC SERVICE:

Let's take some time to dive into some specific things that happen <u>weekly</u> in our services. Please fill these in on your worksheet under Weekly Parts of a CHBC Service.

Give me a thumbs up if you have something that was on your team's list and you see it in the Order of Service today and you would share that example with us.

(Call on students and then read below description as elements are mentioned.)

SCRIPTURAL CALL TO WORSHIP—God's Word gathers God's people—we hear first from Him. As we just discussed, the Bible tells us that *faith comes by hearing* and then we respond. It's just like in Ezekiel 37:4-5, "Then [God] said to me, 'Prophesy over these bones, and say to them, O dry bones, hear the word of the LORD...I will cause breath to enter you, and you shall live." God, through His Word, caused dry bones to have LIFE. That's incredible! And that is what God's Word can do to our dry hearts; it causes life!

READINGS—We try to have readings from the Old Testament and New Testament to show the consistency and coherence of the Bible. The Bible is one, huge story with many different parts but that all fit together.

PRAYERS—Prayer is a very important part of a worship service and in our own personal relationship with God. It is the process of the creatures getting to talk to their Creator.

OFFERTORY—In 2 Corinthians 9:7 we read, "God loves a cheerful giver." God has given us so very much. It is good and right to return back in an offering to Him, a portion of what He has given us for His glory and the spread of gospel work.

CREEDS or CONFESSIONS—Scripture calls us to declare our faith in public. When the whole congregation reads a creed or confession, we are praising God by declaring out loud things that are true about Him and are true about ourselves. We are summarizing what we believe for these reasons: our own personal benefit, to encourage and build up each other, to make clear to non-Christians what we believe, and as an invitation for non-Christians to believe it too! It's as if the whole congregation is raising their hands, like a student in class, to give an answer to the question, "Who is God and what has He done to save us?" In Hebrews 10:23, 25 we read, "Let us hold fast to the confession of our hope without wavering, for he who promised is faithful...not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near." The writer of Hebrews sees the value in the "confession of our hope," so we should too.

NOW IT'S YOUR TURN! HYMN SEARCH ACTIVITY:

HYMNS— Psalm 95:1 reads, "O come let us sing to the Lord." Music is a really notable part of our congregational worship.

Do any of you like music? Or play an instrument? Do any of you write music?

(Encourage students to share their answers out loud.)

Did you know that David, the great fighter and King of Israel, was a talented song writer? He also played a stringed instrument called the lyre. He loved music!

Our pastors carefully choose songs that contain themes from the passage of the Bible that will be the focus of the sermon text. As we sing in the service, search for word(s) or ideas that are repeated in the song. Jot them down or circle them. At CHBC, we print the hymns in the bulletin. That means you can take the bulletin home and put a song you really like up in your bedroom or in your locker or tape it to the bathroom mirror.

As an activity today, we are going to spend some time looking over hymns. Look again at our main idea for the day which is at the top of the Order of Service, "We gather this morning ______." Let's take a few minutes to work with one or two other partners. Each group can choose any hymn from the bulletin and look for patterns. What words or ideas are repeated? Is there a connection between that hymn and the main idea of the day? I'll give you a few minutes right now to work on that together...

(Give groups time to work together.)

Ok, let's share what observations you made from the hymns—repeated words or ideas and any connection to the main idea of the day.

(Encourage students to share their answers out loud.)

Think about all the good ideas and conversation we have had about just ONE of the elements of the Order of Service. We could have an activity like this for each of the components that make up a worship service! Our study of the Lord and of His church is a wonderful depth of riches. But, we will have to move on for the sake of time.

PERIODIC PARTS OF A CHBC SERVICE:

Please fill these in on your worksheet under Periodic Parts of a CHBC Service.

THE LORD'S SUPPER—Our church statement of faith states, "the members of the church by the sacred use of bread and wine, are to <u>commemorate</u> together the dying love of Christ; preceded always by solemn <u>self-examination</u>." Those participating in the ordinance of the Lord's Supper are rehearsing for that great day when God's children will be invited to a much larger gathering at God's table, the marriage supper of the Lamb! We celebrate the Lord's Supper on the first Sunday of a month, alternating morning and evening services.

BAPTISM—According to our church statement of faith, "We believe that Christian Baptism is the immersion in water of a believer, into the name of the Father, and Son, and Holy Ghost; to show forth in a solemn and beautiful emblem, our faith in the crucified, buried, and risen Savior, with its effect, in our death to sin and resurrection to a new life; that it is pre-requisite to the privileges of a church relation." When you attend a baptism, listen closely during their public testimony to learn how that person came to know Jesus and how their life has changed. We celebrate baptism on the third Sunday of a month.

ELDER INSTALLATION—The Constitution of CHBC states, "Subject to the will of the congregation, the elders shall oversee the ministry and resources of the church. In keeping with the principles set forth in Acts 6:1-6 and 1 Peter 5:1-4, the elders shall devote their time to prayer; the ministry of the Word (by teaching and encouraging sound doctrine), and shepherding God's flock." Elders are publicly installed during a Sunday morning service.

While there are many things happening during worship, there is a common melody. All of these different elements of worship are like the various components of a concert. Each part contributes towards making beautiful music as we offer our worship to the Lord.

As our dear brother, Matt Merker reminds us, our worship should be characterized by "GRAVITY, GLADNESS, AND GRATITUDE." DO you know what those words mean? That is a great take-it-with-you phrase to think about as we prepare to worship the Lord this very morning.

DID YOU KNOW?

On Sunday nights, after the evening service is over, those who preached and participated in the morning and evening services (along with others including interns, elders, etc.) gather in Pastor Mark's study to have a Service Review. They will discuss what went well and what could use improvement.

The week before the Sunday service the service leader, pastors, and interns get together to look over the elements of the Order of Service. The Service Leader gets to choose who reads scripture and who prays.

Sometimes the pastors and interns go up on the roof to practice singing the songs for the upcoming service!

CLOSE IN PRAYER

Take some time to pray that God would be honored by our worship.

ORDER OF SERVICE NOTES:

WHAT SHOULD BE INCLUDED IN A WORSHIP SERVICE?

WEEKLY PARTS OF A CHBC SERVICE:		
1.		
2.		
3.		
4.		
5.		
6.		
PERIODIC PARTS OF A CHBC SERVICE:		
1.		
2.		
3.		

HELPING KIDS TO TRANSITION INTO THE SERVICE

LESSON 3 of 3—PRAYER

TO THE TEACHER...

Before you get started, you will need:

1. Pens and the accompanying Prayer Worksheet for note taking.

CLASS ACTIVITY—Kids will write out a prayer.

LET'S GET STARTED!

Our hope and goal in class today is to help YOU be better prepared to transition into corporate worship, the gathering together of God's people.

The first week we thought about the sermon and talked about ways you can get more out it. We have given each of you a notebook to bring each week to take notes. Who has theirs?

Then, last week we talked about the different parts of a worship service and how each part is like a collection of instruments in a concert, adding more beautiful layers.

WHAT IS PRAYER?

Today, we are going to focus on prayer. So...what is prayer? Take some time to write down your answer on your worksheet.

Who would like to get us started on answering this guestion: What is prayer?

(Encourage students to share their answers out loud.)

Prayer is, at its most basic level, talking to God. In 1 Thessalonians 5:16-18 we read, "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." Wow, did you catch that? It is God's will for His people to "pray without ceasing." What about all the other stuff we need to do in a day? What do you think the writer means when he says, "pray without ceasing?"

(Encourage students to share their answers out loud.)

Talking to God should be something that a believer takes time to do all throughout the day. Some prayers will be short and sweet. Some will be before a meal or at bedtime. Some will be through tears of sorrow or joy. Some will last long enough that we might get interrupted.

In John Onwuchekwa's book, *Prayer*, he compares praying to breathing:

Breathing—as a metaphor for Christian prayer—captures so much of what prayer should be. It reminds us that prayer is something essential to our existence. Breathing is necessary for everything we do. It enables every activity.

Likewise, prayer is basic perpetual endurance.

THINK ABOUT IT: Have you been thinking about your breathing ability since you walked into this room today? Well, it is totally necessary for you to breathe to survive, whether you are thinking about it or not. And our breathing patterns change when you are on a hike or playing sports, when you have a big test or you are very relaxed. Just as our breathing rhythms change, our praying rhythms can change too. Maybe you haven't thought very much about praying or about different types of prayers. Hopefully, today will help you think about prayer in a more proactive way.

Have any of you ever heard the acronym ACTS for praying? Can anyone tell us what some of the letters stand for?

(Encourage students to share their answers out loud.)

ACTS—(A)doration, (C)onfession, (T)hanksgiving, (S)upplication

Did you know that in our public worship service here at CHBC, we use ACTS prayers? Find this on your worksheet and fill it out.

ADORATION—Prayer of Praise (honoring the Most High King of Kings and Creator of all) CONFESSION—Prayer of Confession (admitting we have sinned in ways known and unknown) THANKSGIVING—Prayer of Thanks (showing gratitude to God for His many blessings) SUPPLICATION—Pastoral Prayer (bringing requests to God on behalf of ourselves and others)

Each category of praying helps flavor our prayers, seasoning them like a delicious meal. Hey, there is nothing wrong with basic boxed mac and cheese type prayers! But we shouldn't have boxed mac and cheese for every meal. We want to include different types of foods. Maybe thinking of different types of food on a plate can be a beneficial mental image to help you think of having more variety in your prayers to God.

Take one minute and flip over your worksheet. On the back, quickly draw a plate with a few types of food. This will be your reminder of what we have talked about today.

(Wait one minute for kids to draw a plate and food.)

We want to be careful that we don't fall into a pattern of only coming to God to ask for things, as in a prayer of supplication. We want to add seasoning and nutrition to our prayers with praise, thanksgiving, and confession as well.

Prayers prayed during public worship services are actually a valuable time of teaching and instruction. Try hard not to tune out when someone gets up to speak to the Living God. The person praying is representing the church as a whole as they lead us in communication with our Creator. Listen carefully to hear how you might broaden your own time of prayer. Pray along with the person who is leading in prayer. Jot down some things that caught your attention for future reference.

SUNDAY MORNING VERSUS SUNDAY EVENING?

If you have been coming to CHBC for a while, you may have noticed a difference in the "ways" we pray on Sunday morning versus Sunday evenings. It's not that one is better or more holy than another, but they are different.

Sunday morning is primarily a teaching time. The sermon and the prayers are meant to teach us about who God is and who we are and how we should approach a Holy God. The people who lead in prayer are chosen in advance and they carefully prepare their prayers in advance. They know the type of prayer and the content ahead of time.

Sunday evening is primarily a family time. Sunday evenings at CHBC are mainly a prayer meetings. Most of our time is given to sharing updates and request and then taking the time to pray through each one. The prayers are usually much shorter and more spontaneous.

Sunday morning is more of a fancy meal and Sunday evening is more of a family dinner. Both have their place and both bring much glory to the Lord.

SO...WHAT SHOULD BE INCLUDED IN MY PRAYERS?

Philippians 4:6 says, "...in everything by prayer and supplication with thanksgiving let your requests be made known to God." We can talk to God about "everything." We get to "let your requests be made known to God" and we get to do all of this with "thanksgiving!" The Lord delights in hearing from us!

Now that we have thought about what to include in prayers and how we might go about praying, let's practice.

NOW IT'S YOUR TURN! PRAYER ACTIVITY:

We are going to actually write out a prayer. You can work with a partner or on your own if you prefer. Choose one of the letters of ACTS and write out a prayer to the Lord. There is some space on your Prayer Worksheet for you to write your prayer out word for word or you can make an outline or use bullet points. Feel free to look back at your notes to help guide your prayer.

I'll give you a few minutes now to work on your prayer solo or with a partner.

(Allow several minutes for students to write out a prayer.)

Take out your journal/notebook and let's find the place where you can write out prayers to God later this week.

DID YOU KNOW?

The Service Leader chooses who will pray in the Prayers of Praise, Confession, and Thanksgiving in that particular worship service on Sunday morning.

At CHBC, Pastor Dever uses this guide in the Pastoral Prayer:

- 1. How we should be following Christ (focusing inward)
- 2. Member Concerns (focusing inward)

- 3. Christians elsewhere (focusing outward)
- 4. Current events in our area & around the world (focusing outward)

See if you can crack the code the next time you hear a Pastoral Prayer!

Pastor Mark REALLY likes for people to say AMEN at the end of each prayer on Sunday evening. This shows you listened to and agreed with the person praying! Try it.

I interviewed Pastor Dever and Pastor Jamieson for these classes. They would love to hear from you! They love you very much and are praying for you!

CLOSE IN PRAYER

Take some time to pray for the church both local and universal.

PRAYER NOTES:

WHAT IS PRAYER?

Α	
	Prayer of Praise (honoring the Most High King of Kings and Creator of All)
C	
	Prayer of Confession (admitting we have sinned in ways known and unknown)
T	
	Prayer of Thanks (showing gratitude to God for His many blessings)
S	
	Pastoral Prayer (bringing requests to God on behalf of ourselves and others)

MY PRAYER:

DIG DEEPER: Write out a prayer to God in your notebook this week. John Onwuchekwa's book "Prayer" and Don Whitney's book "Praying the Bible" give lots of tips on how to grow in prayer.