

MIDWEEK CLASSES WINTER SESSION • Wednesdays 2/12-4/2

TLC.ORG/MIDWEEK for full descriptions and information!

Dinner: 5-6PM \$6 Adults \$3 Children 3-12 \$15 Family of 4+ **Class:** 6:15-7:30PM

Children's Program: Childcare for infant-preschool & AWANA (fun, engaging Bible discipleship program) grades K-5

Classes Include:

Bible 101: Do you have questions about the Bible? Want to know how to study the Bible? Dive deeper and get answers! *Taught by Laurie Schlaepfer*

Study of End Times: Explore biblical teachings on the end times and discover insights for understanding God's ultimate plan for humanity. *Taught by Bruce Clarke*

Guiding Families of LGBTQ+ (study/support): Practical, God-honoring guidance and support for building relationships with your LGBTQ+ family member or friend. *Facilitated by Susan & George Hurley*

Practicing the Way: Study focusing on spiritual formation and cultivating practices and rhythms to grow in love, peace and obedience. *Taught by Pastor Jim Josselyn*

TLC en Español: Mid week Bible study and service.

Screen Sanity Parenting Class: Discuss how to keep kids safe online, introduce new devices, reduce video game meltdowns and more! In-person or online class. *Facilitated by Pastor Adrian Moreno & Kristin Jensen*

Recovery Group: Get support and dive into God's word. *Led by Jeff Dunton, Don & Yolanda Miller*

"Single Today": Book and Bible study for singles 50+ to embrace this season of life, find contentment and purpose, trust God's plan, and explore Biblical truths for personal growth and fulfillment. *Facilitated by Wayne Smith*

Starting Point: For anyone looking for a foundational understanding of faith, Jesus, and the basics of Christianity. *Facilitated by Heidi Garwood & Kristen McAndrews*

Women's Bible Study: "Now and Not Yet" dives into living in God's promises, while navigating life's challenges. *Led by Kaycee Brittan & Cindy Choate*

Advanced Bible & Theology: A "flyover" of the New Testament. Explore the world of Jesus, the first disciples, the early church, and the basics of Revelation. *Taught by Pastor Paul Spurlock*

Welcome Home

TWIN LAKES CHURCH 2/15 & 16, 2025

SATURDAYS 6PM SUNDAYS 9 & 11AM

COUPLES WEEKEND

Join for one or both events!

- Friday 2/21 **Couples Café:** A night of food, fun and fellowship with Pastor Hurmon Hamilton and his wife, Dr. Rhonda Hamilton. They will share "Secrets to a Lasting Marriage" and more!

- Saturday 2/22 **Relational Workshop:** Hamiltons are back for a morning to dive deeper and give tools for a healthy marriage!

\$45 per couple for both days, or \$25 for Couples Café and \$20 for the Relational Workshop. Register at tlc.org/marriage.

MIDWEEK CLASSES

Dinner 5pm Classes 6:15pm

See the back of bulletin for more details or go to tlc.org/midweek!

JUNIOR HIGH

The Ride (6th-8th grade) is where students learn about the love and grace of God, meet life-long friends, and have a ton of fun. Visit tlc.org/juniorhigh to see upcoming events and weekly gatherings!

ITALY MISSION TRIP INFO MEETING

Interested? Join this Sunday 2/16 at 12:15pm in 7105. The trip is in July and we need twenty-something individuals who like to work with teens! Contact lindsey@tlc.org for more info.

2025 BIBLE CONFERENCE

Questions about the Bible? Meet world-renowned Bible scholars with expert answers! For event information and to register visit tlc.org/theword! Saturday **3/8** here at TLC!

GET CONNECTED

- To be included in the TLC prayer letter, visit tlc.org/prayer
- To give, use the boxes in the lobby or visit tlc.org/give
- Sign up for our weekly email newsletter at tlc.org/newsletter
- New? Meet us at the **After Party** sign in the lobby for a gift bag!



WEEK 6 WHATEVER IS OUTSTANDING....

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is **admirable**—if anything is **excellent** or **praiseworthy**—think about such things. Philippians 4:8

**This is not just a _____ guide;
it's a _____ guide.**

How do I think about whatever is outstanding?

1. Who can I _____ for doing good?

“...whatever is **admirable**...”

Greek *euphemos*; from *eu* (“good”) and *pheme* (“fame, report”) literally “good fame”

People from History

People I Know

People in Scripture

“Those responding to moral excellence were energized and wanted to work harder to reach their own goals... Admiration motivates self-improvement.”
- Jonathan Haidt, “Witnessing excellence in action: the ‘other-praising’ emotions of elevation, gratitude, and admiration.” *The Journal of Positive Psychology*, Vol. 4, Issue 2, pp. 105-127

2. Where can I notice _____?

“...whatever is **excellent**...”

Greek *arete*; used to describe strength, intellect, prowess, virtue

Art/architecture

Athletic skill

Music

Parenting

3. Who can I _____?

“...whatever is **praiseworthy**...”

Greek *epainos*, deserving of recognition, honor

When nothing else is working, try _____

Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the **God of peace** will be with you. Philippians 4:9

There is a direct link between _____ and _____

QUESTIONS *For personal reflection or group discussion*

1. Read Philippians 4:8-9. Do you spend more time thinking about people you admire or people who anger you? How can you change that ratio? Are there simple habits that you can prioritize or eliminate that will help?

2. Who would you say you admire? Think of a person from history, a person from your life, and a person in the Bible. Why do you think it's helpful to think of people you admire?

3. When you think of a situation where you spotted excellence, what comes to mind? Why is noticing excellence an elevating experience?

4. Is there a person in your life who does praiseworthy things that may be going unnoticed? Praise them today! Now praise God for something specific.

5. As we close this series, go back through Philippians 4:8 and think about one thing that represents each category Paul mentions. What is your takeaway from this study?