

**Bear one  
another's burdens,**

***and so fulfill  
the law of  
Christ.***

Galatians 6:2

**Give all your worries  
to Him, because he  
cares for you.**

1 Peter 5:7 (ERV)

# ***Interactive Prayer: For the burdens we carry for our kids***

*We all carry burdens for our children -  
specific struggles that can keep us up at night,  
or have us at the end of our rope.*

- 1. Write out a burden you are carrying for your child(ren).**
2. Pray for this specific issue and then attach that burden to the cross.
3. Trust that Jesus is present in that burden and will walk with you and your child through it, every step of the way

**“...the fruit of the  
Spirit is love, joy,  
peace, forbearance,  
kindness, goodness,  
faithfulness,  
gentleness and  
self-control.**

***Against such things  
there is no law.***

Galatians 5:22-23

# ***A Prayer for Christ-like Character***

*God, shape my child's heart to  
reflect Christ.*

*Grow in them the Fruits of  
Spirit: love, joy, peace, patience,  
kindness, goodness,  
faithfulness, gentleness, and  
self-control.*

*Help them to choose what is  
right even when it is hard, and  
to walk in integrity all the days  
of their life. Amen.*

***Therefore  
encourage one  
another  
and build each  
other up.***

1 Thessalonians 5:11

**Let us consider  
how we may  
spur one  
another on  
*toward love &  
good deeds***

Hebrews 10:24

# ***A Prayer for our kids' Friendships***

*Lord, surround my child(ren)  
with friends who encourage  
them in faith and truth.*

*Bless my child(ren) with  
friendships that build them up,  
in your Name.*

*Protect them from relationships  
that pull them away from You.*

*Teach them how to love others  
with grace, wisdom, and  
discernment. Amen.*



***Your word is a  
lamp to my feet  
and a light to  
my path.***

Psalm 119:105

# ***A Prayer for God's Direction for their future***

*Heavenly Father, I place my  
child(ren)'s future into Your  
hands. You see every step  
before they take it.*

*Order their path according to  
Your perfect will, and lead them  
in the way everlasting.*

*Let Your plans, not the world's  
pressures, shape their future.  
Amen.*

# ***Interactive Prayer for our child's future***

1. **Take a moment to pray for  
your child's future**
2. Write their name(s) in the light,  
perhaps with a short prayer, like  
“Lord, please guide the path of  
\_\_\_\_\_ now and in their future”
3. Ask God to be the light that  
guides their path, all the days of  
their lives

# ***A Prayer for God's Strength as you Parent***

*Lord, help me to remember that  
it is YOU at work in me as I  
parent, giving me all I need.*

*Help me as a parent to reflect  
Your love. Give me patience,  
wisdom, and grace.*

*Teach me when to speak and  
when to listen, and help me trust  
You with what I cannot control.  
Amen.*

***It is no  
longer  
I who live***

**but Christ who  
lives in me.**

Galatians 2:20

***God is our  
refuge and  
strength***

**an ever-  
present help in  
trouble.**

Psalm 46:1

# ***Interactive Prayer for God's Strength as we Parent***

1. Open up a hand warmer and hold it as it warms in your palms
2. Feel the warmth... **remember that the source of warmth is not from you**
3. Let that warmth remind you that your strength and wisdom as a parent is not from you, it is from God's spirit at work in you.
4. Pray that God will give you whatever strength and wisdom you need in your parenting right now

# ***A Prayer for my child's closeness to Jesus***

*Heavenly Father, I commit my  
child(ren) into Your hands.*

*Draw my heart (and my child's  
heart) close to Yours.*

*May my child(ren) love You not  
just with words, but with their  
whole life.*

*Teach us to listen for Your voice,  
to delight in Your presence, and  
to walk with You daily in love and  
obedience. Amen.*



***Draw near  
to God***

**and He will  
draw near  
to you.**

James 4:8

# ***Interactive Prayer for God closeness to our kids***

1. Take one of the magnetic hearts
2. Write your kid's initials on it.
3. Hold it in your hand and pray that they would be **drawn to God like a magnet, drawn to His love and His goodness.** Drawn to respond to His invitation to follow Him.
4. Take this magnet home and put it somewhere you will see it. Each time your eyes are drawn to it, pray for your kid(s) to be drawn closer to Jesus each day.