

IMPACT GROUP QUESTIONS

GODLY MARRIAGE: SPIRITUAL ONENESS
EPHESIANS 4:1-6
MAY 17, 2026

Inform the Head, Stir the Heart

Please read Ephesians 4:1-6 and answer the following questions:

1. Paul called himself “a prisoner for the Lord.” How might someone not as committed to the Lord, and yet imprisoned for their faith, write this passage?

2. Please use verses 2-3 to explain each aspect of how a believer walks “in a manner worthy” of our calling. Please give an example of how each aspect can be displayed.

3. Please explain the opposite of each aspect of walking worthy to show what is unworthy of our calling. What makes them unworthy?

a. All humility

b. All gentleness

c. Patience

d. Bearing with one another in love

e. Eager to maintain the unity of the Spirit in the bond of peace

4. Paul uses the word “all”, which also means “whole, entire”, when he speaks of humility and gentleness.

a. Why do you think he emphasizes ALL for these?

b. What obstacles do we allow to stop us from treating others with all humility and gentleness?

5. Please consider the phrase, “eager to maintain the unity of the Spirit in the bond of peace.”

a. What is the difference between pursuing unity without the Spirit and pursuing unity with the Spirit?

b. What keeps us from being eager?

6. In verses 4-6, how many times does Paul use the word “one”? The trinity is represented in these ones. How are the “ones” in verse 4 related to the Holy Spirit? How are the “ones” in verse 5 related to the Son? What is the role of the Father in verse 6?

7. As you consider building a godly home, what actions or attitudes do you need to ask the Lord to help change in your life as an act of worship and surrender to Him? What do you see about the Lord’s heart for you in this passage that helps motivate your worship and surrender?

Challenge the Will

Based on what you learned in Sunday’s message and in your study time, what is one measurable thing you will go after this week in your walk with Christ?