

IMPACT GROUP QUESTIONS

FOR MY SPOUSE
1 CORINTHIANS 16:13-14, PROVERBS 31:25-28
JULY 12, 2026

Inform the Head, Stir the Heart

Please read 1 Corinthians 16:13-14 and Proverbs 31:25-28 and answer the following questions:

1. From 1 Corinthians 16:13-14, please use the following verses to explain each part of the passage:

a. Be watchful - Matthew 26:41

b. Stand firm in the faith - 1 Peter 5:8-9, Isaiah 7:9

c. Act like men - Ephesians 4:12-14

d. Be strong - Ephesians 6:10

e. Let everything you do be done in love - Ephesians 5:1-2

2. From Proverbs 31:25-28:

a. What insight does Proverbs 31:30 give you in understanding how a woman can live out verses 25-27?

b. What perspective do strength and dignity give someone so that she would not fear the future?

c. Please use Proverbs 9:10 to explain the source and definition of true wisdom.

d. Please give some tangible examples of how living these verses would impact the family so that they “rise up and call her blessed”.

3. How would praying these passages for others be helpful? For what reasons would we NOT pray for others?

4. How does Jesus exemplify all the attributes from these passages?

Challenge the Will

Based on what you learned in Sunday’s message and in your study time, what is one measurable thing you will go after this week in your walk with Christ?