







3. What is God’s role in our peace, and what is our role? What obstacles keep you from doing the things Paul says to do in Philippians 4:4-9?

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4. What “Yes and Amen” promises of God encourage your worship in these passages?

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### CHALLENGE THE WILL

Based on what you learned in Sunday’s message and in your study time, what is one measurable thing you will go after this week in your walk with Christ?

### WEEKLY READING PLAN

- Monday, July 22 // Psalm 121  
*My Help Comes from Him*
- Tuesday, July 23 // Psalm 23  
*My Shepherd Comforts Me*
- Wednesday, July 24 // Isaiah 30:15-22  
*Return and Rest in the Lord*
- Thursday, July 25 // Isaiah 40:18-31  
*Wait for the Lord Who Renews Your Strength*
- Friday, July 26 // Matthew 16:13-20  
*I Will Build My Church*