

Heart of Hearing: The Inner Life

By Brett Hilliard, August 31, 2025

God gave Solomon wisdom and very great insight, and a breadth of understanding as measureless as the sand on the seashore. He spoke three thousand proverbs and his songs numbered a thousand and five. He spoke about plant life, from the cedar of Lebanon to the hyssop that grows out of walls. He also spoke about animals and birds, reptiles and fish. From all nations people came to listen to Solomon's wisdom, sent by all the kings of the world, who had heard of his wisdom.

1 Kings 4:29, 32-34 NIV

The way of fools seems right to them, but the wise listen to advice.

Proverbs 12:15 NIV

The human spirit can endure in sickness, but a crushed spirit who can bear?

Proverbs 18:14 NIV

I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being.

Ephesians 3:16 NIV

A heart at peace gives life to the body, but envy rots the bones.

Proverbs 14:30 NIV

Anxiety weighs down the heart, but a kind word cheers it up.

Proverbs 12:25 NIV

The wicked flee though no one pursues, but the righteous are as bold as a lion.

Proverbs 28:1 NIV

...the sound of a windblown leaf will put them to flight. They will run as though fleeing from the sword, and they will fall, even though no one is pursuing them.

Leviticus 26:36 NIV

Even in laughter the heart may ache, and rejoicing may end in grief.

Proverbs 14:13 NIV

He has also set eternity in the human heart.

Ecclesiastes 3:11 NIV

A happy heart makes the face cheerful, but heartache crushes the spirit.

Proverbs 15:13 NIV

Each heart knows its own bitterness, and no one can share its joy.

Proverbs 14:10 NIV

All a person's ways seem pure to them, but motives are weighed by the Lord.

Proverbs 16:2 NIV

Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.

Proverbs 13:12 NIV

In the middle of the garden were the tree of life and the tree of the knowledge of good and evil.

Genesis 2:9 NIV

On each side of the river stood the tree of life... No longer will there be any curse...

Revelation 22:2-3 NIV

Christ redeemed us from the curse of the Law, having become a curse for us - for it is written: "Cursed is everyone who hangs on a tree".

Galatians 3:13 NASB

REFLECTION QUESTIONS

1. What insight from the message grabbed your attention?
2. How would you describe the current state of your own inner life? Any adjustments come to mind that might help improve it?