

# Fresh Start: Pray Bigger

By Kevin Kusunoki, October 12, 2025

Then Jesus went with His disciples to a place called Gethsemane, and He said to them, “Sit here while I go over there and pray.” He took Peter and the two sons of Zebedee along with Him, and He began to be sorrowful and troubled. Then He said to them, “My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with Me.”

Matthew 26:36-38 NIV

Going a little farther, He fell with His face to the ground and prayed, “My Father, if it is possible, may this cup be taken from Me. Yet not as I will, but as You will.” Then He returned to His disciples and found them sleeping. “Couldn’t you men keep watch with Me for one hour?” He asked Peter. “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

Matthew 26:39-41 NIV

## REFLECTION QUESTIONS

1. What is a circumstance or issue that you feel you need to wrestle with God about?
2. How can you live more in line with God’s will in your day-to-day? What areas of your life are most “misaligned”?