

Soul Garden: Sacred Edits

By Brett Hilliard, February 01, 2026

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before Him He endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Hebrews 12:1-3 NIV

All things are permitted for me, but not all things are of benefit.

1 Corinthians 6:12 NASB

Sin is crouching at your door; it desires to have you, but you must rule over it.

Genesis 4:7 NIV

Direct my footsteps according to Your word; let no sin rule over me.

Psalms 119:133 NIV

REFLECTION QUESTIONS

1. What are some examples of “hindrances” that prevent your maximum experience of God?
2. In the discussion of layers of sin, what might God be exposing in your life for deeper healing? In other words, is there a motivation or attachment that might be good in itself, but plays too big a part in your life?