

Anchored: The Discipline of Holy Grit

By Kevin Kusunoki, September 27, 2026

But Naomi said, “Turn back, my daughters; why will you go with me? Have I yet sons in my womb that they may become your husbands? Turn back, my daughters; go your way, for I am too old to have a husband. If I should say I have hope, even if I should have a husband this night and should bear sons, would you therefore wait till they were grown? Would you therefore refrain from marrying? No, my daughters, for it is exceedingly bitter to me for your sake that the hand of the Lord has gone out against me.” Then they lifted up their voices and wept again. And Orpah kissed her mother-in-law, but Ruth clung to her.

Ruth 1:11-14 ESV

And she said, “See, your sister-in-law has gone back to her people and to her gods; return after your sister-in-law.” But Ruth said, “Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God.”

Ruth 1:15-16 ESV

When Daniel knew that the document had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously.

Daniel 6:10 ESV

Grit is staying on course _____ ✓ .
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Your notes

REFLECTION QUESTIONS

- 1. Which component of grit is the hardest for you: staying in it when others quit, closing off any escape clauses, or sticking to the habits that hurt?
- 2. When it comes to your spiritual growth, is there a fascination that fascinates you? Who or what is it?