

a new way to **LIVE**

BUILD, Ephesians 4:29–31 March 10, 2019

CONNECT

1. Icebreaker: What is the most successful or unsuccessful thing you have ever built?
2. Read Ephesians 2:19–22, 4:15–16 & 4:29. How is God building us? How are we responsible for joining that building work as those in whom God's Spirit dwells?

CELEBRATE

3. Because of the gospel, we rely on Jesus as Savior and Lord not just for conversion but for help in walking out this new life with Him in community.
 - a. What are the three commands in this passage that we are freed to obey in God's family?
 - b. What reasons does the Apostle Paul give?
4. What are verbal and nonverbal things we do that grieve the Holy Spirit (Ephesians 4:30–31)? To what degree do those things bother you?
5. Note the things we are to remove (Ephesians 4:22, 25, 31). How do we help each other put away those things as a group, church and individuals?
6. Give examples of ways we can use our mouths for good to build others up. Personal reflection: Am I known for building others up or tearing others down? What would others say?
7. Prayer: "Lord, is there any bitterness, wrath, anger, clamor, slander, malice or corrupt language or words that I need to bring to you at the cross?" Acknowledge it without minimizing or justifying. Trust His work for you. Repent of it and follow His example now.

CONTRIBUTE

8. What kind of talk are you using among those who don't know Jesus and also need grace (Ephesians 4:18, 29)? Pray for opportunities to share Jesus this week.