HICKORY GROVE
BAPTIST CHURCH

**The Forgotten Grace of Meditation**
June 28, 2020
Psalm 1
Kyler Smith

**Fight for Delight with Meditation.**

1. Fill Your Mind (1:1-2).
    - Cautiously (1:1).
    - Correctly (1:2a).
    - Continually (1:2b).
2. Fixate Your Heart (1:3-4).
    - For Stability (1:3a,4).
    - For Sanctification (1:3b,4).
    - For Sustenance (1:3c,4).
    - For Success (1:3d,4).
3. Focus on the Future (1:5-6).
    - Judgment is Coming (1:5,6b).
    - Jesus Has Come (1:6a).