HICKORY GROVE
BAPTIST CHURCH

The Forgotten Grace of Fasting
July 5, 2020
Matthew 6:16-18
Kyler Smith

Fasting is Feasting on God (6:16-18).

1. Fasting is Fundamental (6:16a).

2. Fasting is Focused (6:16b-18b).

    - Focused Inwardly (6:17-18a).

    - Focused Upwardly (6:18b).

3. Fasting is Formative (6:18c).

    - Formative for Crucifying Old Cravings.

    - Formative for Cultivating New Cravings.