



Life Groups

A Guide to Leading and Multiplying

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Discovery Bible Study

Ephesians 4:11-16

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11 And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, 12 to equip the saints for the work of ministry, for building up the body of Christ, 13 until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, 14 so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. 15 Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, 16 from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

DBS Questions

1. What does this tell you about God?
2. What does this tell you about yourself and the world?
2. How will live this out?



Life Groups

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What is a Life Group?

A Life Group is a small community of people connecting people to the extraordinary life found in Jesus in the places they live, work, learn, and play.

This small community is a place of support and care, striving to live out the Gospel in everyday spaces and places. These people genuinely care about you, your family, your dreams, your disappointments, all of the little things that happen in your life, and how those things can help you grow in your relationship with Jesus.

Life Groups come together to grow in their relationships with the Lord and one another and to reach and serve people in various places. They create transformational communities where you and your group will be stretched to not just study God's Word but live it out in tangible, practical ways.

Life Groups have different Passions and people, but the heartbeat remains the same: to love people where they are by connecting them to the extraordinary life found in Jesus.

Our Discipleship Metrics

What is a disciple?

01. Get the Life

02. Experience the Life Together

03. Give the Life Away



The Life Groups DNA

The Five E's that Drive a Life Group



1. Engaged in Scripture

It's not about the amount of scripture you use when you meet; it is about having some regular time in scripture to allow God's word to speak into you and guide your life.

2. Engaged in Prayer

This gives you the opportunity to share prayer requests and lift each other up in prayer. It also allows you to model prayer for the group and help people learn how they can grow in their own prayer lives.

3. Engaged in Mission

This could be a mission you share as a life group or different missions each member is involved in. The point is to emphasize the value of being a people on mission.

4. Experiencing Christ-Centered Community

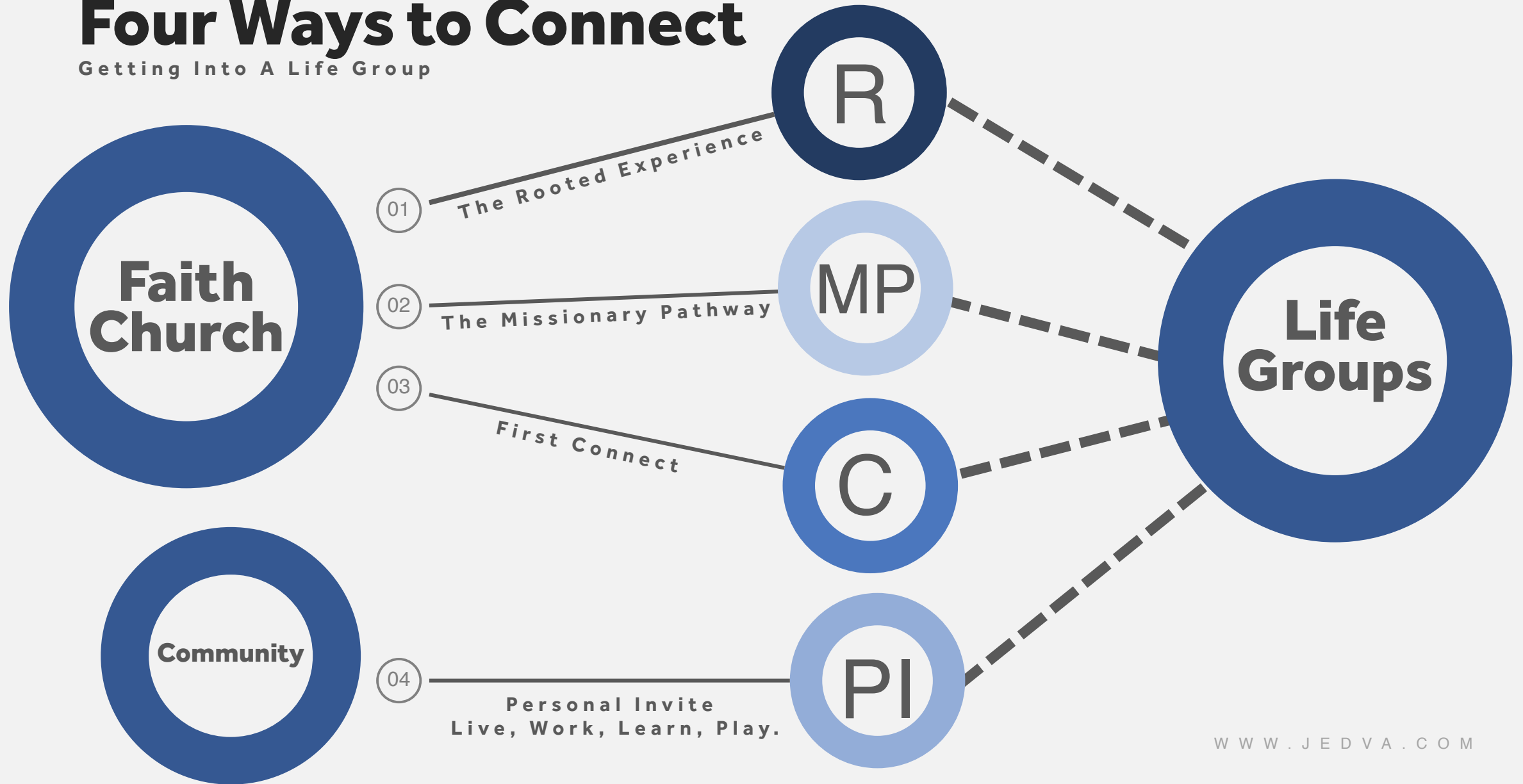
Acts 2:42-47 paints a beautiful picture of what a Christian community looks like. Our goal is to model a transparent community that cares for one another and centers around and works to live out the teachings of Jesus.

5. Equipping New Leaders

The best place to train new life group leaders who will launch new life groups is in the context of an existing life group. When a new leader gets to walk alongside an existing leader, so much is caught that can't be taught. This also models what it looks like to be a disciple-maker for our life groups.

Four Ways to Connect

Getting Into A Life Group



A Basic Facilitation Outline

One example of how you can facilitate your group.

