



PARACLETE

MARCH 2024

HOLY SPIRIT | EPISCOPAL CHURCH

130 South 6th Street East • Missoula, MT 59801 • 406.542.2167 • E-mail: office@holyspiritmissoula.org • Website: www.holyspiritmissoula.org

A publication of Holy Spirit Episcopal Church



Family Worship returns in April

Join us for an uplifting and enriching experience at Family Worship on Sunday, April 7th at 4:30 p.m. in the church as we celebrate Easter together! Although we won't be able to meet in March due to Easter Sunday and Spring Break, we eagerly anticipate gathering with you and your loved ones for an hour of inspiring songs, meaningful lessons, and engaging activities. Spread the word and extend our warm invitation to the young ones and their families. Remember, everyone is welcome to join us in nurturing our faith and growing together in love. Save the date!

— JODY THOMASSON
FAMILY WORSHIP TEAM

Something new from the
Social Concerns Committee

Join us for our first Community Concerns evening on March 13

Many Holy Spirit parishioners have been enthused learning more about our community through our Alms Sundays talks, and your Social Concerns Committee is planning to expand this effort with “Community Concerns Evenings.” These will be longer and more detailed explanations of the various efforts underway to improve our community, with time for “Q&A” and discussion, similar to the “panels” which have been offered at Holy Spirit in the past. These events will give all interested parishioners the opportunity to learn about and understand community issues and efforts to address those issues.

Our first event will be on Wednesday, March 13, a presentation on and discussion about Dementia

Friendly Missoula. As our population ages, this has become an important issue which all of us should better understand: what dementia is, how to avoid or minimize dementia when you are younger, how to live with dementia, and how to treat those suffering from dementia in a friendly and positive manner.

Please plan to join us on March 13 at 6:00 PM, in the Parish Hall. Please RSVP to the Church Office (406-542-2167) if you are planning to attend, as we will be providing some light refreshments during this event.

And, if there is an organization or a topic that you believe we should cover, please do not hesitate to contact any member of your Social Concerns Committee.

This month's presentation and discussion:

Dementia Friendly Missoula

March 13

6PM | Parish Hall

community concerns

OUR STAFF

Clergy:

The Rev. Terri Ann Grotzinger,
Rector

revterri@holyspiritmissoula.org

The Rev. Gretchen Strohmaier,
Assistant Priest

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The Rev. Dorcie Dvarishkis,
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Join us for our Alms Sunday on March 10 Learn how you can help with houselessness in Missoula!

Please help us welcome parishioner Zeke Campfield as our Alms Sunday speaker at both the 8 a.m. and 10:15 a.m. services on March 10, when he will discuss the life-changing work of the Housing Advocate Network (HAN). Zeke attended Holy Spirit as a youth with his family and returned to worshipping in our pews several years ago. He has been the director of the Housing Advocate Network, a program of the Missoula Interfaith Collaborative, for five years.

HAN is a group of everyday people—like several of our Holy Spirit parishioners—who work alongside individuals and families who are houseless or facing imminent houselessness. We volunteers help people navigate the often confusing and discouraging search for affordable housing in the pricey Missoula market. The specific alms request will be to provide funds for the M.I.C. Family Houselessness

Prevention Program. This program offers support to families who are at imminent risk of losing their home and entering the Meadowlark Family Housing Center. Through intensive case management, the program helps families tackle immediate issues, maybe an overdue electrical bill or past-due rent, as well as broader challenges that can help them start anew and avoid becoming houseless.

Following the 10:15 a.m. service, Zeke will gather with interested parishioners in the Guild Room to answer questions about the broader work of the Missoula Interfaith Collaborative and programs like the Housing Advocate Network. Please join us on the 10th as you open your hearts to ways you can help—maybe by becoming an advocate yourself—partnering with those seeking permanent housing. I hope to see you there.

— LUCIA SOLORZANO WORK
SOCIAL CONCERNS COMMITTEE

NEWSLETTER

Paraclete, from the Greek meaning 'Holy Spirit,' is published monthly, September through May, by Holy Spirit Episcopal Church. All material is due by the fifteenth of the month preceding the month of publication.

**HOLY
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Tell us what you think

We're asking for your input

What do you think about the potential changes in leadership?

You might have heard about the big news at January's Annual Meeting. We trust that we've given you a lot to think about. Here it is in bullet point format:

- Our projected deficit in 2024 has grown to \$90K. This is not sustainable.
- Creative energy has been percolating among leaders at the church.
- We actually see this as an opportunity to try something new.
- Terri has proposed that she cut back to half time.
- Gretchen recognized she is ready to leave her position, having outgrown it.
- Terri proposed that Gretchen stay on and that together they become two half time Co-Rectors.
- This would eliminate a half time position from the staff. It would make a dent in our deficit.

What do you think? Two Co-Rectors leading Holy Spirit? That is not how we've done business around here before. We recognize there could be a variety of pitfalls with such a model for ministry. We also see the potential for collaboration and increased energy and creativity. We want to build on the momentum we've experienced recently, and this shared model for ministry may help us do that.

So.....we want to hear from you. YOU are an essential element in making ministry happen. You, all of you, would be a part of this creative collaboration. What do you see as the sticking points? What benefits do you recognize? Please speak up and reach out to Vestry Members, our Senior Warden Molly Bowler (mollybowler@gmail.com), Rev. Terri (revterri@holyspiritmissoula.org) or Rev. Gretchen (gretchen@holyspiritmissoula.org).

We look forward to hearing from you.

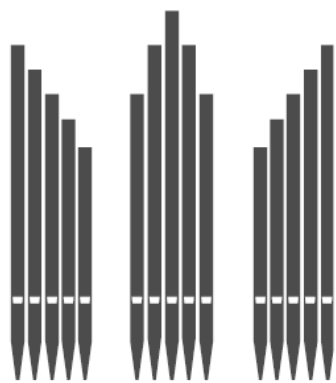
— REV. GRETCHEN+

When does Baptism take place at Holy Spirit?

Holy Baptism is full initiation by water and the Holy Spirit into Christ's Body the Church. Baptism takes place during the Easter Vigil service (Saturday evening, in March), and at a Sunday service about three times a year: the Day of Pentecost (at the end of May this year), the Sunday after All Saints' Day (early November), and the Feast of the Baptism of our Lord (the first Sunday after Epiphany, in early January). Baptism may also take place when the bishop visits (in December this year), and on a Sunday during the summer on a date to be determined. If you are interested in Baptism for yourself or for your child, preparation needs to take place. Please contact the office at (406) 542-2167 to speak with our rector, The Rev. Terri Ann Grotzinger.

The next date for Baptism will be on Saturday, March 30, at the Easter Vigil service.





WOMAN COMPOSER SUNDAY

Woman Composer Sunday

On Sunday, March 10, we will be celebrating "Woman Composer Sunday" along with organists and choir directors throughout the United States and Great Britain. This is the third annual WCS, initially created by the (British) Society for Women Organists, and now in collaboration with the American Guild of Organists. There will be music by women at the prelude and postlude, as well as at the offertory and during communion. The offertory anthem in particular is of special significance: the last piece of music written by composer Alice Parker, who collaborated with choral conductor Robert Shaw for years, composing hundreds of anthems for use with the Robert Shaw Chorale. Parker wrote her final anthem at the age of 93, after noting the increasing polarization of American politics, in the hopes of bringing people back together. The anthem is called "The Common Ground."

Come celebrate the great talents of women composers - March 10th, at the 10:15 service.

2024 Lenten Series From Generation to Generation...

The Christian story did not end with the Book of Revelation! This Lent we'll meet together for three Saturday mornings in March and take a deep dive into some of our extraordinary and demanding post-biblical Christian stories and think about the implications they might have for our own life stories. The class will once again be led by our friend Zara Renander.

Please join us in the parish hall on these Saturdays in March: 2nd, 9th, and 16th, from 10:00 – 11:30 am. Each session is a stand-alone presentation. You are welcome to attend any or all of these Lenten programs. Stay after if you can for a soup and bread meal, provided in the parish hall. **Please let the church office know which Saturdays you'll be joining us so we can be prepared with plenty of soup.** Call us at (406)

542-2167 or email us at office@holyspiritmissoula.org.

About our speaker:



This year's Lenten series will be led by Zara Renander. Zara, a Hospice Chaplain and member of our parish, began

worshipping with us during the pandemic. She holds a B.A. in Religious Studies and an M.A. in Theology. Zara raised her children in Great Falls, MT and then moved to Minnesota and eventually to Alabama. When her husband became ill, they moved back to Montana to Missoula to be close to family. We are thrilled to have Zara as a part of our worshipping community and to learn from her varied passions and interests.

Compline

The ancient service of plainchant and contemplative prayer

Sunday, March 3

8 p.m. - All are welcome!



March 3 at 8 p.m.

Lenten meditations in the quiet of Compline

Faith is seeking. Faith is the effort to move toward God, recognizing that God is beyond knowing. We hold God more than know God.

Please join us for compline in the penitential darkness of Lent. The service will include Robert Wentzler's plaintive anthem "Oh Such Love, My Love, Still Ponder." Interspersed through the service will be brief meditations on solitude based on the ancient text, *The Cloud of Unknowing*.

Allow Jesus to speak to you through the liturgies of Holy Week

Holy Week signals the culmination of our Lenten practices. We hope to enter it with ears to hear and eyes to see, perhaps in ways we haven't experienced before. Consider giving yourself extra down time during this week to fully integrate the twists and turns of this upending drama, allowing Jesus to speak to you.

We celebrate Palm Sunday, the joyous palm-laden procession of Jesus into Jerusalem, on March 24th. As we have for the last few years, we will gather in the church for the Liturgy of the Palms at the 10:15 a.m. service. (The 8 a.m. service will begin in the church as well.) The choir will do a special procession around the nave, and the palms will be blessed in the chancel. This service requires us to make an abrupt shift from celebration to the darkness of crucifixion. At both services the Passion Gospel will be read.

The Maundy Thursday service happens on March 28th at 7 p.m. In the Solemn Liturgy of Maundy Thursday, we remember Jesus' Last Supper and his charge to love one another through the washing of feet. This service offers an intimate experience of the Last Supper and powerful visual images pointing to Jesus' sacrifice. The altar is stripped at the end of the service, and the congregation leaves in the dark.

The prayer vigil begins immediately after the Maundy Thursday service. The disciples slept while Jesus prayed and then they fled, leaving him all alone.

And so, it is on this night that we stay awake. Parishioners sign up for one-hour increments to sit in the church, to watch and wait and pray.

Good Friday services are on March 29th at noon. Join the Holy Spirit community as we remember Christ's suffering, crucifixion, and death on Good Friday with a service of Scripture, music and ancient prayer. The Passion Gospel will be read, this time from the Gospel of John, and there will be opportunity to venerate the cross. Eucharist will be served from the Reserved Sacrament.

The Easter Vigil happens on Saturday, March 30th, starting at 7:30 p.m. and followed by an Easter reception. The service begins in the dark, symbolizing Jesus' dark tomb. The space is lit only by the paschal candle, *the light of Christ*. Hope builds incrementally within the service until Jesus' resurrection is recognized and celebrated.

Easter morning services celebrate that glorious resurrection with music and flowers. We will gather around Christ's table and join together in music and prayer, to proclaim Jesus' victory over death and the Good News of the Resurrection. Services will be offered at both 9 a.m. and 11 a.m. Our Easter Day services are identical, with the Holy Spirit Choir singing at both services. A time of fellowship will follow both services in the parish hall. Please join us!



HOLY WEEK SERVICES

PALM SUNDAY, MARCH 24
8 a.m., Blessing of the Palms, reading of the Passion and Holy Eucharist
10:15 a.m., Blessing of the Palms, reading of the Passion and Holy Eucharist
(Both services begin in the church.)

MAUNDY THURSDAY, MARCH 28
7 p.m., Liturgy of Maundy Thursday, in the church, followed by the Maundy Thursday Prayer Vigil

GOOD FRIDAY, MARCH 29
12 noon, Liturgy of Good Friday, in the church

EASTER EVE, MARCH 30
7:30 p.m., The Great Vigil of Easter, followed by the sharing of "milk and honey" in the parish hall

EASTER DAY, MARCH 31
9 a.m. and 11 a.m., Choral Eucharist; Coffee Hour follows both Sunday services.



Help overcome an emergency blood shortage!

The American Red Cross announced that it is experiencing the lowest number of people giving blood in the last 20 years, in what the organization says is an emergency shortage.

In all, the Red Cross says that the number of people donating blood has dropped by 40% over the last two decades. When fewer people give blood, even small disruptions to blood donations can have a huge effect on blood availability and dramatic consequences for patients. Severe winter weather, staff shortages and seasonal illness compound the dire blood supply situation. Donors of all types, especially those with type O blood and those giving platelets, are urged to give now. Type O blood products are among the most transfused blood types.

A person needs lifesaving blood every two seconds in the U.S. Its availability can be the difference between life and death; however, blood is only available thanks to the generosity of those who roll up a sleeve to donate. Please sign up to give at our blood drive in April and invite others to help. Schedule your appointment today at www.redcrossblood.org.



Holy Spirit Blood Drive

Location: Parish Hall
130 South 6th Street East

**Thursday,
April 4**
1 pm - 6 pm

Sign up online at
www.redcrossblood.org

Plan to donate at the Holy Spirit Blood Drive on April 4

Holy Spirit Parish will partner once again with Montana Red Cross and host its annual spring blood drive on Tuesday, April 4, from 1:00 – 6:00 p.m. in the Parish Hall.

Every day, donated blood helps patients of all ages: accident and burn victims, heart surgery and organ transplant patients, and those battling cancer. Every two seconds, someone in the U.S. needs blood.

Montana Red Cross provides blood products to more than 30 hospitals and medical centers across the state. During the winter months, weather conditions and the prevalence of flu and colds can make it more difficult to collect donations. Your participation in this blood drive will help the Red Cross meet the demand and save lives.

You can sign up for an appointment to donate blood using the Red Cross online scheduling system at www.redcrossblood.org or by contacting Elizabeth Drummond (406-240-8873; eadrummond56@comcast.net).

The basic requirements to donate are:

- You are in good health and feeling well.
- You weigh at least 110 pounds.
- If you are not yet 18 years old, you need a consent form signed by your parent or guardian. Additional height and weight restrictions apply to those 18 years or younger.

If you have eligibility questions, please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org.

Whether you support our drive by donating blood, asking your friends and family to participate, or volunteering your time, your participation strengthens our community and helps save lives.

We look forward to seeing you at the Holy Spirit Parish Blood Drive!

– ELIZABETH DRUMMOND
SOCIAL CONCERNS COMMITTEE

Linking Systems of Care Montana

Trauma-Informed Approaches



Module 1

Key Principles
and Policy
Development

Linking
Systems of Care
for Children and Youth Project

NCJFCJ
NATIONAL COUNCIL OF
JUVENILE AND FAMILY COURT JUDGES

UNIVERSITY OF
MONTANA



Community Ministries

Preparing for April's Child Abuse and Neglect Prevention Focus

Our Community Ministry partners at Parenting Place will join us for our April 7th Alms Sunday. While we may be familiar with their parenting classes, we will learn more about the various settings in which they are offered, as well as their work in training teachers, nonprofit staff, and business teams on Adverse Childhood Experiences (ACEs) awareness and ways that all can help to build resiliency through becoming more trauma-informed and -responsive. Their work translates in foundational ways for us who are bringing God's love alongside our neighbors, both young and older.

Our Diocese has invited a greater awareness of trauma and ways that we can reduce and prevent re-traumatization as we nurture resiliency in our congregations and communities. For the 2021 Diocesan Convention, Jessica Mayrer and I recorded eight modules of curriculum from the Linking Systems of Care Montana work. Modules two through eight help participants better understand the seven key principles

of trauma-informed care—physical and emotional safety; trustworthiness and transparency; peer support; collaboration and mutuality; empowerment, voice, and choice; equity for high-risk populations; and leadership, administrative support, and policies. Module one is a helpful onboarding tool, as it gives a brief overview of each principle while offering several “whys” for the value of awareness and action.

In preparation for April, I invite you to invest 75 minutes in Module one and the resources it introduces – you will find it and all the modules at the bottom of the Diocesan Training Videos page at <https://diomontana.com/training-videos/>. May this investment fuel the hope-filled Easter and prevention work each of us is called to, in April and every day.

– MOVING IN HOPE WITH YOU,
THE VEN. DORCIE KAFKA
DVARISHKIS
dorcied@gmail.com
406-542-2167 (church office)

Butterfly Grants are back!

Your Holy Spirit Social Concerns Committee seeks to broaden our impact by supporting causes embraced by our parishioners. Toward that end, we intend to once again fund small grants (up to \$300) and invite our parishioners to submit proposals using the brief application form found on the church website at www.holyspiritmissoula.org. Click on “Butterfly Grants” under the Ministries tab on the website. We look forward to learning about your outreach interests at the local, state, national, or international level.

Grant application deadlines are:

- March 1, 2024
- June 1, 2024
- September 1, 2024
- December 1, 2024

We will respond to your request within 30 days of the submission deadline.

– HOLY SPIRIT SOCIAL
CONCERNS COMMITTEE

Holy Spirit Giving Grants

We'll pay you to flutter your wings



You can help those in need.
And we'll help you!

HOLY SPIRIT BUTTERFLY GRANTS

Do you have an idea for an outreach project?
You can apply for a Butterfly Grant from the
Social Concerns Committee.

HOLY SPIRIT PARISH

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RETURN SERVICE REQUESTED



FROM
GENERATION
TO GENERATION...



2024 LENTEN SERIES

- Led by Zara Renander
- Meets March 2, 9 and 16
- 10-11:30 am in the Parish Hall
- Soup lunch served after the class