



Sermon Discussion Guide

October 26, 2025

Use this discussion guide with your small group or by yourself, to dig into the text and theme of Sunday's message.

Key Point: God redeems every part of our lives, even the tough stuff.

Life Sharing: (answer one)

1. Do you enjoy road trips? Why or why not?
2. What does your name mean? If you have children, why did you give them the names you gave them?

Transition / Open in prayer

3. What is one piece of advice that you have received or learned that can help people endure through difficult times?

Life Examination:

READ Ruth 1

4. What was going on in Israel during this period of the Judges? How did the posture of the nation affect individual families?
5. What was the outcome of the family's move to Moab?
6. How did the three women handle their realities? What made the difference in how they responded?
7. Why is Naomi's name change a big deal?

READ Psalm 103:1-10

8. What are some reasons, listed by David, for praising God?
9. What is the "pit" in verse 4?
10. What do we deserve because of our sin?

Life Application:

11. Do you think Elimelech made a good decision for his family? Why or why not?
12. Have you ever felt like God's hand was against you? How did you respond to that feeling or reality?
13. What are some ways a person can move through the feelings of emptiness and find hope again?
14. Of the benefits listed in Psalm 103, which ones are most helpful for you to hear today? Why those benefits?

Life Prayers: Pray for one another and ask God to help you fully embrace the ways He redeems your life.