



Sermon Discussion Guide

January 11, 2026

Use this discussion guide with your small group or by yourself, to dig into the text and theme of Sunday's message.

Key Point: Habits create our lives.

Life Sharing: (answer one)

1. What has been the best part of 2026 so far?
2. If you could ask God one question about the rest of 2026, what question would you ask?

Transition / Open in prayer

3. Review the Small Group Agreement/Covenant as a group. How do the values and group life principles create healthy relationships and an environment for spiritual growth?

Life Examination:

READ Psalm 1

4. What does the blessed person avoid? How does someone walk, stand, or sit with the wicked?
5. If the blessed person avoids these groups, how are we to be light and salt to a dying world?
6. What is the "water" that a blessed "tree" drinks in?
7. What is the "fruit" that a blessed "tree" produces?

READ Hebrews 10:19-27

8. What are the "Let us..." statements in this passage?
9. What allows us to draw near to God?
10. Why is it important for us to meet together?

Life Application:

11. Today, do you feel more like a rooted tree or wind-blown chaff?
12. What is a spiritual habit that can help a person "delight in the law of the Lord"?
13. How do thoughtful habits help us "hold unwaveringly to the hope we profess"?
14. Think about the week you are heading into or are in. How can you encourage people to love others and do good things this week?

Life Prayers: Pray for one another and ask God to move in and through your group times together over the next few months.