

in CHRIST

a 4-Week Journey Through EPHESIANS

Ephesians Devotional Reading Plan

The letter to the Ephesians is one of the richest and most encouraging writings in the New Testament. In just six chapters, the apostle Paul the Apostle explains who we are in Christ, what God has done for us, and how that truth transforms the way we live.

This reading plan intentionally slows the pace so you can read the book twice in four weeks. Repetition helps Scripture move from simply being words on a page to becoming truth that shapes your thinking and your life. As you read each day, try practicing these simple habits.

How to Get the Most Out of this Reading Plan

Rather than rushing through the reflections below, **create space this week to slow down and listen.**

This may look like journaling your thoughts, taking a quiet walk, sitting with your coffee in the morning, or simply pausing at the end of the day to reflect in God's presence.

You do not need to answer every question at once. Let them stay with you. Pay attention to what stirs, resists, or brings clarity. God often speaks in the unhurried moments.

1. Read the Passage More Than Once

Read the section **two or three times** if possible. The first reading helps you understand the passage. The second or third reading allows **important words, ideas, and connections** to stand out.

2. Highlight Words or Phrases That Stand Out

Pay attention to words that appear often or feel important. Examples to watch for in Ephesians:

"Grace" "In Christ / In Him" "Love" "Unity" "Walk" "New Self"

Repeated language often reveals **Paul's central message.**

3. Journal What You Notice

Write down simple reflections such as:

- "What does this passage teach me about **God**?"
- "What does it teach me about **who I am in Christ**?"
- "Is there something I should **believe, change, or practice**?"

Your journal doesn't need to be long—**even a few sentences can deepen your understanding.**

4. Pray the Scripture Back to God

Turn what you read into prayer. Example below:

"Lord, help me grasp how wide, long, high, and deep your love is. Fill me completely with your fullness, so that my life reflects your love and I live rooted and grounded in Christ."

Ephesians 3:18-19

5. Memory Scripture

Pick one verse or several to learn over the next four weeks. Here are some great places to start:

Identity in Christ
Ephesians 1:7

**God's Power
at Work in Us**
Ephesians 3:20

**Salvation
by Grace**
Ephesians 2:8-9

**Living Worthy
of Our Calling**
Ephesians 4:1

Walking in Love
Ephesians 5:2

4-Week Reading Plan

Day 1

Ephesians 1:1-14

Day 2

Ephesians 1:15-23

Day 3

Ephesians 2:1-10

Day 4

Ephesians 2:11-22

Day 5

Ephesians 3:1-13

Day 6

Ephesians 3:14-21

Day 7

Reflection and review

Focus Question:

*What has God done
for us in Christ?*

Day 8

Ephesians 4:1-16

Day 9

Ephesians 4:17-32

Day 10

Ephesians 5:1-14

Day 11

Ephesians 5:15-33

Day 12

Ephesians 6:1-9

Day 13

Ephesians 6:10-20

Day 14

Reflection and prayer

Focus Question:

*How should my life
change because I am
in Christ?*

Day 15

Ephesians 1:1-14

Day 16

Ephesians 1:15-23

Day 17

Ephesians 2:1-10

Day 18

Ephesians 2:11-22

Day 19

Ephesians 3:1-13

Day 20

Ephesians 3:14-21

Day 21

Reflection

Focus Question:

*What truths stand
out more clearly the
second time?*

Day 22

Ephesians 4:1-16

Day 23

Ephesians 4:17-32

Day 24

Ephesians 5:1-14

Day 25

Ephesians 5:15-33

Day 26

Ephesians 6:1-9

Day 27

Ephesians 6:10-20

Day 28

Final reflection & prayer

Focus Question:

*How is God inviting
me to live differently
because of this truth?*



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If you don't have your FREE Dwell account yet, you can get it here:

www.jacobswellchurch.church/dwell

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