

friend•ōl•ō•gy

n : the study of friendship

Week 3: Friendship for Every Season

Friendships evolve—and that’s not something to resist, but to embrace. The challenge isn’t that friendships change—it’s that we often expect them not to.

This devotional is an invitation to recognize the opportunities for connection all around you: peers, mentors, those you can invest in, and your church community.

Rich community doesn’t happen by accident —it happens on purpose.

Scripture Focus:

- **Colossians 3:12–13 & Philippians 2:19–20, 22**

Take time to do an honest inventory of the friendships in your life, entering into them with wisdom and grace.

1. The Friends That Never Left

Start by looking at who is already in your life. Some friendships don’t need to be replaced—they simply need to be re-engaged. Pay attention to those who have been steady and present; they may be your strongest foundation for meaningful connection.

Reflect:

- Who are 1–2 people that have been consistent in your life that you may be overlooking or underappreciating?
- If you already have 1–2 deeply connected friendships, how can you intentionally celebrate and invest in them?
- What is one simple step you could take this week to connect more deeply?

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2. A Resurrection of Sorts

Some friendships don't need to end—they need revival. Restoration requires mercy, kindness, humility, patience, and forgiveness. Healthy friendships aren't perfect—they are sustained by grace.

Reflect:

- Is there a relationship in your life that needs restoration?
- What has held you back from taking a step toward reconciliation?

3. Open Yourself to Multi-Generational Friendships

We weren't meant to do life in a single age group. Healthy community includes peers, mentors, and those we invest in. Relationships like Paul and Timothy show the power of shared growth, trust, and purpose across generations.

Reflect:

- Who is currently pouring into you? If no one, what step could you take to seek that out?
- Who are you intentionally investing in or mentoring?

4. Finding Your Community at Church

The church can't force friendships, but it can create space for them to grow. Meaningful connection often forms through shared purpose—especially when serving together. If you wait for community to come to you, you may miss it. Friendship requires intentionality.

Reflect:

- Are you currently more passive or intentional when it comes to building friendships?
- Where could you start serving or engaging to build more meaningful relationships?

