



DIFFERENT PRAYERS for DIFFERENT SEASONS

A MOTHER'S DAY DEVOTIONAL

SCRIPTURE

Rejoice in hope, be patient in tribulation, be constant in prayer. — Romans 12:12

The Lord is near to all who call on Him, to all who call on Him in truth. He fulfills the desire of those who fear Him; He also hears their cry and saves them. — Psalm 145:18–19

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. — Matthew 7:7–8

REFLECTION

There are seasons where prayer feels passionate and expectant. Maybe you prayed detailed, specific prayers over someone you loved before you even knew how the story would unfold. Looking back, you can see God's faithfulness woven through so many of those details. Like Hannah, those prayers were filled with longing, hope, and trust. She wept and poured out her soul before God, and He heard her (1 Samuel 1:10–11). Those early, specific prayers have a way of becoming the bedrock of everything we believe about His faithfulness.

Then come the everyday realities of life.

Prayer becomes less quiet and uninterrupted and more whispered through exhaustion, laundry, car rides, and late nights. Sometimes we borrow the prayers of others. Sometimes we return to the prayer Jesus taught His disciples: "Give us this day our daily bread" (Matthew 6:11). Like Daniel, who knelt three times a day as his custom — not because every prayer was profound, but because the rhythm sustained him (Daniel 6:10) — we learn that faithful and ordinary can be the same thing.

And then come seasons of crisis — moments when we don't even know what to pray.

In those seasons, prayer is not about finding the perfect words. It is about remaining in God's presence. Sometimes that looks like silence. Sometimes it is a breath prayer — "Lord, I am here" on the exhale, "You are near" on the inhale. Sometimes it is simply allowing others to carry us in prayer when we have no strength left.

Like David in the Psalms, we learn that honest prayer matters more than polished prayer. "My God, my God, why have you forsaken me?" (Psalm 22:1) — even that is prayer. Even Jesus, in the garden of Gethsemane, prayed not with strategy but with surrender: "Not my will, but yours be done" (Luke 22:42).

There is no single right way to pray for your children or the people you love.

God meets us in passionate prayers. He meets us in exhausted prayers. He meets us in silent prayers too. Prayer is not a performance — it is a presence. His nearness with us, and ours with Him, shaping us through every season.

CONTINUED

REFLECTIVE QUESTIONS

- 1. What season of prayer are you currently in — expectant, ordinary, or in crisis?
- 2. How has your prayer life changed through different seasons of life?
- 3. Is God inviting you to try a new rhythm or practice of prayer in this season?

PRAYER JOURNAL

Write a prayer for your current season:

Who are you carrying in prayer right now?

What is God inviting you into in this season?

