

A group of people and a dog are having a picnic in a park. A man in a floral shirt is standing and holding a white frisbee, while another man in a blue shirt and green shorts stands in the background. A group of people, including a woman in a red dress and a woman in a green shirt, are sitting on a picnic blanket. A large golden retriever is standing next to them. A wicker picnic basket is on the blanket. The scene is set under a large, leafy tree with a wooden fence in the background.

SUMMER IN PHILIPPIANS



7-WEEK READING PLAN

SUMMER IN PHILIPPIANS

This summer, we invite you into a slower rhythm with God's Word—a journey through the book of Philippians, one small section per day, repeated weekly over several weeks. The goal? Not speed, but saturation.

By returning to the same passages, we allow God's truth to move from our heads to our hearts—and into our habits.

Biblical meditation isn't about emptying your mind; it's about filling it with truth. The word meditate means to ponder, rehearse, and cultivate. Like slowly savoring food to draw out its flavor and nourishment, meditating on Scripture feeds and forms the soul.

How to Read Intentionally & Prayerfully

- **Create a Routine** — Set aside a consistent time and place each day to meet with God. Eliminate distractions and prepare your heart to engage with Scripture.
- **Slow Down** — Read aloud or listen carefully. Let the words linger.
- **Highlight What Stands Out** — A word, phrase, theme, or idea.
- **Linger with a Phrase** — When something strikes you, pause with it. Repeat it. Carry it with you through the day.
- **Read for Transformation, Not Just Information** — Ask yourself: What is God doing in me through this?

Daily Prayer Before Scripture Reading

Pray this simple prayer each day before you read:

"Lord, Let Your Word sink deep into my soul. Mold me, shape me, and transform me. Let these truths take root in my heart and blossom into love, wisdom, and faithful action. I am here to listen, to learn, and to be changed.

Speak, Lord—I'm ready to receive. Amen."

7 Weeks: June 15—August 2, 2025

Weekly Reading Plan through Philippians

WEEK 1

Sun, Jun 15	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jun 16	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jun 17	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jun 18	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jun 19	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jun 20	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jun 21	Philippians 4:2–23	<input type="checkbox"/>

WEEK 2

Sun, Jun 22	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jun 23	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jun 24	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jun 25	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jun 26	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jun 27	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jun 28	Philippians 4:2–23	<input type="checkbox"/>

WEEK 3

Sun, Jun 29	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jun 30	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jul 1	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jul 2	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jul 3	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jul 4	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jul 5	Philippians 4:2–23	<input type="checkbox"/>

WEEK 4

Sun, Jul 6	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jul 7	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jul 8	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jul 9	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jul 10	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jul 11	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jul 12	Philippians 4:2–23	<input type="checkbox"/>

WEEK 5

Sun, Jul 13	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jul 14	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jul 15	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jul 16	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jul 17	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jul 18	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jul 19	Philippians 4:2–23	<input type="checkbox"/>

WEEK 6

Sun, Jul 20	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jul 21	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jul 22	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jul 23	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jul 24	Philippians 3:1–11	<input type="checkbox"/>
Fri, Jul 25	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Jul 26	Philippians 4:2–23	<input type="checkbox"/>

WEEK 7

Sun, Jul 27	Philippians 1:1–11	<input type="checkbox"/>
Mon, Jul 28	Philippians 1:12–30	<input type="checkbox"/>
Tue, Jul 29	Philippians 2:1–11	<input type="checkbox"/>
Wed, Jul 30	Philippians 2:12–30	<input type="checkbox"/>
Thu, Jul 31	Philippians 3:1–11	<input type="checkbox"/>
Fri, Aug 1	Philippians 3:12–4:1	<input type="checkbox"/>
Sat, Aug 2	Philippians 4:2–23	<input type="checkbox"/>

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