

Bethany Lutheran School

Long Beach, CA

BEAR FACTS

Issue 20: Ian. 30, 2024

FROM THE PRINCIPAL

I read this the other day, and it really struck a chord with me. See if it does the same for you:

"Years ago I learned something from Brene' Brown that I still use every single day: When you get home to your spouse/kids/dog, etc.....

Before you open the door, put a smile on your face!

It doesn't matter how your day went. Or what you're doing next. Or if you're starving. For 30 seconds, at least pretend that you're elated to see them. Make them feel like you were looking forward to getting back home. After all, they're your favorite people in the whole world, I hope.

Now, I know what you're thinking: 'That seems like a cheesy, tiny thing, man. Hardly an earth-shattering revelation.' But your attitude sets the tone for the rest of the evening within 15 second of walking in the door. So really, it's not tiny at all. It's a huge deal. Because you come home every day. And the things do every day grind on you.

Taking your family to Disneyland is insignificant. Your kid's expensive birthday party will be forgotten within weeks.

Coming home? That's your whole life. Fix it. Start today." -Benjamin Holmgren

I don't know about you, but I feel convicted. :) And this is probably good advice for me each morning at school, too. "A cheerful heart is good medicine..." Proverbs 17:22a

COMING UP

- Jan. 30-Middle School Spotlight 6:30
- Feb. 5-16-Grades 2-8 MAP testing
- Feb. 6-K-2 Sparklers
- Feb. 7-Kindergarten Info Night
- Feb. 9-Middle School Dance
- **Feb. 11-**Trinity and Troubadour sing
- Feb. 12-Protect Young Eyes Digital Safety workshop for parents-6:30 PM
- Feb. 13-Orange Lutheran ArtFest
- Feb. 14-Valentine's Day Ash Wednesday
- Feb. 16- Minimum Day-Noon Dismissal
- Feb. 19-Presidents' Day-No School
- Feb. 27-PTL Meeting

Leading chapel this week:

Mr. Fink Parents, you are welcome to join us at 9:00 AM in the sanctuary.

Have a wonderful week, Dr. Fink



This month's offering is going to **The Military Project.**

to support chaplains and other military personnel in theaters of war and their families with prayers, encouragement, and items of support for both their body and, most especially, their life in Christ.

https://www.ctsfw.edu/military-project/



It's basketball season! JV (5th/6th grade boys) and Varsity (7th-8th grade boys and girls.)

Here's the *game schedule for the week...come and cheer on the Bears!

Jan. 30-Varsity at home vs. Shield of Faith

Jan. 31-JV away at Shield of Faith **Feb. 1-**Varsity Boys at home vs. Loving Savior

*Boys at 3:30, Girls at 4:30





How to Create a Tech-Ready Home: Embracing the Tension between Careful, Countercultural, and Confident

- Do you know what's better than any parental control?
- Do you know why your router is the most important digital device in your home?
- Do you understand the toxic trio?
- Do you know why TikTok is so intoxicating to young brains?

Get ready for a ton of practical tips, solutions, and ideas!





Formerly ShopWithScrip

The perfect match: Valentine's gifts and rebate earnings! Celebrate this Valentine's Day by using gift cards that spread love in more ways than one. Shop brands for supplies and gifts they'll love while you earn toward your fundraising goals. Plus, earn extra with many brands on bonus now through February 9.

Ruth Lopez, Scrip Coordinator rlopez@bethanylutheran.org 562-420-7783 ext. 58



Middle School Corner

During the month of February, the middle school students will be participating in a Change for Charity Contest. It's time to dig between the cushions on the couch and under the seats in the car to scrounge up all the loose change that can be found. (Bills are accepted too!) This is a class contest to see which grade level can raise the most and there will be prizes to celebrate.

The February offering and the money collected during this contest will be going to support Lutheran Church Charities Mission (LCC). Please use the link below to view a brief intro to LCC's ministry. Spoiler alert, last year we had a visit from Salome, one of their amazing comfort dogs!

https://vimeo.com/863198609



Monthly Awards

For January, we are recognizing students who are **connected to the serving** by willingly and graciously helping others. "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interest, but also to the interests of others." Phil. 2:3-4

We will hand out monthly award certificates after chapel tomorrow.

Congratulations to these students who **SERVE**:

Anna Huynh, Frankie Collelo, Blake Lee, Sienna Sheby, Nicholas Padilla, Nika Marshall, Samuel Salazar, Reenie Long, and Trevor Torres







Bethany Lutheran School Honor Roll and Principal's List 2nd Quarter, 2023-2024

Principal's List: 3.8 GPA minimum

Honor Roll

6th Grade

Madison Lott Noah Wegman Samuel Salazar Jacob Atkinson Nickolas Peralta

7th Grade

Olivia Alvarado Sofia Brown

8thGrade

Axel Simon Lauren Walsh Hailey Peralta Bryson Edwards Jianna Acebo Adam Vega

Principal's List

6th Grade

Ezra Anema**4.0 GPA
Ethan Lo**4.0 GPA
Eric Vega, Alex Cuizon, Samantha Baldwin,
Nixon Szych, Ethan Attia, Emilee Torres

7th Grade

Reenie Long**4.0 GPA
Daniella Martins**4.0 GPA
Jacob Murdock, Hailey Avila,
Robert DeFrance, Alexandria Mendoza,
Lily Marentez

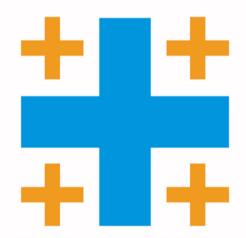
8th Grade

Anika Morgensen**4.0 GPA Ben Evans, Trevor Torres

Honor Roll: 3.5 GPA minimum

READERS CHOICE AWARDS

VOTE FOR US!



INSPIRING LIFE-LONG LEARNING

THE SCHOOLS OF BETHANY LUTHERAN

CULTIVATING CHRISTAN CHARACTER



It's time again to choose the **BEST!**We've made it easy for you!

Go online and vote January 5 through February 4

LBVotes.com

PRESS-TELEGRAM



BETHANY LUTHERAN SCHOOL

3 STEP Re-Registration 2024-2025

1

FEBRUARY

Confirm and update all family information in Gradelink

2

MARCH

Registration Fee charged - no tuition this month!

3

ANYTIME!

Refer a new family and get your Registration Fee credited back on December's tuition bill*

*one-time amount of \$315 only, max once per year

