

### **Bethany Lutheran School**

Long Beach, CA

**BEAR FACTS** 

Issue 21: Feb. 6, 2024

## **FROM THE PRINCIPAL**

My oldest child will be turning 30 this month. That's a little hard for me to fathom, to be honest!

When I think about navigating the challenges of parenting, I'm struck by how much MORE challenging it is for parents today than when my son was young, particularly when it comes to technology. Cell phones were just starting to be a "thing" when he was in middle school, so he didn't have one until 8th grade. Social media was just starting to be a "thing" when he was in high school.

That landscape has changed, and parents have SO MUCH MORE responsibility to guide their children in responsible use of tech, and protect them at the same time. The good news is that parents today also acknowledge that it's a terrible idea to hand your child a device and walk away without establishing safeguards, boundaries and rules.

We want to help you with that responsibility!

**PLEASE, PLEASE, PLEASE** come to our "Protect Young Eyes" event this coming Monday. We promise you will be empowered and encouraged, and you will leave with tools you can use right away. (We're even providing childcare!) RSVP here: <u>https://bit.ly/BLSTechReady</u>

> See you there! Dr. Fink

## **COMING UP**

- Feb. 5-16-Grades 2-8 MAP testing
- Feb. 6-K-2 Sparklers
- Feb. 7-Kindergarten Info Night
- Feb. 9-Middle School Dance
- Feb. 11-Trinity and Troubadour sing
- Feb. 12-Protect Young Eyes Digital Safety workshop for parents-6:30 PM
- Feb. 13-Orange Lutheran ArtFest
- Feb. 14-Valentine's Day Ash Wednesday
- Feb. 16- Minimum Day-Noon Dismissal
- Feb. 19-Presidents' Day-No School
- Feb. 27-PTL Meeting

### Leading chapel this week: 4th Grade

Parents, you are welcome to join us at 9:00 AM in the sanctuary.



This month we are working with all the other Lutheran schools in our district to support the Comfort Dog Ministry. Our project, called "Be There With Me," will support the work of

sending comfort dog teams to be present with those who are hurting after a natural disaster or national tragedy.

It costs \$300 per day for each comfort dog team which includes travel and lodging. Our district goal is to raise \$30,000 to provide 300 days of comfort!



## Sports

It's basketball season! JV (5th/6th grade boys) and Varsity (7th-8th grade boys and girls.)

Here's the \*game schedule for the week...come and cheer on the Bears!

TODAY'S GAMES ARE CANCELLED. Feb. 7-JV Boys at Emmaus Feb. 8-V Girls at Mt. Calvary

\*Boys at 3:30, Girls at 4:30





How to Create a Tech-Ready Home: Embracing the Tension between Careful, Countercultural, and Confident

- Do you know what's better than any parental control?
- Do you know why your router is the most important digital device in your home?
- Do you understand the toxic trio?
- Do you know why TikTok is so intoxicating to young brains?

Get ready for a ton of practical tips, solutions, and ideas!





Cooks Night Out It's back!



Join us at Deli News Pizza on Thursday, 2/8...don't forget t show your flyer!





#### Formerly ShopWithScrip

Did you know that February 17 is Random Acts of Kindness Day? We could all use a little more kindness! Try spreading some joy and kindness by surprising someone with a gift card for coffee or a special treat. Coffee Bean is on bonus for 13%. Valentine's Day is just around the corner - it's a great time to use gift cards for shopping and gifting. Super Bowl is this weekend! Use gift cards to shop for all your Super Bowl party needs! Buffalo Wild Wings is on bonus at 12%, Total Wine 10%, Grubhub 7%. Chiefs vs 49ers - who will you root for !?

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## **Middle School Corner**

### **Dates and Events on the Horizon**

- 2/7 MAP Testing
- 2/9 Middle School Dance
- 2/12 Protect Young Eyes (please plan to attend!)
- 2/14 MAP Testing
- 2/16 Curiosity Fair Board Due
- 2/21 MAP Testing
- 2/22 Field Trip to La Mirada Theatre
- 2/23 Curiosity Fair Reflection Due
- 3/8 Curiosity Fair (see you there!)



He provides rain for the earth; he sends water on the countryside. Job 5:10

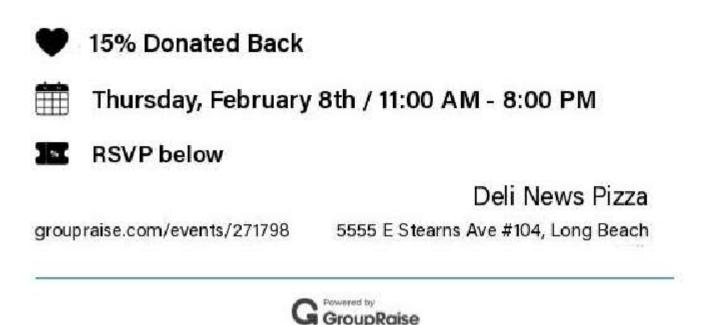


# Long Beach!



## Eat to support Bethany Lutheran School





## BETHANY LUTHERAN SCHOOL 3 STEP Performance 2024-2025

#### FEBRUARY

Confirm and update all family information in Gradelink

### MARCH

Registration Fee charged - no tuition this month!

### ANYTIME!

Refer a new family and get your Registration Fee credited back on December's tuition bill\*

\*one-time amount of \$315 only, max once per year

# Bethany Lutheran Church Presents THE Brianna Essencin MENGRIAL GOLF TOURNAMENT

FRIDAY, MARCH 22, 2024 || 8:00 AM The Navy Golf Course

NEW VENUE!

EARLIER TIME!



APROX - NOVA

