



BEAR FACTS

Issue 6: Sept. 30, 2025

FROM THE PRINCIPAL

This past weekend I was in a Bible study focused on James 1, specifically the verse, "Be quick to listen, slow to speak and slow to become angry." That ancient advice from the Lord is still great advice for today, don't you think?

I don't know about you, but when I'm dealing with people (both big and little!) I'm fairly quick to offer opinions and advice rather than just listen. Sometimes people talk with us because they need to process something with their lips and they're only looking for a listening ear. They're not necessarily looking for an answer.

I think this is great prayer advice, too. Sometimes we're so quick to spend all our time talking *at* our Heavenly Father instead of *with* Him. Talking *with* someone involves a fair amount of listening, too. And we have to be listening if we want to hear that still, small voice.

I've published this poem before...it's a great reminder of the importance of being quick to listen and slow to speak!

"A wise old owl lived in an oak.
The more he saw, the less he spoke.
The less he spoke, the more he heard.
Why can't we be like that wise old bird?"

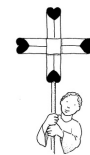
Blessings on your week!

Dr. Fink

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COMING UP

- **Sept. 30**-Staff vs. Students Volleyball game!
- **Oct. 1**-Football away at St. Mark's
- **Oct. 2**-Private High School Fair
6:30 PM
- **Oct. 5**-Trinity sings 8:00
Troubadour sings 9:30
- **Oct. 6**-SEEDS Virtual Parent Night
- **Oct. 6-8** 6th Grade Camp
- **Oct. 6-10**-Neurodiversity Week
- **Oct. 8**-Cook's Night Out-Round Robin Pizza
- **Oct. 17**-NED Show assembly
- **Oct. 17**-Middle School Dance
- **Oct. 19**-K-2 sings 9:30 AM
- **Oct. 20**-Photo Make-up Day
- **Oct. 24**-End Quarter 1



Leading chapel this week:

Mr. Brege

Parents, you are welcome to join us
in the church at 9:00 AM.

Our chapel offerings for the month
of October will go to Mission India.



RaiseRight™

Formerly ShopWithScrip

Get ready for Bonus Fest! Earn big with 4 weekends of 3-day bonuses up to 23%. Shop new bonuses every weekend in October. Earn more on everyday expenses or get a jumpstart on holiday gifting - plus enter to win a \$100 gift card every weekend.

Things to know:

- Bonuses start at 12am ET Friday and end at 11:59pm ET Sunday
- Offers will be announced each Friday via email and on Facebook
- Every purchase from our weekly featured brand earns you an entry to win a \$100 gift card. Featured brands DSW (Oct. 3-5), JCPenney (Oct. 10-12), Total Wine & More (Oct. 17 - 19), GAP (Oct. 24-26)

Travel bonuses on now! Shop 20+ bonuses for additional earnings on flights, hotels, auto maintenance and more. Travel bonuses end 10/3/25.

Veterans Day Letters

Bethany Lutheran School looks forward to thanking veterans for their service and appreciates your help in advance! We hope to thank as many veterans as possible for their service by sending a package of thank you cards to them by mail. The goal is for the package of student-created thank you cards to arrive just before the Veterans Day holiday.

Important Note In order to keep the list as accurate as possible, we are collecting names/addresses yearly. If you submitted a veteran in previous years, please submit them again. We will only be mailing to those on the 2025 list.

Please complete this form for one veteran at a time.

Please complete this form no later than Friday, October 24th, 2025.

Please reach out to Mrs. Carrie Evans at cevans@bethanylutheran.org with any questions.

Last year, over 80 envelopes full of thank you notes were mailed around the U.S.A. We hope to do that again! Thank you for your help!

Sports Schedule



Tuesday, 9/30-

Volleyball: Staff vs. Students!

Wednesday, 10/1-

Football: Away at St. Mark's

Thursday's Volleyball games have been rescheduled...check with coaches.

JOG-A-THON



It's time to start getting sponsors for our biggest fundraiser of the year! The Jog-a-thon supports student camp fees, transportation, PTL events, campus improvements, teacher discretionary funds, and SO MUCH MORE! Our goal this year is \$100 per student! You can set up your child's Pledgestar page by visiting: <https://pledgestar.com/bethany>.

We also need LOTS of volunteers for the Jog-a-thon (a great way to earn FISH hours!) Sign up here: <https://signup.com/go/gMjpFfV>



Middle School Corner

A glimpse into the middle school curriculum:

8th Grade

History: Early Colonial America

English: Using the MLA research writing process to write about superheroes and villains

Math: Linear Equations and Linear Relationships

Science: Using SI measurements, and how to spot the difference between speed and velocity. Guest appearance by Vector from Despicable Me...

Literature: Reading short stories to discuss elements of literature.

Spanish: Acquisition of the Spanish language through comprehensible input. Spanish-speaking countries' culture and traditions.

Spiritual Formation: The Tower of Babel

7th Grade

History: Early Christianity and the Byzantine Empire

English: Procedural Writing with a focus on onomatopoeia word choices

Math: Proportional Relationships

Science: Wrapping up our section on fish & reptiles- moving on to life cycles of the cell.

Literature: The Lion, the Witch, and the Wardrobe by C.S. Lewis

Spanish: Acquisition of the Spanish language through comprehensible input. Spanish-speaking countries' culture and traditions.

Spiritual Formation: The Flood

6th Grade

History: Mesopotamian Empires

English: Procedural Writing with a focus on creativity

Math: Dividing Fractions and Statistics

Science: Cartography and the science of maps - we will be making our own topographic maps and then moving our focus onto the landforms of California.

Literature: The Lion, the Witch, and the Wardrobe by C.S. Lewis

Spanish: Acquisition of the Spanish language through comprehensible input. Spanish-speaking countries' culture and traditions.

Spiritual Formation: The Birth of Isaac

Parent Volunteer Opportunities

Two great opportunities to volunteer and take care of some FISH Hours!

Help with the Jog-a-thon on Oct. 12! Sign up here: <https://signup.com/go/gMJpFfV>

Help with Trunk-or-Treat OR host a trunk for the event! Sign up here: <https://signup.com/go/uupqMRX>

LONG BEACH STATE VS. UC SANTA BARBARA

VOLLEYBALL FUNDRAISER

OCTOBER 3, 2025 @ 7PM



**JOIN US FOR A NIGHT OF COLLEGE VOLLEYBALL
AND CHEER ON YOUR BETHANY VOLLEYBALL PLAYERS
AS THEY TAKE CENTER COURT FOR THE
NATIONAL ANTHEM!**

GET YOUR TICKETS TODAY!

\$3 of every ticket sold goes to Bethany's volleyball program.

PRIVATE HIGH SCHOOL ADMISSIONS FAIR

Thursday, October 2 - 6:30PM - Bethany Lutheran School
5100 Arbor Rd., Long Beach, CA 90808 562.420.7783

A community event to connect middle school
families with Admissions representatives from
LA and OC private high schools



ORANGE
LUTHERAN
HIGH SCHOOL



ROSARY
ACADEMY



Parent Education Night

GUIDING KIDS TOWARD A HEALTHY IDENTITY



Join us for a powerful Virtual Parent Night with **Dr. Nancy Nguyen** from Concordia University Irvine's Townsend Institute. In a world pulling kids in every direction, Dr. Nguyen will guide parents through the crucial journey of identity formation—equipping you to nurture your child's self-worth, values, and faith from a biblically grounded perspective. Don't miss this opportunity to anchor your parenting in truth and grace.

**JOIN US AT 7PM ON
TUESDAY, OCTOBER 7**

Guest Speaker

Nancy Hiêu Nguyễn, PhD., LMFT is an assistant professor in the Clinical Mental Health Counseling department at Concordia University Irvine. She researches and teaches about counseling youth and their families. She is a Licensed Marriage and Family Therapist and has a virtual private practice in Orange County California, that focuses on providing culturally responsive treatment to youth, couples and families.



VIRTUAL EVENT



SCAN TO REGISTER



seedstherapy.org



JOIN US
OCTOBER 26TH
AT BETHANY LUTHERAN

MUSIC PERFORMANCE BY: LADYHOSEN

DRINKS

MUSIC

FOOD

FAMILY FUN

ORDER OF **EVENTS**

**TRUNK
OR
TREAT**

4 - 5 PM

JOIN US IN THE PARKING LOT FOR OUR ANNUAL TRUNK OR TREAT! ADMISSION IS 1 BAG OF CANDY + 1 CANNED FOOD ITEM. WANT TO HOST A TRUNK? [SIGN UP HERE.](#)

**FOOD IS
SERVED**

4:30 - 6:30 PM

MEET US ON THE FIELD FOR A TRADITIONAL GERMAN FEAST WITH ALL THE TRIMMINGS. USE THE QR CODE TO ORDER FOOD & DRINKS!

**OKTO-
FEST**

4 - 7 PM

THE FUN CONTINUES UNDER THE TENT WITH OKTO-BEAR-FEST: LIVE MUSIC, GOOD FOOD, AND PLENTY OF FUN & FELLOWSHIP FOR THE ENTIRE FAMILY!

**SCAN TO REGISTER
AND ORDER FOOD +
DRINKS BY OCT. 21**



**4 PM -
7 PM**



Bethany Lutheran Family Ministries:
“FALL-OWING JESUS”
Pumpkin Decorating Gathering

05
OCT

11:00 AM

BETHANY LUTHERAN
GYM

Pumpkin Decorating - Snacks - Devotion - Fellowship

Sign up to come!

<https://bit.ly/PumpkinDecorating25>

**Registration closes on
Wednesday, October 1st.**

Questions?

Ask Alissa at abrege@bethanylutheran.org

