



BEAR FACTS

Issue 21: February 3, 2026

FROM THE PRINCIPAL

Did you know that we have 24 students taking piano lessons here after school in our music academy? (And three taking trumpet lessons!) I love it! Music is SO important, and such a gift from God. That's why we have music classes for all ages, and why it is a such a huge part of our Bethany culture!

I read a post recently about the benefits of piano lessons in particular:

Improved cognitive skills: Piano playing can enhance memory, concentration, and spatial reasoning.

Enhanced creativity: Music education can foster creativity and self-expression.

Better academic performance: Studies suggest that music education can improve academic performance, particularly in math and reading

Developed fine motor skills: Piano playing can improve hand-eye coordination and fine motor skills.

Boosted confidence: Learning to play the piano can build confidence and self-esteem.

Emotional intelligence: Music education can help children develop emotional intelligence and empathy.

Stress relief: Playing the piano can be a healthy outlet for stress and anxiety.

Cultural enrichment: Piano playing can introduce children to different cultures and musical styles.

Musical foundation: Learning piano at a young age can provide a strong foundation for future musical endeavors.

Discipline and perseverance: Piano study can teach the value of discipline and perseverance.

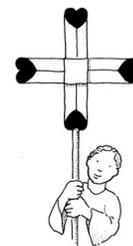
Lifelong enjoyment: Playing the piano can be a lifelong hobby and source of enjoyment.

Making a joyful noise (with music)!
Dr. Fink

P.S. An alum family has a FREE PIANO available to any family who wants it. Contact me if you're interested!

COMING UP

- **Feb. 2-12** MAP Testing
- **Feb. 11**-Kindergarten Info Night-6:30
- **Feb. 13/16** Presidents Day Holidays
- **Feb. 18**-Ash Wednesday
- **Feb. 20**- Middle School Musical!
- **Feb. 24**-PTL Meeting
- **Mar. 6**-Open House/Science Fair
- **Mar. 8**-Daylight Savings Time
- **Mar. 11**-A Cappella Concert
- **Mar. 17**-Battle of the Books
- **Mar. 20**-End Quarter 3



Leading chapel this week:

Miss Root

Parents, you are welcome to join us at 9:00 AM in the church.

Our chapel offerings this month will go to Phil's Friends.



RaiseRight™

Plan ahead for Valentine's Day and make your purchases count! Use Scrip for Hallmark, 1-800-Flowers, See's Candies, Bath and Body Works, Total Wine & More, Spa Finder and so much more! Whether you are getting gifts for your spouse, other family members and friends or going out to celebrate, use Scrip for your Valentine's Day spending. Like to get crafty and make your own Valentines?? Consider Michaels, Target or Walmart gift cards to get your supplies!

Don't forget to check out the Valentine's Day bonuses. Use the Valentine's Day category link provided to get inspired!

- Online shopping bonuses: Jan 30 - Feb 6
- Gift card bonuses: Jan 31 - Feb 14

<https://www.raiseright.com/shop/category/72>

Middle School Corner

Parents, we are grateful for your partnership and hope the following list of recommended books (for adults) from Bethany's faculty and staff is a blessing to you as we navigate 2026 and beyond!

- [Unveiling Mercy: 365 Daily Devotions Based on Insights from Old Testament Hebrew](#) by Chad Bird
- [The Anxious Generation: How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness](#) By Jonathan Haidt
- [ADHD is Awesome: A Guide To \(Mostly\) Thriving With ADHD](#) by Penn and Kim Holderness
- [Queen Bees and Wannabes, 3rd Edition: Helping Your Daughter Survive Cliques, Gossip, Boys, and the New Realities of Girl World](#) by Rosalind Wiseman
- [Conquer Your Negative Thoughts: The Secret to Emotional Freedom and Happiness](#) by Daniel G. Amen, M.D.
- [The Spiritually Vibrant Home: The Power of Messy Prayers, Loud Tables, and Open Doors](#) by Don Everts
- [Middle School: The Inside Story](#) by Cynthia Tobias and Sue Acuna

BASKETBALL GAMES

Tuesday, 2/3, Varsity home vs. Shield of Faith
Wednesday, 2/4-JV away vs. St. Marks, Hacienda Heights
Thursday, 2/5-Varsity away vs. St. Marks, Hacienda Heights
Tuesday, 2/10-Varsity away vs. Mt. Calvary, Diamond Bar

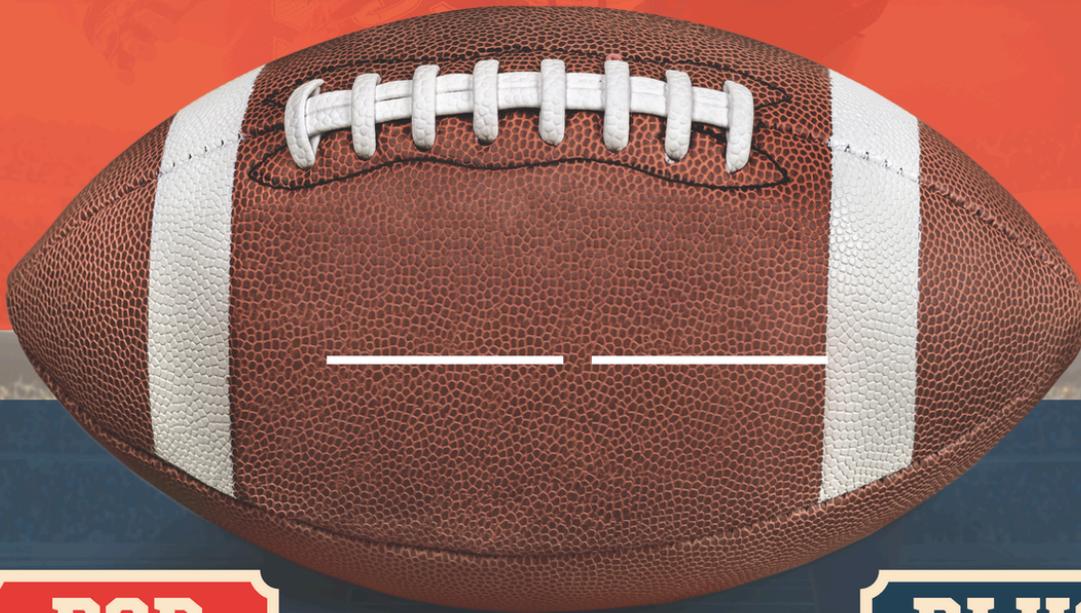




SUPERBOWL SUNDAY



LUNCH TO-GO



**Red
Team**

VS

**Blue
Team**

Skip cooking and support our high school youth! Order a grab-and-go sub lunch with optional game-day add-ons. Pickup is Super Bowl Sunday, Feb. 8, with subs prepared fresh on Feb. 7.

**PICKUP FEB 8 | ORDERS CLOSE
FEB 4 AT MIDNIGHT**

**SCAN HERE FOR
THE ORDER FORM**



CONTACT KAYLEIGH LOPEZ WITH ??'S

BETHANY LUTHERAN CHURCH'S ANNUAL

BRIANNA ESSWEIN MEMORIAL GOLF TOURNAMENT



FRIDAY
MARCH 27



6:30 AM *CHECK IN*
7:45 AM *IN CARTS!*
8 AM *TEE TIME*
1 PM *BUFFET LUNCH*



NAVY GOLF COURSE
CYPRESS, CA



\$150 PER GOLFER
UNTIL MARCH 2ND



PROCEEDS HELP
SUPPORT THE VARIOUS
MINISTRIES HERE AT
BETHANY, INCLUDING:
*MISSION WORK, THE 2028
LCMS YOUTH GATHERING,
STUDENT SUCCESS, AND
THE STUDENT
SCHOLARSHIP FUND.*

SCAN HERE



**DON'T HAVE A FULL
FOURSOME?
NO PROBLEM!
INDIVIDUAL GOLFERS
AND TWOSOMES WILL
BE PAIRED.**



Contact Karl Fink kfink@bethanylutheran.org