

POTTY ASSISTING PLAN

Potty training is a God-given part of each child's growth. Since every child develops at their own pace, ***the process may differ between home and school.*** Consistency, open communication, and shared expectations are key. With patience, encouragement, and Christ-like love, we ***partner*** with families to help children build confidence and independence. *Before sending your child to school in only underwear during this stage, please discuss it with the teacher and school staff beforehand to ensure it aligns with classroom readiness and routines.* Let's work together to make this a successful journey!

Readiness Indicators

Children are likely ready to begin potty training when they show several of the following signs:

- Can dress and undress themselves
- Verbally communicates to parents/preschool staff
 - interest in using the toilet
 - they've soiled themselves
 - they need to go before they have to go
- Can follow simple directions
- Remains dry for at least 2 hours at a time during the day
- Has regular and predictable bowel movements
- Hides or moves to a private space when having a bowel movement
- Can wipe themselves from front to back (we do not use flushable wipes at school)
- Can wait briefly for a turn to use the bathroom



Please note: At school, teachers care for 12-14 children and may not be able to recognize every cue as quickly as at home. A child must be ready to actively verbalize to use the bathroom.

Potty Training at School

Teachers and caregivers provide gentle guidance and support, emphasizing independence while making the experience positive and stress-free.

Our Routine Includes:

- Incorporating regular bathroom visits into the daily schedule
- Guiding children through the full potty process:
 - Enter restroom
 - Pull bottoms down or dress up
 - Use toilet
 - Wipe
 - Pull bottoms up
 - Flush
 - Wash hands
- Using anatomically correct terms
- Offering praise and encouragement for each step successfully completed
- Never forcing a child to sit on the potty or stay for extended periods—our goal is to avoid power struggles or negative associations



Supporting a child as needed, especially in early stages, while fostering increasing independence

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Clothing Requirements

Proper attire is essential for potty training success. Please dress your child in clothing that is easy for them to manage independently.

Recommended:

- Loose, comfortable clothing (avoid overalls, bodysuits, rompers, or tight garments)
- Elastic waistbands
- Natives/Crocs or other shoes that are easy to slip on and off
- Underwear (not training pants) once verbal communication is mastered

Each child must have at least 2–3 complete changes of clothes at school, including socks and shoes. If your child has more than 2 accidents in a day or runs out of clean clothes, they will be placed in a Pull-Up (NOT Easy-Ups) for the rest of the day.

Accidents

Accidents are a normal part of the learning process. Teachers remain positive and reassuring and will help the child clean up.

- Soiled clothes will be placed in a plastic bag and sent home for laundering
- Bowel accident bedding will be sent home for laundering
- Please replenish your child's extra clothing and Pull-Ups (NOT Easy-Ups) as requested

Potty Training at Home

- Children need to use a standard toilet to remain consistent with the school environment
- Once you decide to start training, stay consistent. Starting and stopping can delay progress
- Practice key skills at home: dressing and undressing, wiping, flushing, handwashing
- Encourage your child to try using the toilet independently and praise their efforts
- Reinforce bathroom language and expectations
- Communicate regularly with teachers to ensure a consistent approach

Definition of “Potty Trained” at School

A child is considered potty trained at school when they can:

- Tell a teacher they need to go before they have to go
- Wait briefly if the bathroom is occupied
- Pull pants and underwear down and back up independently
- Wipe themselves from front to back
- Manage all steps of the process

Due to staff ratios and limited facilities, children must be fully toilet trained before advancing to the next classroom. **If readiness is not met, we may be unable to offer continued placement in the next class.**

