



The Clarion

April

2025

Vol. 39, Issue 4

WELCOME TO
CLAIREMONT LUTHERAN/IGLESIA LUTERANA



Worship Services
Sundays at 9:30 (English)
Domingos at 11:30 (Español)

Easter Week Services / Servicios de Pascua



17 April / abril – bilingual Maundy Thursday service at 7 p.m.
servicio bilingüe de Jueves Santo a las 7 p.m.

18 April / abril – noon: Good Friday service in English
servicio de Viernes Santo al mediodía en inglés.

Servicio bilingüe de Viernes Santo a las 7 p.m.
bilingual Good Friday service at 7 p.m.



20 April / abril – Easter Sunday service at 9:30 a.m in English
Servicio del Domingo de Pascua a las 9:30 a.m. en inglés

Servicio del Domingo de Resurrección a las 11:30 a.m.
en español Easter Sunday service at 11:30 in Spanish



Senior Pastor: Manuel Borbon

Cell: 971-533-5874

Pastor.manuel@clairemontlc.org

Associate Pastor: Elena Enriquez

Cell: 858-248-7898

iglesialuterana@clairemontlc.org

Church Office: Tanya Buchanan

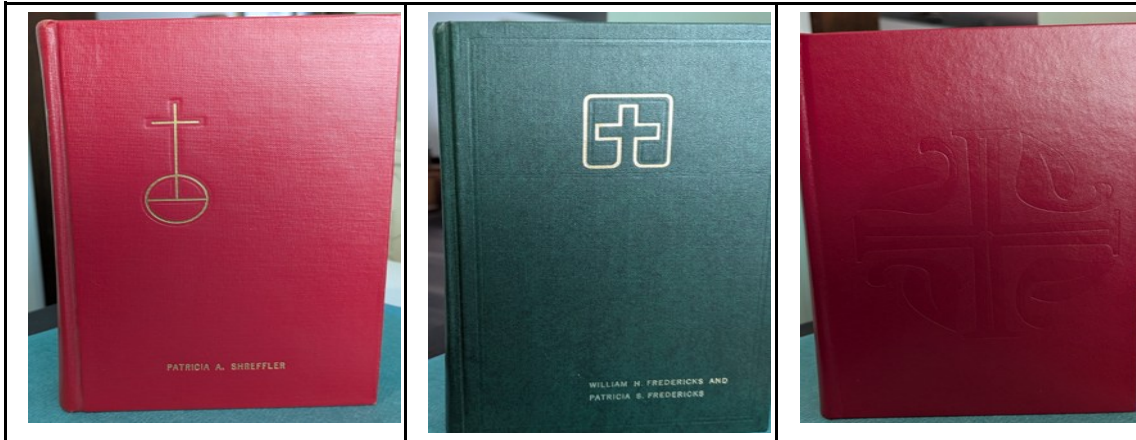
Office: 858-273-7423

clc@clairemontlc.org

THE CRANBERRY BOOK

In our home we have three Lutheran Books of Worship:

1. Service Book and Hymnal © 1958 That Pat had years before we were married.
2. Lutheran Book of Worship © 1978 That Pat and I bought when CLC adopted it.
3. Evangelical Lutheran Worship © 2006 That CLC/ILC adopted in English and Spanish.



Inside the cover of the **Red** Book is a paper with a six stanza prayer written by Pat for her catechism (she tells me; with help from her Mother). 1. *Almighty and most merciful Father from whom comes every perfect gift.* 2. *Dear Lord, thank you for the beautiful world and my parents, for churches and for wonders of the world.* 3. *Dear Lord, forgive my sins.* 4. *Lord I hope to become a forest man and I can worship in a church.* 5. *I hope that everyone gets a good job in the world and a family and is happy.* 6. *Lord who liveth and reineth with one God, world without end. Amen.*

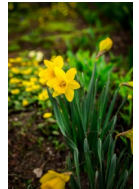
One thing of note that stands out in my memory about the **Green** Book is when Associate Pastor Gene Holtz (on a Sunday morning between services) introduced it to the congregation. One very important thing he told us is that making the sign of the Cross is very Lutheran. Some of us continue to cross ourselves during personal devotion and congregational worship.

In early 2020 along came COVID-19 and attending church changed radically. Everything was on YouTube with just a few people producing the Sunday morning service. Communion was offered after the service (weather permitting) by drive through in the parking lot. Books of Worship (the **Cranberry** Books) were put away until a healthier time. When the sanctuary was reopened for services many practices of the COVID closing remained. Among these practices, the **Cranberry** books were left unused and forgotten in the pew book racks.

Now is the time to bring the **Cranberry** Worship Books back out of the pew racks and put them to use again. As we do so, let us know your feelings about, "getting back to normalcy."

Bill Fredericks

EASTER IN THE HORIZON



As the vibrant hues of spring begin to emerge, the anticipation of Easter fills the air with a sense of renewal and joy. It's the perfect time to dive into the festivities that come with this cherished holiday! From the delightful scent of freshly baked hot cross buns wafting through the kitchen to the excitement of decorating eggs in a rainbow of colors, Easter preparations are a wonderful way to bring family and friends together.



Engage your loved ones in crafting unique decorations that can adorn your home, transforming it into a warm and welcoming space that celebrates new beginnings. And let's not forget about planning effective activities, like an Easter egg hunt in the backyard, where laughter and joy ripple through the air as children discover hidden treasures.

Amid all the joyful chaos, it's also essential to take a moment to reflect on the true spirit of Easter. Beyond the candy and festivities lies a powerful message of hope and resurrection. Encourage your family to participate in meaningful traditions, such as attending a special church service or volunteering for a local charity. These acts of kindness not only warm the heart but also embody the Easter spirit of giving and love.

So, as you prepare for this joyous season, remember to sprinkle some fun into your activities while keeping the essence of Easter alive in your hearts. Let this Easter be a time of both laughter and reflection, uniting us all in the joyous celebration of life and hope!



Pastor Manuel

EYEGLOSS DONATIONS

The Women of the ELCA continue to collect eyeglasses, readers, sunglasses (both regular and prescription), and cases for the Lions Optometric Vision Clinic (LOVC) of San Diego. There are two collection baskets; one in the office and another in the narthex (by the WELCA bulletin board).



If you or anyone you know is struggling to pay for glasses, you can contact LOVC to see if you qualify for their low cost services. Their phone number and days/hours of operation are: 619-298-5273; Monday thru Friday 9 a.m.–1 p.m. Thank you for your continued support for this clinic that provides low cost vision care to San Diegans who need it.

CARING MAKES A DIFFERENCE

By Gary Jaus

Many of you know that caring for others can make you feel good. Maybe not right in the moment, when you're knee deep in some unpleasant task, but afterwards when you see that you've made someone's life a little easier or better.

I recently had the pleasure of working for more than a month with Lee Hintz, Harriet Morris, Aida, (the First Lady) and Norma Aguilar, the realtor who previously helped the church sell the two duplexes. We were working to help one of our church families sell their home. The five of us became a team as we helped get our congregants' house ready to sell. We cleaned out closets, moved heavy furniture, painted walls, transported some of the owner's furniture to their new residence and extensively researched and marked prices on the items the owners wanted to sell during a garage sale. Norma, the realtor reached out to her numerous real-estate contacts to facilitate getting rid of junk and landscape the property to increase its curb appeal.

It wasn't all manual labor and heavy lifting. We took breaks, shared conversations, and bought each other lunches. During our breaks we talked and realized we all felt good about helping the owners and what we were doing with each other. As a team we became quite close. When we finished, Norma took us all out to lunch to celebrate the successful sale of the owners' home.

After reflecting on our positive experiences, I realized our team had come together by word of mouth. Harriet Morris first alerted me of the need to help the owners and I reached out to Norma, Lee and my wife. It occurred to me that here at CLC/IL we could intentionally create a similar team, a team I would like to call "*The Care Team*."

I brought up the idea in a council meeting and it was well received with a few caveats of caution. My main point to the council was that this team of 8 to 10 people could assist congregants with needs that might be difficult for them to do. Tasks like driving someone to a doctor's appointment, periodically helping them with meals, helping them organize their bills, helping them understand their computer, finding them a professional for electrical work, plumbing, HVAC needs, or helping them find legal assistance. Collectively, we all know that visiting shut-ins or people living alone can give them a huge lift from feeling lonely or forgotten. That could also be part of what the Care Team does. But having a garage cleaned out or the grass cut, or the house vacuumed can also lift a person's spirits. My list is neither comprehensive nor set in stone and it's open for further thought and discussion.

The congregation of CLC/ILC has always demonstrated compassion and caring for our members, but it has also been somewhat random. Many of you visit shut-ins, bring communion to people who can't get to church, or as Stephen Ministers



Church Business

December, January, February



Financial Report 2024-2025						
Income				Expenses		
	Actual	Budget	Difference	Actual	Budget	Difference
Dec 2024	\$56,026	\$23,750	\$32,276	\$66,253	\$40,813	-\$25,440
Jan-Feb 2025	\$76,528	\$87,479	-\$10,951	\$109,009	\$127,020	\$18,011
Jan-February	net income	-\$32,482		2025 YTD Net income	-\$32,482	

Caring — Continued From Page 3

and your caring enriches the lives of those you meet.

I'd like to develop a care team that is intentional, organized and structured. I plan to have a meeting shortly after Easter to further develop this idea. If you are interested or have concerns, please reach out to me and share your thoughts. And to everyone who cares and shares in big and small ways every day. Thank you.



May 2025

CLARION DEADLINE

Sunday, April 20 @ 4 p.m.

harrietmorris@cox.net

Calling all Bunco players!

When: 2nd Friday every month.

Where: Narthex

Time: 1:00 p.m.



\$5.00 Donation for charity and prizes.

All are welcome.

April 11 at 1:00 p.m.

WELCA BULLETIN BOARD

Please check out the WELCA bulletin board in the narthex at least once a month. You will see information about church events, updates and general information about CLC/IL along with what is happening with Women of the ELCA (WELCA).

If you have any questions or comments, please contact Janet Wood at janmich6@aol.com or call/text at 858-334-8017.

April 2025 “Faithfulness in these days”

by Denise Rector

Session Four: Faith Risks: Jairus and the Faithful Woman

When both Jairus and the woman who is bleeding reach out in their pain and disappointment, Jesus meets them with compassion. Jesus is present in our actions as well, when our listening and grace make us stand out from the world around us

Focus Verses: Mark 5:21-43



ALL are invited to attend one of the *Gather* Bible Study's.

Ruth Bible Study: Thursday, April 10 at 10:00 a.m. in Room 1.
Bible Study Leader is Janet Wood.

Patience Bible Study: Monday, April 14 at 12:30 p.m. in Room 4.

**DO YOU KNOW WHAT HAPPENS
EVERY FRIDAY AT OUR CHURCH?**

From 8 a.m. to 12 p.m. at CLC/ILC every Friday, there is a Food Bank Distribution. About 80 families receive a box of food weekly. That's 320 families a month or 3,840 families a year!

This Food Distribution was started by Arlene Johnson over 25 years ago as an offshoot of Sandwich Ministries. It was started long before COVID and while many Food Distributions were started during COVID on a weekly basis, many are now monthly.

For this to happen, food is recovered from Trader Joe's three times a week and once a week from the San Diego Food Bank. Also, weekly we receive food from Kentucky Fried Chicken.



Food Distribution—Continued on Page 7

GROUND RULES FOR FACILITATING A MEETING OR STUDY

by Janet Wood

Ground rules are useful because they are essentially neutral. Rather than dictate them, have a discussion beforehand so everyone has an opportunity to agree on the rules (for groups that meet often, this has to be done only once.) Afterwards, post the ground rules or give everyone a copy so there isn't any misunderstandings. Then, the facilitator, or anyone else in the meeting can simply refer to the ground rules if someone is throwing it off course and someone can say, "We all agreed to stay on subject; let's get back to topic." Here are some examples of ground rules; you can design them to fit your particular group.

- *Silence your cell phone before the meeting/study begins
- *Meeting/study will start and end on time (if you arrive late or need to leave early please do so quietly)
- *This is a safe space so what is shared remains confidential
- *No side conversations – they can be distracting to others who are trying to listen
- *The facilitator guides and maintains the direction of the study so it stays on course

Food Distribution—Continued from page 6



Every Friday about 5-10 volunteers arrive at 8 a.m. to sort and box the food. Most of the volunteers have been involved for many, many years.

At 11:30 a.m., people who have signed up arrive and are given a box of food that usually contains meat, eggs, fruit, vegetables, bread, KFC, desserts, canned foods and dried goods. At many Food Distributions there are guidelines as to only once a month or you have to be a certain age, but at CLC/ILC everyone who signs up is given food weekly.

In San Diego County, an estimated 25% of residents, or 824,000 people, experience food insecurity. This includes 214,000 children, 170,000 older adults (age 60+), and 135,000 people living with disabilities.

I have been volunteering for over five years, and every week I feel that because of our Food Distribution at CLC/ILC, so many families in San Diego are receiving food that will help them be a little less food insecure. I was told by one of the people that picks up a box of food that she counts on this food every week. I have been asked by many people why I volunteer every week and that is why!!



UPDATE ON DEFERRED MAINTENANCE PROJECTS

HEAT PUMPS

Head Start, our long-time tenant, has a toddler playground in front of the doors that lead to our Mechanical Room in the basement. They are required on non-rain days, to have the children outside for 1 ½ hours a day. This would mean the HVAC technicians would need to stop, pick up all tools and piece parts, and leave the area.

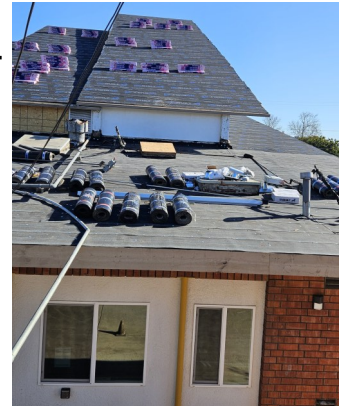
Head start is on spring break beginning 31 March and asked me if the work could be done during their break. Given that Head Start continued to pay rent, and half of our SDG&E, water, and trash fees during the months they could not use the basement due to the sewer water flood remediation and restoration, this was a very reasonable request.

The HVAC scheduler called to arrange for a firm start date, so I requested they begin 31 March.

ROOF

The roof is 95% finished. What remains to be done is the entry alcove / porch area facing Clairemont Mesa Blvd. The roofers needed this area to be absolutely dry before they could work on it. While this means we won't have leaks from the roof, alas, it does not mean we will never have water dripping into the sanctuary.

All 99 of our stained glass window panes have cracks. There are two-foot eaves extending over the roof arch windows, so rainwater doesn't normally hit them. But if we have a storm with nearly horizontal winds blowing NNE, water will be blown under the eaves and those windows will leak water into the Sanctuary until we can get those replaced.



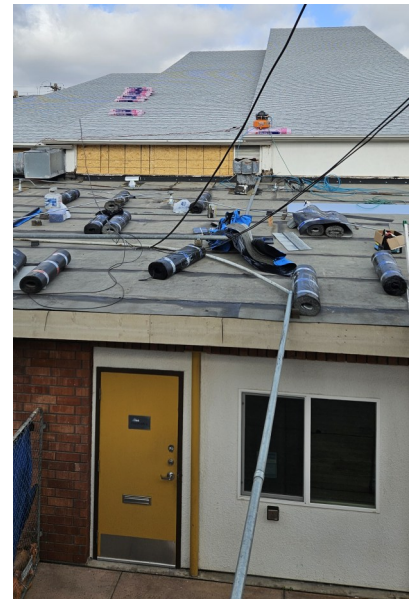
First Layer Complete.



Tear off



Working Over Office.



CLC Volunteer Schedule - April 2025

Lay Readers

4/6	Arlene Riordan
4/13	Carol Nichols
4/20	Lorri Carlsen
4/27	Susan Gjerset



Communion Assistants

4/6	Bonita Martinez, Pam Allen, Lorri Carsen, Harriet Carmona
4/13	Nancy and Sarah Groesbeck, Lewis TenHulzen
4/20	Carol Nichols, Harriet Morris, Holly Boyle, Rita Leatherman
4/27	Gary Jaus, Aida Jaus, Gary Lange

Welcome Team

4/6	Pam Allen, Sandra Logan, Curtis Cline
4/13	Kathy Reed, Gary Lange, Emilie Lauchmen
4/20	Harriet Carmona, Renée Shepherd, Janet Wood
4/27	Rita Leatherman, Curtis Cline, Karen Creusere

Esperanza Cordova	4/1
Jorge Enriquez	4/3
Abril Morales	4/3
Kynley Flax	4/4
Victor Groesbeck	4/6
Ivan Mendoza	4/8
Evelyn Salvog	4/10
Verena Conn	4/12
Rodolfo Valentan	4/13
Carol Nichols	4/14
Ken Haung	4/15
Donna Sauer	4/17
Marlon Valentan	4/17
John Procsal	4/19
Manuel A Borbón Gomez	4/19
Laura Wilfong	4/20
Kathleen Follmer	4/20
Ashley Henderson	4/20
Robert Constantine	4/23
Katy Neal	4/24
Maryland Mayer	4/25
Rachel Thomas	4/25
Bev Covey	4/25
Rowena Beckmyer	4/26
Francisco Plascencia	4/27
Camila Kilpatrick	4/28
Sibyl Miller	4/29
Carol Leavengood	4/30



4/6

4/13

4/20

4/27

Bev Covey



Media Team

**Rita Leatherman
& Pam Allen**

4/6	Lewis John TenHulzen, Mitchell Little
4/13	Lewis John TenHulzen, Mitchell Little
4/20	Lewis John TenHulzen, Mitchell Little
4/27	Lewis John TenHulzen, Mitchell Little

If you are not on this list and celebrate a birthday in

April please contact the office to update our info.



2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 11:00pm AA 6:30pm Handbell rehearsal 6:30pm Cub scouts 7:00pm Al-Anon	2 6:00pm Soup dinner 7:00pm Holden even- ing prayer 4pm Stephen Ministry	3 8:00am Sandwich Min. 1:00pm AA Meeting 5:30- 6:30 Cherub Choir	4 8-12pm Food Distribution 1:00pm AA 6:00pm Al-Anon	5 7:00am SA
6 9:30am Worship Service 10:30 April birthday cake will be served 11:30am Servicio de Adoración en Español,	7 1:00pm AA 4:00pm Gospel Study 5:30-6:30pm Glee Choir, 6:30pm Scouts 6:30-7:30pm Esperanza Youth Choir 7:30 - 9pm Sanctuary Choir 8:00pm AA Meeting	8 1:00pm AA 2-3:30 Southern Care 4:30pm Evangelism team 6:30pm Handbell rehearsal 6:30pm Executive Team 7:15pm Council meeting 6:30pm Cub scouts 7:00pm Al-Anon	9 6:00pm Soup dinner 7:00pm Holden even- ing prayer	10 8:00am Sandwich Min. 10:00am Ruth bible study 1:00pm AA Meeting 5:30- 6:30 Cherub Choir	11 8-12pm Food Distribution 1:00pm Bunco 1:00pm AA 6:00pm Al-Anon	12 7:00am SA 10-2pm Bible giveaway
13 Palm Sunday 9:30am Worship Service 11:30am Servicio de Adoración en Español, 1:15pm Rise & shine	14 1:00pm AA 12:30pm Patience bible 4:00pm Gospel Study 5:30-6:30pm Glee Choir, 6:30pm Scouts 6:30-7:30pm Esperanza Youth Choir,7:30 - 9pm Sanctuary Choir 8:00pm AA Meeting	15 1:00pm AA 2-3:30 Southern Care 6:30pm Handbell rehearsal 6:30pm Cub scouts 7:00pm Al-Anon	16 4pm Stephen Ministry	17 8:00am Sandwich ministry 1:00pm AA Meeting Maundy Thursday 7:00pm Bilingual service	18 8-12pm Food Distribution 1:00pm AA 6:00pm Al-Anon Good Friday 12pm English service 7pm Bilingual service	19 7:00am SA
20 Easter Sunday 9:30am Worship Service 11:30am Servicio de Adoración en Español, CLARION DEADLINE	21 1:00pm AA 4:00pm Gospel Study, 6:30pm Scouts 5:30-6:30pm Glee Choir, 6:30pm Scouts 6:30-7:30pm Esperanza Youth Choir 7:30 - 9pm Sanctuary Choir 8:00pm AA Meeting	22 1:00pm AA 2-3:30 Southern Care 6:30pm Handbell rehearsal 6:30pm Cub scouts 7:00pm Al-Anon	24	24 8:00am Sandwich Min. 1:00pm AA Meeting 5:30- 6:30 Cherub Choir	25 8-12pm Food Distribution 1:00pm AA 6:00pm Al-Anon	26 7:00am SA
27 9:30am Worship Service 11:30am Servicio de Adoración en Español, 1:15pm Rise & shine	28 1:00pm AA 4:00pm Gospel Study, 4:15-5pm Cherub Choir, 5:30-6:30pm Glee Choir, 6:30pm Scouts 6:30-7:30pm Esperanza Youth Choir 7:30 - 9pm Sanctuary Choir 8:00pm AA Meeting	29 1:00pm AA 2-3:30 Southern Care 6:30pm Handbell rehearsal 6:30pm Cub scouts 7:00pm Al-Anon	30			

Clairemont Lutheran Church Youth Choir Fundraiser
Opportunity drawing for Easter baskets!!

Sunday, April 13th 2025

Drawing will be held at 1:00pm

You do not need to be present to win!



Suggested donation \$1 per ticket

Write name and phone number on one half and keep the other half

**Clairemont Lutheran Church
4271 Clairemont Mesa Blvd San Diego, CA 92117
(858) 273-7423**