

PARENTING BY THE BOOK

1. REVIEW

A. THE IMPORTANCE OF SETTING GOALS AND ENCOURAGEMENT.

1. SETTING GOALS

- a. **Psalm 127:3-4 (NASB)** Behold, children are a gift of the LORD, The fruit of the womb is a reward. **Like arrows in the hand of a warrior, So (=) are the children of one's youth.**
- b. CHILDREN = "ARROWS"
- c. **WHAT DID "WARRIORS" DO WITH "ARROWS"?**
 - 1) **AIM = TARGET = GOAL**
- d. **DISCUSS.... WHAT GOALS HAVE YOU SET FOR YOUR CHILDREN?**
 - 1) ARE THEY "HOPES" ... OR, ARE THEY "GOALS"?
 - 2) ARE THEY WRITTEN DOWN (MEMORIALIZED)?
- e. "IF YOU DON'T KNOW WHERE YOU'RE GOING, AND ROAD YOU TAKE WILL GET YOU THERE"!!
- f. **NOTE: ESTABLISHING THE CHARACTER OF OBEDIENCE IS ONE OF THE GOALS ALL PARENTS SHOULD SET FOR THEIR CHILDREN.**

2. ENCOURAGEMENT

- a. **WHEN SOMEONE ELSE BELIEVES IN YOU IT MAKES IT HARD FOR YOU TO DOUBT YOURSELF... IT GIVES YOU STRENGTH.**
 - 1) "My father gave me the **greatest gift** anyone could give another person. **He believed in me.**"—Jim Valvano
 - 2) **DISCUSS: THE IMPORTANCE OF "BELIEVING IN" OUR CHILDREN.**
- b. **PARENTS... DON'T GIVE UP... DON'T EVER GIVE UP... ON PARENTING YOUR CHILDREN.**
- c. **REMEMBER: ENCOURAGEMENT KEEPS US FROM EXASPERATING OUR CHILDREN.**

2. EYE CONTACT AND VERBAL RESPONSES TO INSTRUCTION

A. EYE CONTACT:

1. PARENTS SHOULD **TEACH** THEIR CHILDREN TO GIVE **EYE CONTACT** WHEN RECEIVING "FACE TO FACE" **INSTRUCTION** OR, WHEN ANY

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- AUTHORITY FIGURE IS GIVING THEM INSTRUCTION) OR CONVERSAATION.**
2. **EYE CONTACT IS A FOCUSING SKILL THAT HELPS CHILDREN PROCESS INSTRUCTION.**
 - a. **NOTE: THE ABILITY TO PROCESS INSTRUCTIONS IS HALF OF THE BATTLE IN GETTING CHILDREN TO OBEY INSTRUCTIONS.**
 3. **EYE CONTACT DURING INSTRUCTION ALSO SHOWS HONOR.**
- B. **VERBAL RESPONSES TO INSTRUCTIONS:**
1. **VERBAL RESPOMSES CONFIRM INSTRUCTION.**
 - a. **"YES" OR "YES MOM/MA'AM" ... "YES DAD/SIR"**
 - 1) **THAT'S THE REASON MILITARY OFFICERS "EXPECT" A VERBAL RESPONSE TO INSTRUCTION.**
 2. **VERBAL RESPONSES TO INSTRUCTION FACILITATE MORAL DEVELOPMENT BY ASSISTING IN FOCUSING AND CONCENTRATING.**