

THE LIVING ROOM COMMUNITY CHURCH

SUNDAY, FEBRUARY 8, 2026

REFRESH MY SOUL

(PART 4) WHEN THIRST COMES BACK TO LIFE

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Psalms 63 was written by _____, not a backslider, but a _____.

Dryness can exist even when we still _____, still _____,
and still _____.

1. DRYNESS REVEALS WHAT WE REALLY DESIRE

*My soul thirsts for You, my flesh longs for You, in a dry
and weary land where there is no water." -Psalm 63:1*

- A. Dryness exposes what our _____ is truly craving.
- B. When we are truly dry, we stop craving what is _____ and start
craving what is _____.

Key Scriptures:

- Psalm 63:1
- Matthew 5:6

2. WHAT YOU VALUE MOST IS WHAT YOU SEEK FIRST

"Because Your love is better than life, my lips will glorify You." -Psalm 63:3

- A. What we place _____ determines what _____.
- B. When God is first, everything else finds its _____.
- You don't worship because _____
is good - you _____ because God is.

Key Scriptures:

- Psalm 63:3
- Matthew 6:33

3. CLINGING COMES BEFORE DELIVERANCE

"My soul clings to You; Your right hand upholds me." -Psalm 63:8

- A. God upholds what we refuse to _____.
- B. Faith sometimes looks like _____ when we don't have answers.

Key Scriptures:

- Psalm 63:8
- Isaiah 41:10

4. YOU HELP OTHERS THIRST FOR GOD BY HOW YOU WALK THROUGH YOUR DRY SEASONS

- A. Name your thirst without _____ – honesty creates trust
- B. Model consistency, not _____ – faithfulness feeds hunger
- C. Point people to practices, not _____ – show them the well
- D. Create _____ and invite others _____ – hunger grows together
- E. Celebrate small signs of _____ – God responds to hunger, not perfection
- People don't follow perfection—they follow _____
 - A thirsty church becomes a doorway to _____

Key Scriptures:

- Psalm 34:8
- John 7:38