



ANNOUNCEMENTS

- **Pumpkin Party Candy & Volunteers Needed** – Join us on Wednesday, October 30th from 6-8pm for a fun night of Carnival Games with candy, music, inflatables, yummy food and costume contest. Candy and volunteers are needed. Volunteer on the APP. For more information - go to: swkids@southwinds.org.
- **Men's Cornhole Tournament and Cook-off** – All guys young and old join us Sunday, October 20th at 5pm on the Courtyard for a Cornhole Tournament and Chili Cook-off. Cost is \$10 for BBQ dinner and chili samples. Bring a lawn chair.
- **Baptism** – Join us for our next Baptism on Sunday, October 20th at 3pm. Baptism allows a believer to declare to the world their heart-felt commitment to Christ. If you are ready to take this step please sign up on the APP.
- **Prayer & Praise Night** - You are welcome to join us on October 27th at 6:00 pm for Prayer and Praise. A time dedicated specifically to worship through music, scripture reading and testimonies designed to give all glory and honor to God. Prayer teams will be available for individual prayer needs. This is a free event.

MY STORY

Share a story of some hijinks you had as a kid that got you into trouble?

What was your punishment? Was it effective in making you want to stop?

Talk about the difference between what you got in trouble for vs. what kids today get in trouble for.

QUICK REVIEW

Looking back at this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?

Have a Volunteer Read: Genesis 1:26-31

26 Then God said, "Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth." **27** So God created man in his own image, in the image of God he created him; male and female he created them. **28** And God blessed them. And God said to them, "Be fruitful and multiply and

fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.” 29 And God said, “Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food. 30 And to every beast of the earth and to every bird of the heavens and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. 31 And God saw everything that he had made, and behold, it was very good. And there was evening and there was morning, the sixth day.

3 Different Views of our bodies

- **Secular Story** – We are all just “juicy robots” or “flesh machines” and our bodies mean nothing but our desires are deified.
- **Gnostic Story** – Our bodies are just cages for the spirit trapped inside of us. The idea of incongruence where the “real me” is inside but my body is irrelevant or bad.
- **Christian Story** – “Your body is a psychosomatic union made to image God, be filled with the Spirit of God, and to cultivate the earth with God.”

Where have you adopted some parts of the Gnostic story?

Where in the past have you lived in the secular story?

“We are more than just bodies, but we're not less than that. There isn't a “you” inside of you and then a body that may or may not be congruent. You are one unified whole mind, body and soul, irreducibly interwoven, psychosomatic union made to image God, made to image God.” – **Michael Nolen**

- **Discuss with the group what the implications of this are.**
- **What parts of it are new to your thinking or difficult to accept?**

We have all had times when an injury in our body affects how we feel in our soul – and vice versa when our mental state can influence how our body feels.

- **Why do we often not think of body & soul being linked?**
- **What danger is there in thinking they are separate and uninfluenced by the other?**

There are some practical things that we can do to better care for our bodies, i.e., exercising, losing weight, or getting more sleep.

- **How might some spiritual disciplines help us control and/or appreciate our physical bodies so that our spirits can thrive? (Fasting, Sabbath rest, Solitude, Prayer, Slowing our pace of life, etc.)**

Additional Questions

Part of the reason why God cares enough to send His Son to die for us, is that our bodies are made in His image.

- **Does it surprise you to think about how much God values our bodies – even calling them “a temple of the Holy Spirit”? Why or why not?**

“Christopher West says, “His (meaning Satan) fundamental goal is always to split body and soul. Why? Well, there's a fancy theological word for the separation of body and soul. Perhaps you've heard of it. Death. The body and soul were never meant to be disconnected.” – **Michael Nolen**

- **If Satan always tries to separate body and soul would you consider it a temptation for us to do that?**

Have a Volunteer Read: 1st Corinthians 6:19-20

- How does this truth frighten you? (*we must take it seriously.*)
- How does this truth free you? (*He is always with us.*)

The Bible says, Jesus as the eternal God took on a human body.

- **How does it encourage you to know that He experienced human difficulties and can sympathize with our weaknesses?**

APPLICATION

Pray and ask God to show you where you may be emulating the world instead of emulating Him.

PRAISES

PRAYER REQUESTS