



## ANNOUNCEMENTS

- **Pumpkin Party Candy & Volunteers Needed** – Join us on Wednesday, October 30<sup>th</sup> from 6-8pm for a fun night of Carnival Games with candy, music, inflatables and costume contest. Food meals \$5.00. Candy and volunteers are needed. Volunteer on the APP. For more information - go to: [swkids@southwinds.org](mailto:swkids@southwinds.org)
- **Women's Soup & Cinema** – The Women's Ministry is having a Soup & Cinema Night potluck on November 2<sup>nd</sup> from 5-7:30pm. For more information and to sign-up please go to the APP.

## MY STORY

When we get to heaven and get new bodies, what is one thing you're looking forward to having or not having in that new body? What part of your body do you wish you could have back from when you were younger?

## QUICK REVIEW

Looking back at this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?

## Have a Volunteer Read: 1 Corinthians 6:12-20

"All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything. "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." But he who is joined to the Lord becomes one spirit with him. Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

### 1. Why do **OUR BODIES MATTER**?

- If God spoke the animals, earth, stars, planets, galaxies, etc. into existence but took time to **form** the human body, what does that say about our relative worth to the rest of Creation?
- Are we more valuable than vast galaxies? Are we more than just "fancy animals"?

- What does God saying He knit us together in our mother's womb say about our value?
- What does Jesus the Son of God taking on a human body say about the value of our bodies?

## 2. What's the **ETERNAL SIGNIFICANCE** of our bodies?

"If God clearly has eternal plans for our bodies, then that means he has plans for our bodies one day, but he also has plans for our bodies today." – **Michael Nolen**

For those of us who are "in Christ" our eternal life has already started – there will never be a day when we are apart from God.

- So how can we be reminded that God has a plan for our bodies today and not just "one day"?
- What does that look like tomorrow in our daily life?

## 3. **WHO OWNS** our bodies?

You may have heard people say that we are the hands and feet of Jesus.

- What do they usually mean by that? Is it accurate?
- How does the idea that *our bodies do not belong to ourselves but to the Lord* fit into that?
- Is it bigger than what you thought before?
- How does believing that our bodies belong to Jesus go against everything our culture says about individual autonomy?
- How would our culture look at this idea as restricting our rights & freedoms?
- How are culture's objections wrong?

## 4. **WHAT'S THE PURPOSE** of our bodies?

Have the group talk about which of these purposes of the body they would like to work on this week.

- Flee from sin with your body
- Care for your body
- Express thanks for your body
- Be present with your body
- Worship God with your body
- Rehearse the gospel with your body

## EXTRA QUESTIONS

"Your theology of the body will impact how you view so many of the pressing issues in our world today."

– **Michael Nolen**

- From your upbringing, what did you think God thought about our bodies? About sex?
- Did you see God as restrictive, repressive, a rule-monger about sexual things?
- Did you see God as unconcerned about what we do in our body?
- Were you at all taught about sex being a gift from God for married couples?

## APPLICATION

Choose one Purpose discussed in Point #4 and ask God to help you with it this week. Ask a prayer partner to pray for and with you concerning this purpose.

## PRAISES

## PRAYER REQUESTS