

# Preschool – Sample Schedule

*This schedule supports school readiness through a balance of play-based learning, early academic skills, and social-emotional development. Bathroom breaks and care routines occur throughout the day as needed.*

**6:30 – 8:00 AM** - Arrival in opening classroom, greetings, table activities, puzzles, books, and quiet choices. (*ELDG: Social-Emotional, Approaches to Learning, Physical Development*)

**8:00 – 9:00 AM** - Welcome to classroom, learning centers, peer interaction, and teacher-guided exploration. (*ELDG: Social-Emotional, Language & Literacy, Math*)

**9:00 – 9:30 AM** - Circle time with songs, stories, calendar, movement, and group discussion. (*ELDG: Language & Literacy, Social-Emotional*)

**9:30 – 9:50 AM** - Jesus time, Bible stories, prayer, and character development. (*ELDG: Social-Emotional, Approaches to Learning*)

**9:50 – 10:15 AM** - Morning snack, handwashing, bathroom break, and transition. (*ELDG: Physical Development, Social-Emotional*)

**10:15 – 10:45 AM** - Outdoor recess weather permitting and gross motor play, or gym activities. (*ELDG: Physical Development, Social-Emotional*)

**10:45 – 11:30 AM** - Art activities, seat work, early literacy, handwriting readiness, and fine motor development. (*ELDG: Creative Arts, Literacy, Physical Development – Fine Motor*)

**11:30 AM – 12:00 PM** - Lunch, conversation, and cleanup. (*ELDG: Social-Emotional, Physical Development*)

**12:00 – 12:30 PM** - Bathroom break, cleanup, and transition to rest time with books on cots. (*ELDG: Self-Regulation, Approaches to Learning*)

**12:30 – 2:30 PM** - Rest time. (*ELDG: Physical Development, Self-Regulation*)

**2:30 – 3:00 PM** - Wake-up, bathroom break, afternoon snack, and cleanup. (*ELDG: Physical Development, Social-Emotional*)

**3:00 – 3:45 PM** - Learning centers, classroom exploration, and small group activities. (*ELDG: Math, Language & Literacy, Social-Emotional*)

**3:45 – 4:15 PM** - Outdoor recess weather permitting and gross motor play, or gym activities. (*ELDG: Physical Development, Social-Emotional*)

**4:15 – 5:00 PM** - Music, movement, and end-of-day group activities. (*ELDG: Creative Arts, Physical Development*)

**5:00 – 6:00 PM** - Combined classrooms, table activities, games, books, and departures. (*ELDG: Social-Emotional, Language Development*)