

Preschool – Sample Schedule

This schedule supports school readiness through a balance of play-based learning, early academic skills, and social-emotional development. Bathroom breaks and care routines occur throughout the day as needed.

6:30 – 8:00 AM - Arrival in opening classroom, greetings, table activities, puzzles, books, and quiet choices. *(ELDG: Social–Emotional, Approaches to Learning, Physical Development)*

8:00 – 9:00 AM - Welcome to classroom, learning centers, peer interaction, and teacher-guided exploration. *(ELDG: Social–Emotional, Language & Literacy, Math)*

9:00 – 9:30 AM - Circle time with songs, stories, calendar, movement, and group discussion. *(ELDG: Language & Literacy, Social–Emotional)*

9:30 – 9:50 AM - Jesus time, Bible stories, prayer, and character development. *(ELDG: Social–Emotional, Approaches to Learning)*

9:50 – 10:15 AM - Morning snack, handwashing, bathroom break, and transition. *(ELDG: Physical Development, Social–Emotional)*

10:15 – 10:45 AM - Outdoor recess weather permitting and gross motor play, or gym activities. *(ELDG: Physical Development, Social–Emotional)*

10:45 – 11:30 AM - Art activities, seat work, early literacy, handwriting readiness, and fine motor development. *(ELDG: Creative Arts, Literacy, Physical Development – Fine Motor)*

11:30 AM – 12:00 PM - Lunch, conversation, and cleanup. *(ELDG: Social–Emotional, Physical Development)*

12:00 – 12:30 PM - Bathroom break, cleanup, and transition to rest time with books on cots. *(ELDG: Self-Regulation, Approaches to Learning)*

12:30 – 2:30 PM - Rest time. *(ELDG: Physical Development, Self-Regulation)*

2:30 – 3:00 PM - Wake-up, bathroom break, afternoon snack, and cleanup. *(ELDG: Physical Development, Social–Emotional)*

3:00 – 3:45 PM - Learning centers, classroom exploration, and small group activities. *(ELDG: Math, Language & Literacy, Social–Emotional)*

3:45 – 4:15 PM - Outdoor recess weather permitting and gross motor play, or gym activities. *(ELDG: Physical Development, Social–Emotional)*

4:15 – 5:00 PM - Music, movement, and end-of-day group activities. *(ELDG: Creative Arts, Physical Development)*

5:00 – 6:00 PM - Combined classrooms, table activities, games, books, and departures. *(ELDG: Social–Emotional, Language Development)*