21DAYS

OF PRAYER AND FASTING

Church Family -

This 21-day journey is designed to help you draw closer to God through intentional prayer, fasting, and reflection. Each day includes a short devotional, a Scripture focus, and guided prayers that will help you align your heart with God's will.

As a church, we are believing for personal renewal, family restoration, and spiritual awakening in our city and beyond. These three weeks are an opportunity to quiet the noise, seek God's presence, and make room for Him to move in powerful ways in every area of your life.

21 DAYS OVERVIEW

DAYS 1-7 PREPARATION

For the first week of the fast we will focus on forming the heart: surrender, repentance, devotion, wisdom, joy, and grounding in God's presence.

DAYS 8-14 PURPOSE AND VISION

In week two we will lift our eyes outward focused on: unity, revelation for the lost, evangelism, reconciliation, groups, and ministry legacy.

DAYS 15-21 POWER AND OUTPOURING

We will spend the last week of our fast focused on the journey of faith: provision, holy hunger, signs and wonders, faith, remembrance, and completion.

PRAYER OF FASTING

01

FAST:
Secular Media
Meats
Sweets

READ: Isaiah 58:6-12

Biblical fasting is never merely about abstaining from food or comforts; it is a sacred reorientation of the heart toward God. In Isaiah 58, the Lord reveals that true fasting breaks the chains we cannot break ourselves. It loosens the cords of injustice, lifts burdens, and shines light into places long marked by darkness.

Fasting is a confession that we are not our own source. It is an invitation for the Lord to expose what binds us, heal what wounds us, and strengthen what has grown weak. As you begin these 21 days, ask the Holy Spirit to reveal where He desires to bring freedom, not only in your life, but in your family line, your church, and your city.

When our fasting aligns with His heart, God promises to guide us continuously. He makes us like a "well-watered garden," a people whose inner life is sustained by the living water of His presence. This is not a fast of deprivation but a fast of transformation.

PRAYER GUIDE

- Invite the Holy Spirit to align your motives with His purpose in fasting.
- Pray for bondage-breaking freedom in your life and in the lives of others.
- Ask the Lord to make these 21 days a season of spiritual rebuilding and renewal.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 6-9

Here are the links to the podcasts:

PRAYER OF SURRENDER

02

In Gethsemane, Jesus reveals the deepest posture of a surrendered life, one that trusts the Father even when the path ahead is painful or unclear. Surrender is not passive resignation; it is active yielding to divine wisdom. It is the heart saying, "Your will is better than what I want most."

FAST:
Secular Media
Meats
Sweets

READ:Matthew 26:36-46

True surrender requires honesty before God. Jesus cried out in His anguish, yet He concluded, "Nevertheless..."
That word becomes the hinge on which our spiritual maturity turns. You may feel stretched, pressed, or uncertain right now. Surrender does not dismiss those feelings. It places them in the hands of the One who sees the end from the beginning.

Today, as you pray, bring the Lord every desire, every fear, every timing you wish you could control. Nothing surrendered to God is ever lost; it is only transformed.

PRAYER GUIDE

- Surrender your desires, expectations, and timelines.
- Ask the Spirit to expose areas of self-reliance or resistance.
- Pray for the courage to obey God immediately and fully.

THE BIBLE RECAP

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Here are the links to the podcasts:

PRAYER OF REPENTANCE

03

Repentance is among the greatest gifts God gives His people. It is not a moment of shame but a doorway into restored intimacy. David's cry in Psalm 51 reveals a heart that understands the weight of sin yet trusts the *mercy of God* even more.

FAST:
Secular Media
Meats
Sweets

Repentance clears the debris that accumulates in the soul. It removes what dulls our spiritual senses and restores the joy we were created to carry. David not only asked for forgiveness, he asked for renewal. He longed for a heart that was clean, steadfast, and responsive to the Spirit.

READ:Psalm 51:1-12

As you pray today, let the Holy Spirit illuminate any hidden places: attitudes, habits, unforgiveness, compromises. Repentance is not God exposing you to condemn you; it is God uncovering you to heal you.

PRAYER GUIDE

- Confess any known or hidden sin.
- Ask for spiritual cleansing and renewed joy.
- Pray for a repentant spirit to sweep through your church and city.

THE BIBLE RECAP

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Here are the links to the podcasts:

PRAYER OF DEVOISON

04

Devotion is the steady fire of the believer's life. The early church wasn't known for its perfection, programs, or polish. It was known for its devotion. A people continually returning to the apostles' teaching, to fellowship, to breaking bread, and to prayer. They lived tethered to truth and tethered to one another.

FAST:
Secular Media
Meats
Sweets

Devotion requires intentionality. It pushes back against distraction and drift. The world rarely pulls us toward spiritual focus; it constantly pulls us away. But devotion anchors us to what matters most. It shapes our rhythms, renews our priorities, and roots us deeply in community and in Christ.

READ: Acts 2:42-44

During these 21 days, let your heart return to simplicity, to seeking God with a steady, uncluttered focus. Ask the Lord to rekindle your devotion, not as a temporary fire but as the sustained flame of lifelong pursuit.

PRAYER GUIDE

- Ask God to deepen your commitment to His Word and presence.
- Pray for an enduring devotion that shapes your daily rhythms.
- Intercede for your church to become increasingly marked by steadfastness, unity, and love.

THE BIBLE RECAP

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Here are the links to the podcasts:

PRAYER OF UNITY

05

Unity was on the heart of Jesus in His final hours. He prayed for His followers to be one, not in uniformity, but in love, humility, and purpose. Unity is not the absence of difference; it is the presence of honor. It is choosing to see Christ in one another, even when perspectives or personalities differ.

FAST: Secular Media Meats Sweets A divided world desperately needs a united church.
Unity is spiritual warfare! It dismantles the schemes of the enemy, who works tirelessly to sow offense, comparison, and suspicion. Unity creates a place where God commands blessing, where His presence dwells, and where His mission advances unhindered.

READ:John 17:7-11

As you pray today, invite the Holy Spirit to soften your heart toward others. Ask Him to heal old wounds, release lingering offense, and empower you to carry the heart of Jesus into every relationship and ministry.

PRAYER GUIDE

- Pray for unity in your home, marriage, friendships, and church.
- Ask God to expose and heal any hidden offenses or judgments.
- Intercede for unity among churches in your city and among believers everywhere.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 21-23

Here are the links to the podcasts:

PRAYER OF WISDOM

06

FAST:
Secular Media
Meats
Sweets

READ: <u>James 1:5</u> <u>1 Kings 3:9</u> Wisdom is one of the greatest treasures God gives His people. It is more than knowledge; it is divine understanding that aligns our decisions with heaven's perspective. When Solomon asked for wisdom, he was asking for the ability to lead with God's insight rather than human instinct. And God responded generously.

James reminds us that God gives wisdom "without finding fault" to all who ask. There is no season too ordinary, too complex, or too painful for God's wisdom to illuminate the path. Wisdom guards our steps, refines our desires, and protects us from deception.

Today, as you pray for wisdom, ask not only for answers but for alignment—heart, mind, and will shaped by the Spirit of God.

PRAYER GUIDE

- Ask God for wisdom for decisions you are facing.
- Pray for discernment in conversations, relationships, and leadership.
- Intercede for your pastors, leaders, and spiritual mentors to be filled with divine insight.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 24-28

Here are the links to the podcasts:

PRAYER OF GOD'S PRESENCE AND JOY

07

The presence of God is the true home of the believer. It is the place where fear loses its voice, where anxiety dissolves, where clarity returns, and where joy springs up like a well. Joy is not something we manufacture. It is something we receive when we position ourselves close to Him.

FAST:
Secular Media
Meats
Sweets

Psalm 16 reminds us that joy is not found in circumstances but in proximity. "In Your presence there is fullness of joy." When the Lord is near, the soul becomes steady. When His presence surrounds us, confidence rises, and hope becomes tangible.

READ: Psalm 16:9-11

During these days of fasting, ask the Lord to draw you deeper into His presence; not momentarily, but continually. A life marked by His presence becomes a life marked by unshakeable joy.

PRAYER GUIDE

- Ask the Holy Spirit to heighten your awareness of His nearness.
- Pray for joy to rise in places where sadness or heaviness has settled.
- Intercede for your church to be marked by the joy of the Lord.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 29-31

Here are the links to the podcasts:

THE LORD'S PRAYER

08

FAST: Secular Media One Meal a Day

READ:
Matthew 6:9-13

When Jesus taught His disciples to pray, He wasn't giving them a formula, but instead He was giving them a framework for intimacy, trust, and alignment with the Father's heart. The Lord's Prayer begins with worship, moves through surrender, addresses daily dependence, tills the soil of forgiveness, and ends in victory and deliverance.

Each phrase of this prayer invites us into a deeper kingdom reality. "Our Father" anchors us in identity. "Your kingdom come" aligns us with purpose. "Give us this day" teaches us to trust God for today's needs and leave tomorrow in His hands. "Forgive us" shapes humility, and "deliver us" trains us to live aware of spiritual battle.

Praying this prayer slowly, reverently, and attentively opens our hearts to God's transformative presence.

PRAYER GUIDE

- Pray through each phrase of the Lord's Prayer with intentionality.
- Ask God to align your life with His kingdom and will.
- Pray for His protection and deliverance over your home and church.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 32-34

Here are the links to the podcasts:

PRAYER OF REVELATION FOR THE LOST

09

FAST: Secular Media One Meal a Day

READ: 2 Corinthians 4:1-6

Spiritual blindness is real, and Scripture teaches that the enemy works diligently to keep people from seeing the truth of the gospel. Those far from God are not merely disinterested; they are spiritually veiled. But God is the One who speaks light into darkness, who opens eyes, softens hearts, and reveals His glory in the face of Jesus Christ!

Our prayers carry weight in this battle. Intercession creates openings where the Holy Spirit moves with power. As you pray today, lift up the names of those in your life who do not yet know Jesus. Pray that the veil would be torn, that deception would be broken, and that the light of Christ would flood their hearts.

PRAYER GUIDE

- Pray for specific people who need salvation.
- Ask God to remove spiritual blindness and soften hearts.
- Intercede for your church to be a powerful witness of the gospel.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 35-37

Here are the links to the podcasts:

PRAYER FOR SPIRITUAL GROWTH

10

FAST: Secular Media One Meal a Day

READ: Colossians 1:9-12 Spiritual growth is the result of intentional pursuit and divine empowerment. It doesn't happen accidentally! Paul prayed that the believers in Colossae would be filled with the knowledge of God's will, strengthened with His power, and shaped into people who live lives worthy of the Lord.

Growth happens when our roots sink deeper into God's Word, when our character is refined through testing, and when our hearts yield more fully to the transforming work of the Spirit. Spiritual maturity is not measured by activity but by Christlikeness. How deeply is His nature formed in you?

Today, invite the Lord to mature you in ways you may not even recognize you need. Growth often begins in hidden places long before it becomes visible.

PRAYER GUIDE

- Pray for deeper spiritual maturity and discernment.
- Ask God to strengthen you with endurance and joy.
- Pray for discipleship and spiritual growth across your church.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 38-39

Here are the links to the podcasts:

PRAYER FOR MINISTRY LEGACY

11

FAST: Secular Media One Meal a Day

READ: Ephesians 4:11-15 Ministry is not confined to a stage or a title. Every believer carries a divine assignment. You carry a divine assignment. God distributes gifts to equip His people, strengthen His church, and reveal His character through surrendered vessels. When Paul writes about apostles, prophets, evangelists, pastors, and teachers, he is pointing to the varied expressions of God's grace working through His people to build a legacy that outlives them.

Your ministry legacy is not defined by public influence but by *private obedience*. It is formed in moments when you choose faithfulness over convenience, service over self, and truth over comfort. Legacy is shaped one surrendered "yes" at a time.

As you pray today, ask the Lord to mature you into the fullness of Christ, that your life would strengthen others, raise up future disciples, and leave a mark of love, wisdom, and faithfulness that echoes into eternity.

PRAYER GUIDE

- Ask God to reveal your ministry assignment in this season.
- Pray for maturity, wisdom, and Christlike character.
- Intercede for leaders, mentors, and spiritual mothers and fathers in the church.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Job 40-42

Here are the links to the podcasts:

PRAYER OF EVANGELISM

12

Evangelism is not about eloquence. It is about readiness. Peter calls believers to always be prepared to give an answer for the hope they carry. Hope is the anthem of the kingdom, and when it flows from a life shaped by Christ, it becomes irresistible!

FAST: Secular Media One Meal a Day

READ: 1 Peter 3:15 Evangelism flows naturally from intimacy with Jesus. It is the overflow of a heart transformed by grace and anchored in truth. Boldness comes not from personality but *from the Spirit*. Compassion comes from the Father's heart beating within us.

Today, pray not only for opportunities to share the gospel, but for eyes to see the lost with God's tenderness, ears to hear His prompting, and courage to speak His truth with gentleness and power.

PRAYER GUIDE

- Pray for boldness and compassion in sharing your faith.
- Ask God to open doors and create divine appointments.
- Intercede for a harvest of souls in your city.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 12-15 Here are the links to the podcasts:

PRAYER OF RECONCILIATION

13

Reconciliation is the heartbeat of the gospel. God did not simply forgive humanity. He restored relationship! Through Christ, we have been reconciled to the Father, and now we carry the ministry of reconciliation as His ambassadors.

FAST: Secular Media One Meal a Day

READ:
2 Corinthians 5:17-21

Ambassadors do not represent themselves; they represent a kingdom. You carry healing in your words, peace in your posture, and restoration in your presence because Christ's Spirit dwells within you. God desires to mend broken relationships, restore unity, and redeem past pain, and He often chooses to do so through His people.

Today, let your heart be tender before the Lord. Ask Him if there is anyone you need to forgive, anyone you need to bless, or any place where He is calling you to be a bridge-builder.

PRAYER GUIDE

- Pray for reconciliation in strained or broken relationships.
- Ask God to remove bitterness, pride, and unforgiveness.
- Intercede for unity within families, friendships, and church communities.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 16-18 Here are the links to the podcasts:

PRAYER FOR GROUPS AND GATHERING

14

Gathering is not a suggestion, it is a spiritual lifeline. Believers are strengthened when they come together, encouraged when they share life, and sharpened when they walk in unity. The early church did not grow because of events. They grew because they gathered around presence, prayer, and purpose.

FAST: Secular Media One Meal a Day Isolation weakens the believer. Community forms, sustains, and propels them. Small groups, prayer gatherings, and corporate worship become sacred spaces where God shapes character, deposits vision, and knits hearts together.

READ: Hebrews 10:24-25

As you pray today, ask the Lord to deepen your connections and revive your commitment to biblical community. Pray that every group and gathering in your church becomes a place of healing, discipleship, and Spirit-filled transformation.

PRAYER GUIDE

- Ask God to strengthen the community life of your church.
- Pray for divine friendships and covenant relationships.
- Intercede for groups, leaders, and gatherings to thrive in unity and love.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 19-21

Here are the links to the podcasts:

THE PRAYER OF JABEZ

15

The prayer of Jabez is a bold, faith-filled request rooted not in self-exaltation but in divine purpose. He asked God to bless him. It was not for personal gain, but so that his influence could expand according to God's assignment. He prayed for God's hand to be upon him, for protection from harm, and for his life to honor the Lord.

FAST:
Secular Media
One Meal a Day
Sweets

Blessing is not indulgence; it is empowerment.
Enlargement is not about territory but about capacity:
capacity to serve, give, lead, love, and impact. The hand
of God upon your life is the assurance of guidance,
strength, and favor that no human striving can
accomplish.

READ:
1 Chronicles 4:10

Pray today with that same courage. Ask God to expand your life only in the ways that expand His kingdom.

PRAYER GUIDE

- Pray for God's hand and favor over your life and calling.
- Ask Him to expand your influence for His purposes.
- Pray for protection from temptation, harm, and distraction.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 22-24

Here are the links to the podcasts:

PRAYER OF PROVISION

16

Elijah prayed with boldness for rain in a season of drought, and God answered. Provision is not defined by the storehouses of earth but by the sovereignty of heaven. God provided for Elijah by ravens, by a widow, by miraculous jars of oil, and ultimately by breaking open the skies.

FAST:

Secular Media
One Meal a Day
Sweets

READ:

<u>James 5:17-18</u> <u>1 Kings 17-18</u> Provision sometimes comes through unexpected means, but it always comes through the *faithful hand of God*. Whether you need financial breakthrough, emotional strength, physical healing, relational restoration, or spiritual endurance, God sees, hears, and responds to the cries of His people.

As you fast and pray today, bring your needs before Him—not with anxiety but with confidence. The God who provided for Elijah is the same God who provides for His children today.

PRAYER GUIDE

- Pray for God's provision over your life and household.
- Intercede for those in your church experiencing financial hardship.
- Pray for supernatural breakthrough where resources seem limited.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 25-26

Here are the links to the podcasts:

PRAYER FOR HUMILITY, HOLY HUNGER AND HEALING

17

FAST: Secular Media One Meal a Day

Sweets

READ: 2 Chronicles 7:14

Humility is the soil in which revival grows. When God's people humble themselves, pray, seek His face, and turn from their wicked ways, heaven responds. Holy hunger awakens when pride dies and desperation grows. Healing follows humility; restoration follows repentance.

The Lord is not distant. He is responsive! He bends His ear toward contrite hearts, hungry spirits, and repentant lives. Today is a day to humble yourself before Him, not in shame but in reverence. Ask Him to do in you what you cannot do yourself.

As you pray, ask God to revive your heart, heal your wounds, and awaken in you a hunger for His presence that nothing else can satisfy. Cry out not only for personal renewal but for healing in your home, your church, and your nation.

PRAYER GUIDE

- Pray for a spirit of humility to clothe your life.
- Ask God to stir holy hunger for His presence.
- Intercede for healing in your family, church, community, and nation.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 27-29

Here are the links to the podcasts:

PRAYER FOR SIGNS AND WONDERS

18

The early church did not advance through strategy, charisma, or programs, they advanced through the supernatural power of God. After facing threats, opposition, and intimidation, the believers did not pray for safety <u>but for boldness</u>, and they asked the Lord to stretch out His hand with signs and wonders.

FAST:
Secular Media
One Meal a Day
Sweets

READ:Acts 4:30-31

Signs and wonders are not spectacles; they are the fingerprints of God made visible. They reveal His compassion, His authority, and His nearness. They confirm His Word, strengthen the faith of the church, and awaken unbelievers to the reality of Jesus.

We live in a world aching for encounters with the living God. As you pray today, ask Him to move in power—not as a novelty, but as a revelation of His heart. Pray BOLDLY for healing, deliverance, supernatural breakthrough, and a fresh outpouring of the Holy Spirit.

PRAYER GUIDE

- Ask God to stretch out His hand in your life, home, and church.
- Pray for miracles of healing, deliverance, and transformation.
- Intercede for a fresh boldness to proclaim Jesus with authority and compassion.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 30-31

Here are the links to the podcasts:

PRAYER OF FAITH

19

Faith is the lens through which the believer sees reality; not as the natural eye perceives it, but as God declares it. Paul urges the church to fix their eyes not on what is seen: temporary, and shifting, but on what is unseen, eternal, and unchanging. Faith perceives the promises of God as more concrete than the circumstances of life.

FAST: Secular Media One Meal a Day Sweets

READ:
2 Corinthians 4:18
Hebrews 11:1

Hebrews tells us that faith is the substance of things hoped for, the evidence of what we cannot yet see. Faith is not wishful thinking; it is <u>anchored assurance</u>. It takes God at His Word and acts accordingly, even when emotions waver or situations contradict.

Today, allow the Holy Spirit to strengthen your faith. Ask Him to silence doubt, uproot fear, and flood your heart with courageous trust. Faith is the currency of heaven, and God delights in those who trust Him fully.

PRAYER GUIDE

- Pray for steadfast, unshakable faith.
- Ask God to strengthen your trust in unseen promises.
- Intercede for your church to rise in faith for miracles, provision, and breakthrough.

THE BIBLE RECAP

Don't forget your one year Bible Reading! As a church we are following The Bible Recap reading plan/podcast together! Today's reading is: Genesis 32-34 Here are the links to the podcasts:

PRAYER OF REMEMBRANCE

20

There are seasons when the soul wrestles with discouragement, questions, or silence from heaven. In Psalm 77, Asaph teaches us the way forward: remembrance. "I will remember the deeds of the Lord," he declares. Remembering is spiritual warfare. It lifts our eyes from our present circumstances to the God who has never failed us.

FAST:
Secular Media
One Meal a Day
Sweets

READ: Psalm 77 Remembrance stabilizes your heart. It is a holy practice of recounting God's goodness, faithfulness, provision, protection, and power throughout your life. When we remember what God has done, faith rises for what He will do next.

Today, reflect deeply on the Lord's past faithfulness to you. Let gratitude rise. Let testimony strengthen your faith. Let remembrance anchor your soul in hope.

PRAYER GUIDE

- Thank God for specific moments of His faithfulness.
- Recall answered prayers, miracles, breakthroughs, and blessings.
- Pray that remembrance strengthens your confidence in what God is still doing.

THE BIBLE RECAP

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PRAYER OF COMPLETION

21

The God who begins a good work is the same God who carries it to completion. He is not a God of unfinished stories or abandoned promises. What He starts, He sustains; what He plants, He nurtures; what He authors, He finishes. That includes you!

FAST:
Secular Media
One Meal a Day
Sweets

READ:

Philippians 1:6

See this 21st day, not as an end, but as a beginning! God has stirred hunger, deepened devotion, healed wounds, revealed truth, and aligned your heart with His purposes. Spiritual transformation is not confined to a number of days or a season; it continues as you walk with Him beyond these days.

Completion is not finality; it is *faithfulness*. God will continue to strengthen you, guide you, and shape you into the image of Christ. The work He has begun in you He will finish with excellence, patience, and divine craftsmanship.

PRAYER GUIDE

- Thank God for what He has done in these 21 days.
- Dedicate the rest of your year to His purposes.
- Pray for continued strength, endurance, discernment, and obedience.

THE BIBLE RECAP

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