



“Do not judge.”
March 16, 2025 | Matthew 7:1-6
Questions for Study and Group Discussion

*** Before you begin, please read Matthew 7:1-6.*

1. **Ice-breaker:** When it comes to relational conflict, many people are either a “turtle” (tucking their head in their shell to avoid conflict) or a “Tasmanian devil” (attacking others and seeming to look for conflict). How would you describe your approach to conflict?
2. Why is it so important to learn how to navigate relational conflict and handle hard conversations — in a healthy, God-honoring way?
3. Share what you learned about what Jesus means with the phrase, “Do not judge” in Matthew 7:1. How does this compare with other ways you may have heard this verse used?
4. In the message, Tim looked at five mindsets from Matthew 7:1-6 that can help you navigate relational “bumps” (i.e., conflict) and things that need attention. These mindsets are included below. As a group, discuss where you see each truth highlighted in Matthew 7:1-6 and summarize what each truth is getting at.
 - Mindset #1: Pause for perspective.
 - Mindset #2: Take a (long) look in the mirror.
 - Mindset #3: Think “surgery,” not “sledgehammer.”
 - Mindset #4: Know when to drop it.
 - Mindset #5: Keep your eyes on Jesus.
5. How can these mindsets help you address relational bumps and conflict in your own life?
6. Which one of these mindsets stands out to you most today? Why?
7. What is one practical step you can take to live in light of what you’ve learned from Matthew 7:1-6?
8. What other questions or comments do you have about what you’ve looked at in the Bible today?
9. What was your biggest take-away from the message? Why?
10. **Challenge:** Identify one way this passage is challenging or encouraging you. Who can you tell about what you’re learning this coming week?