



**The Secret Sauce of Gratitude**  
**November 30, 2025**  
**Questions for Study and Group Discussion**

*\*\* Before you begin, please read Luke 17:11-19 as a group.*

1. Share a time when someone expressed gratitude to you in an intentional way – either a big way or a small way. How did this make you feel?
2. Why do you think some people are more grateful than others? What contributes to being a person who is known for their gratitude?
3. Why is gratitude so important? Why can it be so rare?
4. Look closely at Luke 17:11-19. Work together to identify at least 3-4 observations or “takeaways” from this passage that relate closely to gratitude.
5. What do you learn in this passage that helps you think about the importance of gratitude in a fresh way? Explain.
6. Look again at v. 19. Not only was this leper externally cleansed of his disease, he was internally cleansed as well. How should faith in Jesus (who He is and what He’s done for us) naturally lead to gratitude?
7. How can a sense of entitlement — feeling that we have a right to something we received – make choosing gratitude difficult? Do you see more entitlement or more gratitude in our culture? In your life?
8. As a group, develop a starter list of things you have to be thankful to God for – big things or small things. Before you move on, identify at least 10 things for which you’re thankful.
9. What will you do this week to stand out as a person who chooses gratitude? Get specific!
10. **Challenge – Memorize 1 Thessalonians 5:18:** “...give thanks in all circumstances; for this is God’s will for you in Christ Jesus.”