



PSALM 1

A RENEWED FOCUS

Living With the End In Mind

January 18, 2026

Questions for Study and Group Discussion

*** Before you begin, please read Psalm 1:1-6 as a group. (These questions will focus primarily on Psalm 1:5-6.)*

1. Share a time that a long-term perspective help you navigate a pressing issue.
2. What “contrasting destinies” do we see in Psalm 1:5-6? What is going through your mind as you read these verses?
3. Read the following passages. How do they add to or reinforce the reality of judgment?
 - Daniel 12:2
 - Matthew 25:31-46
 - Acts 17:31
 - Revelation 20:11-15
4. Why is it important to reflect on the reality of judgment and the truth that everyone will spend eternity somewhere?
5. What did you learn from the message about the “offer of life” that we see in Psalm 1:5-6?
6. How do these verses drive home our need for Jesus? Explain your answer.
7. New Testament scholar Eckhard Schnabel says “[F]or believers in Jesus, the day of judgment on which God judges sin and punishes sinners took place when Jesus died on Good Friday in the year A.D. 30.” Share what this means in your own words. What stands out to you about this quote?
8. What is a practical step you can take to keep the message of Psalm 1:5-6 at the front of your mind this week?
9. Look back over Psalm 1 as a whole. What big takeaways are you leaving with from this series? What can you do to live a “Psalm 1 life” moving forward?
10. What other questions or comments do you have about what you’ve looked at in the Bible today?
11. What was your biggest take-away from the message? Why?
12. Who is one person in your life with whom you can share a truth you’ve learned from this passage?