



I Am the Bread of Life

February 22, 2026

Questions for Study and Group Discussion

*** Before you begin, please read John 6:25-71 as a group.*

1. Icebreaker: You need to pick a restaurant where you'll enjoy a truly satisfying meal. What restaurant are you choosing?
2. In John 6:26, Jesus references a miracle He performed earlier in John 6. Read John 6:1-15 and summarize this miracle.
3. Focus your attention on John 6:25-29. According to Jesus, why are the people looking for Him? Where does Jesus direct their attention instead?
4. Are there ways we look to Jesus primarily for immediate gratification still today, and forget or minimize the "bigger picture" truths about Jesus' full identity and the eternal life He offers?
5. Re-read John 6:28-40. From what you read in these verses, what does it mean that Jesus is the bread of life? How should this truth about Jesus' identity shape your life in relationship with Him?
6. John 6:41-59 contains more teaching from Jesus on what it means that He is the bread of life. Work together as a group to bottom line what Jesus is saying here. What questions do you still have after reading this passage?
7. What are the responses we see to Jesus' teaching in John 6? (Hint: see vv. 60-61, 66, 67-69.)
8. Read Philippians 3:7-11. How is Philippians 3 saying a similar thing as Simon Peter in John 6:68-69?
9. If someone else watched your life for the last 2 weeks, would they see evidence that "Jesus is enough" in your life? Why or why not?
10. How can the truth that Jesus is the Bread of Life practically affect your life this coming week?
11. **Challenge:** Memorize John 6:35: "Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'"