



I Am the Way, the Truth, and the Life

March 22, 2026

Questions for Study and Group Discussion

*** Before you begin, please read John 14:1-6 as a group.*

1. Is it easy or difficult for you to turn to God when life gets troubling? Why?
2. In John 14:1, Jesus says “Do not let your hearts be troubled.” Go back and read John 13:31-38. Based on this immediate context, what was troubling the disciples?
3. Put yourself in their shoes. (Or sandals!) Why would this have been troubling?
4. What does Jesus say in John 14:1-4 to address their troubled hearts? How would this have provided comfort?
5. What does it say about who Jesus is, that He comforts His disciples in this way? (Or to come at the question another way: What are some other ways to respond to troubled hearts? Why is it noteworthy that Jesus responds with comfort, rather than harshly or dismissively?)
6. Are there ways your heart is troubled right now? How does seeing Jesus’ response to His disciples draw you to Him?
7. Read the following Biblical promises. How can these provide comfort? Do any speak to a situation you’re in right now? (Feel free to add to this list with other biblical promises as well!)
 - Psalm 23:1-6
 - Isaiah 40:28-31
 - John 16:33
 - Romans 8:1
 - Romans 8:28
 - Romans 8:37-39
8. Now focus on John 14:5-6. How do these verses help provide confidence in Jesus?
9. How does John 14:6 teach the necessity of Jesus (and His work on the cross) for salvation? How would you respond to someone who struggles with this?
10. In your own words, what does it mean that Jesus is “the way”? (To dig in a little further, check out Acts 4:12; Ephesians 2:8-9; Hebrews 7:25-27; 1 Peter 3:18.)
11. What does it mean that Jesus is “the truth”? (To dig in a little further, check out John 1:14; John 1:18; John 6:68.)
12. What does it mean that Jesus is “the life”? (To dig in a little further, check out Luke 9:23-25; John 10:10; John 11:25-26.)
13. Is there one of these truths about Jesus’ identity (“way,” “truth,” or “life”) that is brand new to you, or that you need to “lean into” in a fresh way? How practically can you do that this coming week?
14. Easter is just a few weeks away! How does what you’ve learned about Jesus help prepare you for Easter?
15. **Challenge:** Memorize John 14:6: “Jesus answered, ‘I am the way and the truth and the life. No one comes to the Father except through me.’”