



The College Preparatory & Leadership Academy K-12 Breakfast Menus for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1	April 2	April 3	April 4
	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK
April 7 PANCAKES w/syrup SAUSAGE LINKS OR ASSORTED CEREAL W.G NUTRI GRAIN BARS DICED PEACHES 100% JUICE Lowfat or Fat Free Milk	April 8 YOPLAIT YOGURT GRAHAM CRACKERS OR ASSORTED CEREAL GRAHAM CRACKERS APPLESAUCE 100% JUICE Lowfat or Fat Free Milk	April 9 GRITS w/butter BACON STRIPS OR ASSORTED CEREAL NUTRI GRAIN BARS ORANGE WEDGES 100% JUICE Lowfat or Fat Free Milk	April 10 BLUEBERRY MUFFINS OR ASSORTED CEREAL W/G GRAHAM CRACKERS FRUIT COCKTAIL 100%JUICE Lowfat or Fat Free Milk	April 11 BREAKFAST POTATOES TURKEY SAUSAGE PATTIES OR ASSORTED Lowfat or Fat Free Milk
April 14 PANCAKES w/syrup SAUSAGE LINKS OR ASSORTED CEREAL W.G NUTRI GRAIN BARS ORANGE WEDGES 100% JUICE Low fat or Fat Free Milk	April 15 YOPLAIT YOGURT GRAHAM CRACKERS OR ASSORTED CEREAL GRAHAM CRACKERS DICED PEACHES 100% JUICE Low fat or Fat Free Milk	April 16 GRITS w/butter BACON STRIPS OR ASSORTED CEREAL NUTRI GRAIN BARS ORANGE WEDGES 100% JUICE Low fat or Fat Free Milk	April 17 WARM DANISHES OR ASSORTED CEREAL GRAHAM CRACKERS FRUIT COCKTAIL 100% JUICE Lowfat or Fat Free Milk	April 18 NO SCHOOL GOOD FRIDAY
April 21 NO SCHOOL HOLIDAY	April 22 YOPLAIT YOGURT GRAHAM CRACKERS OR ASSORTED CEREAL GRAHAM CRACKERS PINEAPPLE TIDBITS 100% JUICE Low fat or Fat Free Milk	April 23 GRITS w/butter BACON STRIPS OR ASSORTED CEREAL NUTRI GRAIN BARS ORANGE WEDGES 100% JUICE Low fat or Fat Free Milk	April 24 BLUEBERRY MUFFINS OR ASSORTED CEREAL W/G GRAHAM CRACKERS APPLESAUCE 100%JUICE Low fat or Fat Free Milk	April 25 TURKEY SAUSAGE BISCUITS w grape jelly OR ASSORTED CEREAL GRAHAM CRACKERS DICED PEACHES 100% JUICE Lowfat or Fat Free Milk
April 28 CHICKEN & WAFFLES OR ASSORTED CEREAL NUTRI GRAIN BARS PINEAPPLE TIDBITS 100% JUICE Lowfat or Fat Free Milk	April 29 YOPLAIT YOGURT GRAHAM CRACKERS OR ASSORTED CEREAL GRAHAM CRACKERS FRUIT COCKTAIL 100% JUICE Low fat or Fat Free Milk	April 30 GRITS w/butter BACON STRIPS OR ASSORTED CEREAL NUTRI GRAIN BARS ORANGE WEDGES 100% JUICE Low fat or Fat Free Milk		

Nutrition Byte

Every Youth Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep,

having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing sports, or other activities you enjoy are all important. Healthy youth are better prepared to learn and thrive!

Everyone can take action during Every Kid Healthy™ Week and throughout the year. **Nutrilink:** Learn more and find resources at [actionforhealthykids.org](https://www.actionforhealthykids.org).



The College Preparatory & Leadership Academy 9-12 Lunch Menus for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1	April 2	April 3	April 4
	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK
April 7 CHICKEN SANDWICH W/W HAMBURGER BUN SWEET POTATOES MIXED VEGETABLES DICED PEACHES Lowfat or Fat Free Milk	April 8 BEEF TACOS w/ cheese, salsa, lettuce W/W FAJITAS PINTO BEANS FRUIT COCKTAIL FRESH FRUIT Lowfat or Fat Free Milk	April 9 FRIED CHICKEN W/W DINNER ROLL BROCCOLI & CHEESE MASHED POTATOES DICED PEARS Lowfat or Fat Free Milk	April 10 BEEF-A-RONI YELLOW CORN GREEN BEANS TROPICAL FRUIT MIX DICED PEARS Lowfat or Fat Free Milk	April 11 PIZZA(cheese/ pepperoni) ROMAINE SALAD MIX CUCUMBERS/TOMATOES FRESH FRUIT Lowfat or Fat Free Milk
April 14 BBQ MEATBALLS W/W DINNER ROLL MASHED POTATOES TURNIP GREENS PINEAPPLE TIDBITS FRESH FRUIT Lowfat or Fat Free Milk	April 15 CHICKEN FAJITAS w/ cheese, salsa, lettuce YELLOW CORN FRUIT COCKTAIL DICED PEACHES Lowfat or Fat Free Milk	April 16 FRIED CHICKEN W/W DINNER ROLL GREEN BEANS MASHED POTATOES DICED PEARS TROPICAL FRUIT MIX Lowfat or Fat Free Milk	April 17 PIZZA(cheese/ pepperoni) BAKED CHIPS FRESH FRUIT Lowfat or Fat Free Milk	April 18 NO SCHOOL GOOD FRIDAY
April 21 NO SCHOOL HOLIDAY	April 22 TACO SALAD w/ nacho cheese, lettuce W/W TORTILLA CHIPS YELLOW CORN DICED PEACHES FRESH FRUIT Lowfat or Fat Free Milk	April 23 CHICKEN ALFREDO W/W ZITI NOODLES STEAMED BROCCOLI DICED GLAZED CARROTS FRESH FRUIT Lowfat or Fat Free Milk	April 24 TURKEY & CHEESE SANDWICH w/ lettuce & tomato W/W BUN BAKED CHIPS FRESH CARROTS w/ranch FRUIT COCKTAIL DICED PEACHES Lowfat or Fat Free Milk	April 25 PIZZA (cheese/ pepperoni) ROMAINE SALAD MIX CUCUMBERS/TOMATOES FRESH FRUIT Lowfat or Fat Free Milk
April 28 HAMBURGERS w/ cheese, lettuce, tomato W/W HAMBURGER BUN POTATO WEDGES FRESH FRUIT FRUIT COCKTAIL Lowfat or Fat Free Milk	April 29 CHICKEN FAJITAS w/ cheese, salsa, lettuce PINTO BEANS PINEAPPLE TIDBITS FRESH FRUIT Lowfat or Fat Free Milk	April 30 CHICKEN NUGGETS W/W DINNER ROLL GLAZED CARROTS DICED PEACHES FRUIT COCKTAIL Lowfat or Fat Free Milk		

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